

# 'Made Without' menus...

Find the dishes to suit your needs with our selection of 'Made Without' menus covering all the major allergens. If there's a tick, it means it's made without that ingredient.



See **page 11** for explanations of the 'Made Without' descriptions.

All product information is correct at time of publishing but may be subject to change through product improvement. We always recommend you check the packaging or latest ingredient information. Products subject to availability. For full terms and conditions please visit our website at [oakhousefoods.co.uk/terms-and-conditions](http://oakhousefoods.co.uk/terms-and-conditions). E&OE.

Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / lactose	Moluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts <small>may contain traces of nuts &amp; sesame</small>	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
102	Roast Beef Dinner	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
103	Roast Pork Dinner	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
104	Roast Chicken Dinner	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
105	Roast Turkey Dinner	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
110	Sliced Brown Loaf (Defrost & Serve)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
111	Golden Grain Sliced Bread (Defrost & Serve)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
112	Wholemeal Sliced Loaf (Defrost & Serve)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
115	Beef Stroganoff	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
117	Summer Fruit Punch Trifle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
118	Rhubarb, Rosewater & Gingerbread Trifle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
119	Black Forest Trifle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
122	Salted Caramel Melt-in-the-Middle Pudding	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
134	Chicken & Mushroom With Puff Pastry	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
135	BBQ Beef Brisket with Carrots & Potatoes	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
136	Smoked Haddock With Cheese & Sweetcorn	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
138	Chicken Jalfrezi	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
139	Chicken & Stuffing Bake	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
140	Chicken With Onion-Topped Mash	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
143	Ham Hock with Parsley Sauce	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
144	Mini Beef & Kidney Stew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
152	Liver & Sausages	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / lactose	Molluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts may contain traces of nuts & sesame	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
155	Mini Ham & Parsley Pie		✓		✓	✓	✓	✓		✓	✓		✓	✓		✓		✓		✓		✓		✓
156	Mini Chicken Stuffing Casserole			✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓		✓		✓	✓	✓	
157	Potato & Leek Soup With Chives	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	
158	Onion Soup		✓	✓	✓	✓				✓	✓		✓	✓			✓		✓	✓	✓		✓	
159	Cherry Meringue Pie	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
160	Victoria Sponge	✓	✓		✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
161	Apple, Raspberry & Cranberry Porridge	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
162	Mini Chicken Tikka Jacket Potato	✓		✓	✓	✓	✓		✓	✓			✓	✓						✓	✓	✓		
163	Mini Beef Chilli Jacket Potato	✓	✓		✓	✓	✓		✓	✓			✓	✓	✓		✓			✓		✓		✓
164	Mini BBQ Pulled Pork Jacket Potato		✓		✓	✓				✓	✓			✓	✓		✓		✓			✓		
173	Hunter's Pie		✓		✓	✓				✓	✓		✓	✓	✓		✓		✓		✓	✓		
175	Chilli Con Carne & Rice		✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓			✓		✓		✓
176	BBQ Chicken Bake		✓		✓	✓	✓			✓	✓		✓	✓	✓		✓				✓	✓		✓
179	Chicken Supreme	✓	✓	✓	✓	✓	✓			✓	✓			✓			✓	✓	✓		✓	✓	✓	
182	Moussaka	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓			✓	✓	✓		
185	Creamy Leek & Potato Bake				✓	✓	✓			✓	✓			✓	✓		✓		✓	✓	✓	✓	✓	
186	Scotch Broth	✓		✓		✓				✓	✓		✓	✓			✓		✓	✓			✓	
187	Chorizo, Celery & Leek Soup	✓		✓						✓	✓		✓	✓			✓					✓		
188	Tomato & Basil Soup			✓						✓	✓		✓	✓			✓		✓	✓				
189	Minestrone Soup	✓		✓						✓	✓		✓				✓						✓	
190	Mini Savoury Minced Mash			✓						✓	✓		✓	✓			✓		✓	✓				
191	Mini Madeira Chicken			✓						✓	✓		✓	✓			✓			✓		✓	✓	
193	Mini Goat's Cheese & Sweet Potato Pasta		✓		✓	✓	✓	✓		✓	✓		✓	✓			✓		✓	✓	✓	✓	✓	✓
194	Mini Filled Potato Skin with Baked Beans & Cheese	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		✓
195	Mini Cheese & Broccoli Pasta	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓			✓		✓	✓	✓	✓	✓	✓
196	Mini Chicken Casserole And Dumpling		✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	
197	Mini Poacher's Chicken		✓	✓	✓	✓	✓		✓	✓	✓		✓		✓		✓		✓	✓	✓	✓		
198	Mini Chicken & Vegetable Ragout		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓		
199	Spotted Dick (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
200	Bread & Butter Pudding (Pack Of 2)		✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	
202	Steak & Kidney Pudding	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓		✓	✓		✓	✓	
203	Vegetable Chilli	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓			✓	✓	✓		✓
205	Lamb Stew			✓	✓	✓	✓			✓	✓		✓	✓	✓				✓	✓	✓	✓		
206	BBQ Pork & Beans		✓	✓	✓	✓				✓	✓		✓	✓	✓		✓				✓			
208	Beef & Kidney Pie		✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓			✓	✓			
209	Mini Lamb & Mint Crumble		✓		✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
211	Cottage Pie Meal		✓	✓	✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
213	Quiche Lorraine	✓	✓		✓		✓	✓		✓	✓		✓	✓			✓		✓			✓	✓	✓
215	Beef Curry & Rice			✓	✓	✓	✓		✓			✓	✓				✓			✓	✓	✓		
218	Shepherd's Pie									✓	✓		✓	✓			✓		✓	✓		✓		
219	Vegetable Pie	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓			✓	✓	✓		
220	Mini Beef Lasagne		✓		✓		✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
221	Sausages & Mash	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓				✓	✓		✓

