



## Winter 2018 Products – *Low Saturated Fat*

Code	Product
102	Roast Beef Dinner
103	Roast Pork Dinner
104	Roast Chicken Dinner
105	Roast Turkey Dinner
110	Sliced Brown Loaf
111	Soft Grain Sliced Loaf
112	Wholemeal Sliced Loaf
138	Chicken Jalfrezi
139	Chicken and Stuffing Bake
144	Mini Beef & Kidney Stew
152	Liver & Sausages
156	Mini Chicken and Stuffing Casserole
158	Onion Soup
175	Chilli con Carne
186	Scotch Broth
187	Chorizo, Celery & Leek
188	Tomato & Basil
189	Minestrone
196	Mini Chicken Casserole & Dumpling
197	Mini Poachers Chicken
198	Mini Chicken & Vegetable Ragout
203	Vegetable Chilli
206	BBQ Pork & Beans
215	Beef Curry
227	Chicken & Vegetable Soup
233	Sweet & Sour Chicken with Rice
235	Breaded Fish Fingers & Chips
237	Chicken Breast Platter
240	Cod, Chips & Peas
253	Turkey and Mushroom Stroganoff
258	Mini Beef Stew with Bubble and Squeak
259	Mini Lamb, Redcurrant and Cranberry Hotpot
260	Mini Chicken and Mushroom Hotpot
272	Apple, Sultana & Cinnamon Waffle
273	Apple and Blackberry Waffle
276	Minced Beef & Mash
285	Beef & Vegetable Hotpot
290	Tuna and Bean Salad
291	Mini Sweet and Sour Chicken & Rice
292	Chicken Rice Salad
295	Mini Sweet & Sour Pork
299	Chicken Casserole with Herby Mash
309	Mini Faggot, Mash & Peas

312	Mini Chicken & Mixed Peppers in Creamy Sauce
334	Mini Beef & Barley Casserole
336	Mini Chicken Chasseur
338	Mini Chicken Tikka Masala
342	Mini Salmon in Tomato Sauce
344	Shanghai Beef
351	Hong Kong Chicken
352	Hunter's Chicken
387	Chicken Stir-Fry
397	Pork Platter
398	Lamb Platter
399	Beef Platter
464	Breaded Haddock Fillet
466	Spaghetti Bolognese
468	Vegetable Hot Pot
514	Coldwater Prawns
525	Broccoli
528	Mini Cod, Chips and Peas
529	Chicken with Mashed Potato
536	Blood Orange Sorbet
560	Baby Carrots
589	Luxury Brioche & Butter Pudding & Custard
593	Cod in Parsley
594	Salmon in Watercress
595	Sweet & Sour Pork with Rice
608	Jam Sponge & Custard
613	Apple & Cinnamon Pudding
615	Apple Strudel
620	Rice Pudding
638	Rhubarb & Custard
640	Jacket Potatoes
642	Summer Casserole
648	Beef in Chianti
692	Roast Lamb
769	Fruit Salad
826	Raspberry Sorbet
876	Corned Beef Hotpot
878	Chicken Curry & Rice
882	Beer Battered Cod & Chips
883	Breaded Scampi & Chips
884	Smoked Haddock Fishcake & Chips
895	Mini Cottage Pie
896	Mini Beef & Black Bean Chow Mein
897	Carrot, Swede & Horseradish Mash
900	Turkey Platter
908	Venison Casserole with Horseradish Mash
930	Mini Roast Beef Dinner
931	Mini Roast Lamb Dinner
932	Mini Roast Pork Dinner
933	Mini Roast Chicken Dinner
945	Mini Chicken with Mashed Potato
947	Mini Lamb in Mint Gravy

952	Gammon in Onion Sauce
974	Chicken Tandoori Masala
982	Mini Turkey, Cranberry and Barley Casserole.
985	Rustic Cottage Pie
986	Luxury Roast Pork Dinner
987	Luxury Roast Chicken Dinner
988	Carrot and Coriander Soup
990	Creamy Mushroom Soup