



**Winter 2018 Products *Made Without MSG***

<b>Code</b>	<b>Product</b>
102	Roast Beef Dinner
103	Roast Pork Dinner
104	Roast Chicken Dinner
105	Roast Turkey Dinner
110	Sliced Brown Loaf
111	Soft Grain Sliced Loaf
112	Wholemeal Sliced Loaf
115	Beef Stroganoff
117	Summer Fruit Punch
118	Rhubarb, Rosewater & Gingerbread Trifle
119	Black Forest Trifle
122	Salted Caramel Melt in The Middle Pudding
134	Chicken & Mushroom with Puff Pastry
135	BBQ Beef Brisket with Potatoes and Carrots
136	Smoked Haddock with Cheese and Sweetcorn
138	Chicken Jalfrezi
139	Chicken and Stuffing Bake
140	Chicken with Onion Topped Mash
143	Ham Hock with Parsley Sauce
144	Mini Beef & Kidney Stew
152	Liver & Sausages
155	Mini Ham and Parsley Pie
156	Mini Chicken and Stuffing Casserole
157	Potato and Leek Soup
158	Onion Soup
159	Cherry Meringue Pie
160	Victoria Sponge Slice
161	Apple, Raspberry & Cranberry Porridge
162	Mini Chicken Tikka Jacket Potato
163	Mini Beef Chilli Jacket Potato
164	BBQ Pulled Pork Jacket Potato
173	Hunter's Pie
175	Chilli con Carne
176	BBQ Chicken Bake
179	Chicken Supreme
182	Moussaka
185	Creamy Leek & Potato Bake
186	Scotch Broth
187	Chorizo, Celery & Leek
188	Tomato & Basil
189	Minestrone
190	Mini Savoury Minced Mash
191	Mini Madeira Chicken
193	Mini Goat's Cheese & Sweet Potato Pasta

194	Mini Filled Potato Skin with Baked Beans & Cheese
195	Mini Cheese & Broccoli pasta
196	Mini Chicken Casserole & Dumpling
197	Mini Poachers Chicken
198	Mini Chicken & Vegetable Ragout
199	Spotted Dick
200	Bread & Butter Pudding
202	Steak & Kidney Pudding
203	Vegetable Chilli
205	Lamb Stew
206	BBQ Pork & Beans
208	Beef & Kidney Pie
209	Mini Lamb & Mint Crumble
211	Cottage Pie Meal
213	Quiche Lorraine
215	Beef Curry
218	Shepherd's Pie
219	Vegetable pie
220	Mini Beef Lasagne
221	Sausages & Mash
224	Sausages, Chips & Beans
226	Mini Macaroni Cheese
227	Chicken & Vegetable Soup
233	Sweet & Sour Chicken with Rice
234	Lamb with Mint
235	Breaded Fish Fingers & Chips
236	Pulled Chicken and Ham Pie
237	Chicken Breast Platter
238	Strawberry Eton Mess.
239	Sticky Toffee Meringue
240	Cod, Chips & Peas
241	Cheese & Onion Quiche
242	Fruity Chicken Curry
244	Steak Pie
245	Fish 'n' Chips
246	Lamb and Beef Pie
247	Chunky Lamb & Redcurrant Pie
248	Pork and Leek Sausage Casserole
249	Roast Pork with Mustard Mash and Roasted Vegetables
250	Sausage in Caramelised Onion Gravy
251	The Big Breakfast
252	Chicken Casserole with Herb Dumpling
253	Turkey and Mushroom Stroganoff
254	Vegetable Lasagne
255	Chicken, Bacon and Pea Pie
256	Vegetable Tikka
257	Butternut Squash and Vegetable Lasagne
258	Mini Beef Stew with Bubble and Squeak
259	Mini Lamb, Redcurrant and Cranberry Hotpot
260	Mini Chicken and Mushroom Hotpot
261	Chicken and Mushroom Pie