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224	Sausages, Chips & Beans	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓					✓	✓		
226	Mini Macaroni Cheese	✓	✓		✓	✓	✓			✓	✓		✓	✓			✓	✓		✓	✓	✓	✓	
227	Chicken and Vegetable Soup	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	
233	Sweet & Sour Chicken With Rice		✓	✓	✓		✓			✓	✓	✓	✓	✓	✓		✓			✓				✓
234	Lamb with Mint	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	
235	Breaded Fish Finger & Chips	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	
236	Pulled Chicken & Ham Pie		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓		✓		✓	
237	Chicken Breast Platter	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓		✓		✓	✓	✓	
238	Strawberry Eton Mess	✓	✓		✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
239	Sticky Toffee Meringue	✓	✓		✓		✓	✓		✓	✓		✓	✓	✓		✓	✓		✓		✓	✓	✓
240	Cod, Chips & Peas	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
241	Cheese & Onion Quiche	✓	✓		✓		✓	✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	✓
242	Fruity Chicken Curry	✓		✓	✓	✓	✓		✓		✓		✓	✓						✓	✓			✓
244	Steak Pie (Pack Of 2)		✓	✓	✓	✓	✓			✓	✓		✓	✓			✓		✓	✓	✓			
245	Fish 'N' Chips	✓	✓		✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		✓
246	Lamb & Beef Pie				✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓			
247	Chunky Lamb & Redcurrant Pie (Pack Of 2)			✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓		✓	✓	✓			
248	Pork & Leek Sausage Casserole		✓	✓	✓	✓	✓			✓	✓		✓	✓			✓				✓		✓	
249	Roast Pork with Mustard Mash & Roasted Veg		✓	✓	✓	✓	✓	✓		✓	✓		✓	✓			✓				✓			
250	Sausages in Caramelised Onion Gravy		✓		✓	✓	✓			✓	✓		✓	✓			✓				✓		✓	
251	The Big Breakfast	✓	✓	✓	✓		✓			✓	✓		✓	✓	✓		✓							
252	Chicken Casserole with Dumpling		✓	✓	✓		✓			✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓		
253	Turkey and Mushroom Stroganoff		✓	✓	✓	✓	✓			✓	✓		✓		✓		✓			✓	✓	✓	✓	
254	Vegetable Lasagne	✓	✓		✓		✓			✓	✓		✓		✓		✓			✓	✓	✓		✓
255	Chicken, Bacon and Pea Pie (Pack Of 2)		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓		✓		✓	
256	Vegetable Tikka		✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓					✓	✓	✓		
257	Butternut Squash and Vegetable Lasagne				✓		✓			✓	✓		✓	✓			✓		✓	✓	✓	✓		
258	Mini Beef Stew with Bubble and Squeak		✓	✓	✓	✓	✓			✓	✓		✓	✓			✓		✓	✓	✓		✓	
259	Mini Lamb, Redcurrant and Cranberry Hotpot		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓			
260	Mini Chicken and Mushroom Hotpot		✓	✓	✓	✓	✓			✓	✓		✓		✓		✓			✓	✓		✓	
261	Chicken and Mushroom Pie (Pack of 2)	✓		✓	✓	✓	✓			✓	✓		✓		✓		✓		✓	✓	✓	✓	✓	
263	Tiramisu (Pack of 2)		✓		✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
272	Apple & Sultana Waffle	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	
273	Apple & Blackberry Waffle	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	
274	Lamb Meatballs with Penne Pasta		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓						✓			
275	Chicken with Ham Hock & Mushroom Sauce		✓	✓	✓	✓	✓			✓	✓		✓		✓		✓		✓		✓		✓	
276	Minced Beef & Mash	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
278	Chicken in a Creamy Garlic Sauce	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	
279	Mini Corned Beef & Parsley Sauce	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	
280	Mini Tuna & Sweetcorn Pie		✓		✓	✓		✓		✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	
281	Mini Lamb in Cider Sauce		✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	
282	Mini Pork & Apple Crumble		✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓		✓		✓	
283	Mini Chicken, Pea & Parmesan Pasta		✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	

