



## Winter 2018 Products – Low Sugar

Code	Product
102	Roast Beef Dinner
103	Roast Pork Dinner
104	Roast Chicken Dinner
105	Roast Turkey Dinner
110	Sliced Brown Loaf
111	Soft Grain Sliced Loaf
112	Wholemeal Sliced Loaf
115	Beef Stroganoff
134	Chicken & Mushroom with Puff Pastry
136	Smoked Haddock with Cheese and Sweetcorn
138	Chicken Jalfrezi
139	Chicken and Stuffing Bake
143	Ham Hock with Parsley Sauce
144	Mini Beef & Kidney Stew
152	Liver & Sausages
155	Mini Ham and Parsley Pie
156	Mini Chicken and Stuffing Casserole
157	Potato and Leek Soup
158	Onion Soup
162	Mini Chicken Tikka Jacket Potato
163	Mini Beef Chilli Jacket Potato
173	Hunter's Pie
175	Chilli con Carne
179	Chicken Supreme
182	Moussaka
185	Creamy Leek & Potato Bake
186	Scotch Broth
187	Chorizo, Celery & Leek
188	Tomato & Basil
189	Minestrone
190	Mini Savoury Minced Mash
191	Mini Madeira Chicken
193	Mini Goat's Cheese & Sweet Potato Pasta
194	Mini Filled Potato Skin with Baked Beans & Cheese
195	Mini Cheese & Broccoli pasta
196	Mini Chicken Casserole & Dumpling
197	Mini Poachers Chicken
198	Mini Chicken & Vegetable Ragout
202	Steak & Kidney Pudding
206	BBQ Pork & Beans
208	Beef & Kidney Pie
209	Mini Lamb & Mint Crumble
211	Cottage Pie Meal
213	Quiche Lorraine

215	Beef Curry
218	Shepherd's Pie
219	Vegetable pie
220	Mini Beef Lasagne
221	Sausages & Mash
224	Sausages, Chips & Beans
226	Mini Macaroni Cheese
227	Chicken & Vegetable Soup
234	Lamb with Mint
235	Breaded Fish Fingers & Chips
236	Pulled Chicken and Ham Pie
237	Chicken Breast Platter
240	Cod, Chips & Peas
241	Cheese & Onion Quiche
244	Steak Pie
245	Fish 'n' Chips
246	Lamb and Beef Pie
247	Chunky Lamb & Redcurrant Pie
248	Pork and Leek Sausage Casserole
249	Roast Pork with Mustard Mash and Roasted Vegetables
250	Sausage in Caramelised Onion Gravy
251	The Big Breakfast
252	Chicken Casserole with Herb Dumpling
253	Turkey and Mushroom Stroganoff
254	Vegetable Lasagne
255	Chicken, Bacon and Pea Pie
256	Vegetable Tikka
258	Mini Beef Stew with Bubble and Squeak
260	Mini Chicken and Mushroom Hotpot
261	Chicken and Mushroom Pie
274	Lamb Meatballs with Penne Pasta
275	Chicken with Ham Hock and Mushroom Sauce
276	Minced Beef & Mash
278	Chicken in Creamy Garlic Sauce
279	Mini Corned Beef and Parsley
280	Mini Tuna & Sweetcorn Pie
281	Mini Lamb in Cider
282	Mini Pork & Apple with a Savoury Crumble
283	Mini Chicken, Pea & Parmesan Pasta
EPD284	Chicken Breast Wrapped in Bacon
285	Beef & Vegetable Hotpot
286	Beef Stew with a Parsley & Herb Dumpling
287	Macaroni Cheese with Tomatoes and Bacon
292	Chicken Rice Salad
293	Pasta & Cheese Salad
299	Chicken Casserole with Herby Mash
303	Corned Beef Hash
304	Cottage Pie
305	Lancashire Hot Pot
306	Fish Pie
309	Mini Faggot, Mash & Peas

310	Mini Fisherman's Pie
311	Mini Corned Beef Hash
312	Mini Chicken & Mixed Peppers in Creamy Sauce
314	Mini Cumberland Pie
318	Mini Gammon & Creamy Onion Sauce
322	Mini Filled Potato Skin with Gammon & Cheese Sauce
323	Mini Filled Potato Skin with Cottage Pie Sauce
327	Cod & Prawn Bake
329	Salmon & Broccoli Bake
332	Omelette, Chips & Peas
334	Mini Beef & Barley Casserole
335	Mini Spaghetti & Meatballs
336	Mini Chicken Chasseur
338	Mini Chicken Tikka Masala
341	Mini Haddock Smokie
342	Mini Salmon in Tomato Sauce
366	All Day Breakfast
387	Chicken Stir-Fry
392	Cheese & Ham Omelette Meal
395	Mashed Potato
397	Pork Platter
398	Lamb Platter
399	Beef Platter
400	Cheese and Spring Onion Mashed Potato
420	Garlic Baguettes
421	Beef au Poivre
422	Game Pie
426	Turkey Curry
458	Bangers & Mash in Onion Gravy
464	Breaded Haddock Fillet
466	Spaghetti Bolognese
468	Vegetable Hot Pot
471	Beef Lasagne
472	Cauliflower Cheese
474	Steak & Mushroom Pie
477	Chicken and Mushroom Pie
493	Mince Beef Pie and Sauté Potatoes
495	Lamb and Beef Keema Pie
496	Aubergine Parmigiana
497	Mini Potato Topped Beef and Ale Pie
498	Mini Fish Pie with Crumble Topping
499	Cheese & Ham Omelettes
500	Cheese & Tomato Omelettes
501	Spanish Quiche
502	Mini Cheese and Tomato Macaroni Pasta Bake
503	Chilli Chicken and Cheddar Panini
505	Pesto, Mozzarella & Sundried Tomato Panini
506	Pork Meatloaf
507	Pork & Bacon Meatloaf
514	Coldwater Prawns
525	Broccoli
528	Mini Cod, Chips and Peas

529	Chicken with Mashed Potato
530	Cumberland Pie
531	Meatball Marinara Panini
533	Cheese and Red Onion Panini
534	Breakfast Panini
549	Sauté Potatoes with Cheese & Rosemary
551	Sausage Rolls
556	Green Vegetables in a Wild Garlic & Herb Butter
557	Cauliflower & Broccoli Cheese
560	Baby Carrots
561	Petit Pois
563	Kipper Fillets
576	Sausage and Root Vegetable Bake
577	Wild Mushroom & Butternut Risotto
579	Mini Liver and Onions
580	Mini Liver and Cocktail Sausage with Mash
581	Mini Macaroni cheese and Pulled Ham
592	Salmon in White Wine
593	Cod in Parsley
594	Salmon in Watercress
596	Pork Faggot with Mashed Potato & Peas
598	Mini Sausages with Red Onion Gravy
640	Jacket Potatoes
641	Sunday Roast Beef
642	Summer Casserole
645	Woodland Chicken
648	Beef in Chianti
652	Butter Chicken Curry
657	Beef Bourguignon
658	Coq au Vin
659	Liver & Bacon with Colcannon Mash
660	Spaghetti Bolognese
663	Liver & Onions
665	Steak & Stout Pie
667	Steak Diane
668	Beef & Wild Mushroom Lasagne
672	Chicken & Ham Pie
676	Cheesy Smoked Haddock Fillet
684	Smoked Haddock Florentine
692	Roast Lamb
832	Luxury Cottage Pie
833	Luxury Shepherds Pie
837	Roasted Vegetables & Goat's Cheese
841	Chicken & Cider Hotpot
842	Salmon Pasta Bake
848	Mini Tuna Pasta Bake
849	Mini Cod & Prawn Bake
850	Mini All Day Breakfast
851	Beef and Vegetable Hotpot
852	Ocean Pie
853	Sausage Casserole
854	Yorkshire Pudding with Cocktail Sausages

858	Mini Shepherd's Pie
873	Chicken Korma
874	Chicken Tikka Masala with Rice & Bombay Potatoes
875	Italian Meatballs in Tomato Sauce
876	Corned Beef Hotpot
878	Chicken Curry & Rice
879	Chicken in Mushroom Sauce
882	Beer Battered Cod & Chips
883	Breaded Scampi & Chips
884	Smoked Haddock Fishcake & Chips
886	Lamb and Barley Hotpot
887	Spaghetti Carbonara
889	Macaroni Cheese
893	Mini Liver & Bacon Hotpot
894	Mini Braised Beef, Tatties & Neeps
895	Mini Cottage Pie
897	Carrot, Swede & Horseradish Mash
900	Turkey Platter
908	Venison Casserole with Horseradish Mash
922	Mini Roast Turkey Dinner
929	Mini Sausages & Mash
930	Mini Roast Beef Dinner
931	Mini Roast Lamb Dinner
932	Mini Roast Pork Dinner
933	Mini Roast Chicken Dinner
942	Mini Chilli con Carne & Rice
943	Mini Vegetable Lasagne
944	Cumberland Sausage with Colcannon Mash & Onion Gravy
945	Mini Chicken with Mashed Potato
947	Mini Lamb in Mint Gravy
950	Minced Lamb and Potato Bake
952	Gammon in Onion Sauce
959	Lemon Pepper Chicken
964	Pea & Pulled Ham
973	Chicken Lasagne
974	Chicken Tandoori Masala
977	Prawn Curry
978	Salmon and Broccoli Pie
981	Mini Pork, Chicken & Ham Pie
982	Mini Turkey, Cranberry and Barley Casserole.
983	Fish and Potato Gratin
985	Rustic Cottage Pie
986	Luxury Roast Pork Dinner
987	Luxury Roast Chicken Dinner
988	Carrot and Coriander Soup
989	Broccoli & Stilton Soup
990	Creamy Mushroom Soup
991	Macaroni Bolognese
992	Mediterranean Chicken