263	Tiramisu
272	Apple, Sultana & Cinnamon Waffle
273	Apple and Blackberry Waffle
274	Lamb Meatballs with Penne Pasta
275	Chicken with Ham Hock and Mushroom Sauce
276	Minced Beef & Mash
278	Chicken in Creamy Garlic Sauce
279	Mini Corned Beef and Parsley
280	Mini Tuna & Sweetcorn Pie
281	Mini Lamb in Cider
282	Mini Pork & Apple with a Savoury Crumble
283	Mini Chicken, Pea & Parmesan Pasta
EPD284	Chicken Breast Wrapped in Bacon
285	Beef & Vegetable Hotpot
286	Beef Stew with a Parsley & Herb Dumpling
287	Macaroni Cheese with Tomatoes and Bacon
288	Vegetable Rigatoni
290	Tuna and Bean Salad
291	Mini Sweet and Sour Chicken & Rice
292	Chicken Rice Salad
293	Pasta & Cheese Salad
294	Ratatouille
295	Mini Sweet & Sour Pork
299	Chicken Casserole with Herby Mash
303	Corned Beef Hash
304	Cottage Pie
305	Lancashire Hot Pot
306	Fish Pie
309	Mini Faggot, Mash & Peas
310	Mini Fisherman's Pie
311	Mini Corned Beef Hash
312	Mini Chicken & Mixed Peppers in Creamy Sauce
313	Mini Minced Lamb Hotpot
314	Mini Cumberland Pie
317	Mini Cauliflower Cheese & Sauté Potatoes
318	Mini Gammon & Creamy Onion Sauce
322	Mini Filled Potato Skin with Gammon & Cheese Sauce
323	Mini Filled Potato Skin with Cottage Pie Sauce
327	Cod & Prawn Bake
329	Salmon & Broccoli Bake
332	Omelette, Chips & Peas
334	Mini Beef & Barley Casserole
335	Mini Spaghetti & Meatballs
336	Mini Chicken Chasseur
338	Mini Chicken Tikka Masala
339	Mini Fruity Chicken Curry
341	Mini Haddock Smokie
342	Mini Salmon in Tomato Sauce
344	Shanghai Beef
351	Hong Kong Chicken
352	Hunter's Chicken
366	All Day Breakfast

387	Chicken Stir-Fry
392	Cheese & Ham Omelette Meal
395	Mashed Potato
397	Pork Platter
398	Lamb Platter
399	Beef Platter
400	Cheese and Spring Onion Mashed Potato
420	Garlic Baguettes
421	Beef au Poivre
422	Game Pie
423	Pork & Mulled Apple
424	Pork with Port & Plum Sauce
425	Luxury Turkey Dinner
426	Turkey Curry
427	Festive Pie
428	Mulled Wine Cheesecake
429	Red Velvet Melt in the Middle
430	Rum Truffle Dessert.
458	Bangers & Mash in Onion Gravy
464	Breaded Haddock Fillet
466	Spaghetti Bolognese
468	Vegetable Hot Pot
471	Beef Lasagne
472	Cauliflower Cheese
474	Steak & Mushroom Pie
477	Chicken and Mushroom Pie
489	Roasted Vegetable Lasagne
491	Chocolate Fudge Cake
493	Mince Beef Pie and Sauté Potatoes
495	Lamb and Beef Keema Pie
496	Aubergine Parmigiana
497	Mini Potato Topped Beef and Ale Pie
498	Mini Fish Pie with Crumble Topping
499	Cheese & Ham Omelettes
500	Cheese & Tomato Omelettes
501	Spanish Quiche
502	Mini Cheese and Tomato Macaroni Pasta Bake
503	Chilli Chicken and Cheddar Panini
504	Ham, Cheddar & Wholegrain Mustard Panini.
505	Pesto, Mozzarella & Sundried Tomato Panini
506	Pork Meatloaf
507	Pork & Bacon Meatloaf
511	Blueberry Muffin
513	Chocolate Muffin
514	Coldwater Prawns
525	Broccoli
528	Mini Cod, Chips and Peas
529	Chicken with Mashed Potato
530	Cumberland Pie
531	Meatball Marinara Panini
533	Cheese and Red Onion Panini
534	Breakfast Panini

536	Blood Orange Sorbet
537	Arctic Roll
538	Mince Pie Ice Cream
549	Sauté Potatoes with Cheese & Rosemary
551	Sausage Rolls
556	Green Vegetables in a Wild Garlic & Herb Butter
557	Cauliflower & Broccoli Cheese
560	Baby Carrots
561	Petit Pois
563	Kipper Fillets
576	Sausage and Root Vegetable Bake
577	Wild Mushroom & Butternut Risotto
579	Mini Liver and Onions
580	Mini Liver and Cocktail Sausage with Mash
581	Mini Macaroni cheese and Pulled Ham
582	Lemon Cheesecake
587	Strawberry Tart
589	Luxury Brioche & Butter Pudding & Custard
590	Luxury Spotted Dick with Apricots & Custard
592	Salmon in White Wine
593	Cod in Parsley
594	Salmon in Watercress
595	Sweet & Sour Pork with Rice
596	Pork Faggot with Mashed Potato & Peas
598	Mini Sausages with Red Onion Gravy
608	Jam Sponge & Custard
613	Apple & Cinnamon Pudding
615	Apple Strudel
620	Rice Pudding
624	Chocolate Pudding
625	Treacle Pudding
626	Sticky Toffee Pudding
627	Lemon Pudding with Lemon Custard
632	Rhubarb Crumble
633	Apple Crumble
634	Blackberry & Apple Crumble
635	Pineapple Upside Down Pudding
638	Rhubarb & Custard
640	Jacket Potatoes
641	Sunday Roast Beef
642	Summer Casserole
645	Woodland Chicken
648	Beef in Chianti
652	Butter Chicken Curry
657	Beef Bourguignon
658	Coq au Vin
659	Liver & Bacon with Colcannon Mash
660	Spaghetti Bolognese
663	Liver & Onions
665	Steak & Stout Pie
667	Steak Diane
668	Beef & Wild Mushroom Lasagne

672	Chicken & Ham Pie
676	Cheesy Smoked Haddock Fillet
684	Smoked Haddock Florentine
692	Roast Lamb
701	Strawberry Gateau
702	Black Forest Gateau
704	Raspberry Trifle
712	Mini Chocolate Eclairs
723	Lemon Charlotte
732	Lemon Meringue Pie
742	Sherry Trifle
752	Apricot & Ginger Brulée
753	Bramley Apple Pie
754	Bakewell Tart
769	Fruit Salad
771	Cherry Sponge with Custard
817	Clotted Cream Vanilla Ice Cream
818	Chunky Ginger Ice Cream
819	Clotted Cream & Strawberry Ice Cream
821	Crunchy Toffee Ice Cream
822	Chocolate Fudge Ice Cream
823	Rum & Raisin Ice Cream
824	Honeycomb Ice Cream
826	Raspberry Sorbet
827	Vanilla Ice Cream
828	Strawberry Ripple Ice Cream
830	Olde English Lemon Tart
832	Luxury Cottage Pie
833	Luxury Shepherds Pie
837	Roasted Vegetables & Goat's Cheese
841	Chicken & Cider Hotpot
842	Salmon Pasta Bake
848	Mini Tuna Pasta Bake
849	Mini Cod & Prawn Bake
850	Mini All Day Breakfast
851	Beef and Vegetable Hotpot
852	Ocean Pie
853	Sausage Casserole
854	Yorkshire Pudding with Cocktail Sausages
858	Mini Shepherd's Pie
859	Irish Cream Cheesecake
860	Blackcurrant Cheesecake
861	Cherry Cheesecake
862	Strawberry Cheesecake
873	Chicken Korma
874	Chicken Tikka Masala with Rice & Bombay Potatoes
875	Italian Meatballs in Tomato Sauce
876	Corned Beef Hotpot
878	Chicken Curry & Rice
879	Chicken in Mushroom Sauce
882	Beer Battered Cod & Chips
883	Breaded Scampi & Chips

884	Smoked Haddock Fishcake & Chips
886	Lamb and Barley Hotpot
887	Spaghetti Carbonara
889	Macaroni Cheese
893	Mini Liver & Bacon Hotpot
894	Mini Braised Beef, Tatties & Neeps
895	Mini Cottage Pie
896	Mini Beef & Black Bean Chow Mein
897	Carrot, Swede & Horseradish Mash
900	Turkey Platter
908	Venison Casserole with Horseradish Mash
922	Mini Roast Turkey Dinner
929	Mini Sausages & Mash
930	Mini Roast Beef Dinner
931	Mini Roast Lamb Dinner
932	Mini Roast Pork Dinner
933	Mini Roast Chicken Dinner
942	Mini Chilli con Carne & Rice
943	Mini Vegetable Lasagne
944	Cumberland Sausage with Colcannon Mash & Onion Gravy
945	Mini Chicken with Mashed Potato
947	Mini Lamb in Mint Gravy
950	Minced Lamb and Potato Bake
952	Gammon in Onion Sauce
959	Lemon Pepper Chicken
964	Pea & Pulled Ham
965	Lemon Brulée
966	Banoffee Pie
967	Mini Mexican Pulled Chicken
970	Steamed Jam Pudding
973	Chicken Lasagne
974	Chicken Tandoori Masala
975	Apple, Sultana and Cinnamon Porridge
976	Granola Topped Porridge
977	Prawn Curry
978	Salmon and Broccoli Pie
981	Mini Pork, Chicken & Ham Pie
982	Mini Turkey, Cranberry and Barley Casserole.
983	Fish and Potato Gratin
984	Cherry Pie
985	Rustic Cottage Pie
986	Luxury Roast Pork Dinner
987	Luxury Roast Chicken Dinner
988	Carrot and Coriander Soup
989	Broccoli & Stilton Soup
990	Creamy Mushroom Soup
991	Macaroni Bolognese
992	Mediterranean Chicken