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284	Chicken Breast Wrapped In Bacon	✓		✓				✓		✓	✓	✓	✓	✓	✓	✓			✓			✓	✓	
285	Beef & Vegetable Hotpot			✓						✓	✓		✓	✓			✓		✓	✓				
286	Beef Stew & Dumpling		✓	✓	✓		✓			✓	✓	✓	✓		✓			✓	✓	✓	✓		✓	
287	Macaroni Cheese with Bacon	✓	✓		✓	✓	✓			✓	✓		✓	✓			✓	✓			✓	✓		
288	Vegetable Rigatoni	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓			✓	✓	✓		✓
290	Tuna & Bean Salad		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓			✓		✓		✓
291	Mini Sweet & Sour Chicken		✓	✓	✓		✓		✓	✓	✓		✓	✓	✓		✓			✓		✓		✓
292	Chicken Rice Salad			✓	✓	✓	✓	✓	✓	✓		✓	✓	✓			✓			✓	✓	✓	✓	✓
293	Pesto Pasta Salad	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
294	Ratatouille	✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓		✓			✓	✓	✓		✓
295	Mini Sweet & Sour Pork		✓	✓	✓		✓		✓	✓	✓		✓	✓	✓		✓					✓		✓
299	Chicken Casserole With Herby Mash			✓	✓	✓	✓			✓	✓		✓		✓		✓			✓	✓	✓		
303	Corned Beef Hash	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓			✓	✓	✓		
304	Cottage Pie	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		✓
305	Lancashire Hotpot		✓	✓	✓	✓				✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓		
306	Fish Pie	✓				✓		✓		✓	✓		✓	✓					✓	✓	✓	✓	✓	
309	Mini Faggot, Mash & Peas		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓					✓		
310	Mini Fisherman's Pie	✓	✓		✓	✓		✓		✓	✓		✓	✓			✓	✓	✓	✓	✓	✓	✓	
311	Mini Corned Beef Hash	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓		
312	Mini Chicken & Mixed Peppers In Creamy Sauce		✓	✓	✓	✓	✓		✓	✓	✓		✓		✓		✓			✓	✓		✓	
313	Mini Minced Lamb Hotpot		✓	✓	✓	✓				✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓		
314	Mini Cumberland Pie		✓		✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓			
317	Mini Cauliflower Cheese & Sauté Potatoes	✓	✓		✓	✓	✓			✓	✓		✓	✓			✓	✓		✓	✓	✓	✓	
318	Mini Gammon & Creamy Onion Sauce	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓		✓	✓	✓	
322	Mini Filled Potato Skin With Gammon & Cheese		✓		✓	✓	✓	✓		✓	✓		✓	✓			✓	✓	✓		✓	✓	✓	
323	Mini Filled Potato Skin With Cottage Pie Sauce	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		✓
327	Cod & Prawn Bake	✓	✓			✓		✓	✓	✓	✓		✓	✓			✓		✓	✓	✓	✓	✓	✓
329	Salmon & Broccoli Bake	✓	✓	✓	✓	✓		✓	✓	✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
332	Omelette, Chips & Peas	✓	✓		✓		✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		✓
334	Mini Beef & Barley Casserole		✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓		✓
335	Mini Spaghetti & Meatballs	✓			✓	✓	✓			✓	✓		✓	✓	✓		✓					✓		
336	Mini Chicken Chasseur		✓	✓	✓	✓	✓			✓	✓	✓	✓		✓		✓		✓		✓			✓
338	Mini Chicken Tikka Masala	✓		✓	✓	✓	✓			✓	✓		✓	✓			✓			✓	✓	✓		✓
339	Mini Fruity Chicken Curry	✓		✓	✓	✓	✓		✓	✓	✓		✓	✓					✓	✓	✓			✓
341	Mini Haddock Smokie	✓	✓		✓	✓		✓		✓	✓		✓		✓		✓		✓		✓		✓	
342	Mini Salmon In Tomato Sauce		✓	✓	✓	✓			✓	✓	✓		✓	✓	✓		✓			✓	✓	✓		✓
344	Shanghai Beef		✓	✓	✓	✓	✓			✓	✓	✓	✓		✓				✓				✓	✓
351	Hong Kong Chicken	✓	✓	✓	✓		✓			✓	✓		✓	✓	✓					✓	✓	✓		✓
352	Hunter's Chicken		✓		✓	✓	✓			✓	✓		✓	✓	✓		✓				✓	✓		✓
366	All Day Breakfast	✓	✓		✓		✓	✓		✓	✓		✓		✓		✓				✓	✓		
387	Chicken Stir Fry		✓	✓	✓	✓	✓			✓	✓	✓	✓		✓		✓	✓		✓		✓		✓
392	Cheese & Ham Omelette	✓	✓		✓		✓	✓	✓	✓	✓		✓	✓	✓		✓				✓	✓		
395	Mashed Potato	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓		✓	✓

Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / lactose	Molluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts may contain traces of nuts & sesame	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
397	Pork Platter	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	
398	Lamb Platter	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
399	Beef Platter	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	✓
400	Cheese & Spring Onion Mashed Potato	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
420	Garlic Bread	✓	✓	✓	✓		✓			✓	✓		✓	✓	✓	✓		✓	✓	✓		✓	✓	
421	Beef Au Poivre		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓		✓	✓		
422	Game Pie		✓	✓	✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓			
423	Pork & Mulled Apple		✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓		✓		✓	✓	✓	
424	Pork with Port & Plum Sauce		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓	✓	✓					
425	Luxury Turkey Dinner		✓	✓	✓		✓			✓	✓		✓	✓	✓		✓				✓	✓	✓	
426	Turkey Curry	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓						✓	✓	✓		
427	Festive Pie		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓				✓		✓	✓	✓	
428	Mulled Wine Cheesecake		✓		✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
429	Red Velvet Melt in the Middle	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
430	Rum Truffle Dessert		✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
458	Bangers & Mash In Onion Gravy	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓				✓	✓		
464	Breaded Haddock Fillet (2 Servings)	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	
466	Mini Spaghetti Bolognese		✓		✓	✓	✓			✓	✓		✓		✓		✓		✓	✓	✓			✓
468	Vegetable Hot Pot			✓	✓	✓	✓			✓	✓	✓	✓		✓		✓		✓	✓	✓	✓		
471	Beef Lasagne		✓		✓			✓		✓	✓		✓	✓	✓		✓		✓	✓	✓			
472	Cauliflower Cheese	✓			✓	✓	✓	✓		✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	
474	Steak & Mushroom Pie		✓	✓	✓	✓				✓	✓		✓				✓		✓	✓	✓			
477	Chicken & Mushroom Pie with Vegetables	✓		✓	✓	✓	✓			✓	✓		✓		✓		✓		✓	✓	✓	✓	✓	
489	Roasted Vegetable Lasagne				✓			✓		✓	✓		✓	✓	✓		✓			✓	✓			
491	Chocolate Fudge Cake (Pack of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
493	Minced Beef Pie and Sauté Potatoes		✓	✓	✓	✓				✓	✓		✓		✓		✓		✓	✓	✓			
495	Mini Lamb and Beef Keema Pie		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓			
496	Aubergine Parmigiana	✓			✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓			
497	Mini Potato Topped Beef and Ale Pie		✓		✓	✓				✓	✓		✓				✓		✓	✓	✓			
498	Mini Fish Pie with Crumble Topping		✓		✓	✓				✓	✓		✓	✓			✓		✓	✓	✓		✓	
499	Cheese & Ham Omelette (Pack of 2)	✓	✓		✓		✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	✓
500	Cheese & Tomato Omelette (Pack of 2)	✓	✓				✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	✓
501	Spanish Quiche (Pack of 2)	✓	✓		✓		✓	✓		✓	✓		✓	✓			✓		✓		✓	✓	✓	✓
502	Mini Cheese & Tomato Macaroni Pasta Bake	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		
503	Chilli, Chicken & Cheddar Panini	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
504	Ham, Cheddar & Wholegrain Mustard Panini		✓		✓	✓	✓	✓		✓	✓		✓	✓			✓	✓	✓		✓	✓	✓	
505	Pesto, Mozzarella & Sundried Tomato Panini	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
506	Sliced Pork Meatloaf	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓
507	Sliced Pork & Bacon Meatloaf	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓		✓		✓	✓	✓	✓
511	Blueberry Muffin	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓				✓	✓
513	Triple Chocolate Muffin	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓				✓	✓
514	Coldwater Prawns	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
525	Broccoli (5-6 Servings)	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓

Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / Lactose	Molluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts may contain traces of nuts & sesame	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
528	Mini Cod, Chips & Peas	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
529	Sliced Chicken with Mashed Potato	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		✓
530	Cumberland Pie		✓		✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓			
531	Meatball Marinara Panini				✓	✓	✓			✓	✓		✓	✓	✓		✓				✓	✓		
533	Cheese & Onion Panini		✓		✓		✓	✓		✓	✓		✓	✓			✓		✓	✓	✓	✓	✓	
534	Breakfast Panini		✓	✓	✓		✓			✓	✓	✓	✓	✓			✓	✓	✓		✓	✓		
536	Blood Orange Sorbet	✓	✓	✓	✓		✓	✓			✓		✓	✓	✓		✓	✓	✓	✓			✓	✓
537	Arctic Roll	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
538	Mince Pie Ice Cream	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	✓
549	Sauté Potatoes with Cheese & Rosemary (2 Servings)	✓			✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
551	Sausage Rolls	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓		✓		✓		✓		✓	
552	Dauphinoise Potatoes (2 Servings)	✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
556	Green Vegetables In A Wild Garlic & Herb Butter	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
557	Cauliflower & Broccoli Cheese	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
560	Baby Carrots (5-6 Servings)	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
561	Petits Pois (5-6 Servings)	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
563	Kipper Fillets	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
576	Sausage & Root Vegetable Bake		✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓				✓		✓	
577	Wild Mushroom & Butternut Risotto				✓	✓	✓		✓	✓	✓		✓		✓		✓		✓	✓	✓			
579	Mini Liver & Onions	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	
580	Mini Liver & Cocktail Sausages With Mash	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓		✓	✓	✓	
581	Mini Macaroni Cheese And Pulled Ham	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	
582	Lemon Cheesecake (Pack Of 2)	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		✓
587	Strawberry Tart	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
589	Luxury Brioche & Butter Pudding & Custard	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
590	Luxury Spotted Dick With Apricots & