



Winter 2018 Products – Low Fat

Code	Product
102	Roast Beef Dinner
103	Roast Pork Dinner
104	Roast Chicken Dinner
105	Roast Turkey Dinner
110	Sliced Brown Loaf
111	Soft Grain Sliced Loaf
112	Wholemeal Sliced Loaf
138	Chicken Jalfrezi
139	Chicken and Stuffing Bake
144	Mini Beef & Kidney Stew
152	Liver & Sausages
158	Onion Soup
186	Scotch Broth
187	Chorizo, Celery & Leek
188	Tomato & Basil
189	Minestrone
196	Mini Chicken Casserole & Dumpling
197	Mini Poachers Chicken
198	Mini Chicken & Vegetable Ragout
203	Vegetable Chilli
206	BBQ Pork & Beans
233	Sweet & Sour Chicken with Rice
237	Chicken Breast Platter
249	Roast Pork with Mustard Mash and Roasted Vegetables
253	Turkey and Mushroom Stroganoff
276	Minced Beef & Mash
299	Chicken Casserole with Herby Mash
312	Mini Chicken & Mixed Peppers in Creamy Sauce
334	Mini Beef & Barley Casserole
336	Mini Chicken Chasseur
344	Shanghai Beef
351	Hong Kong Chicken
352	Hunter's Chicken
387	Chicken Stir-Fry
397	Pork Platter
398	Lamb Platter
399	Beef Platter
468	Vegetable Hot Pot
514	Coldwater Prawns
525	Broccoli
529	Chicken with Mashed Potato
536	Blood Orange Sorbet
560	Baby Carrots

561	Petit Pois
593	Cod in Parsley
608	Jam Sponge & Custard
613	Apple & Cinnamon Pudding
620	Rice Pudding
638	Rhubarb & Custard
640	Jacket Potatoes
642	Summer Casserole
648	Beef in Chianti
663	Liver & Onions
692	Roast Lamb
769	Fruit Salad
826	Raspberry Sorbet
879	Chicken in Mushroom Sauce
883	Breaded Scampi & Chips
895	Mini Cottage Pie
897	Carrot, Swede & Horseradish Mash
900	Turkey Platter
908	Venison Casserole with Horseradish Mash
930	Mini Roast Beef Dinner
931	Mini Roast Lamb Dinner
932	Mini Roast Pork Dinner
933	Mini Roast Chicken Dinner
945	Mini Chicken with Mashed Potato
952	Gammon in Onion Sauce
985	Rustic Cottage Pie
988	Carrot and Coriander Soup
990	Creamy Mushroom Soup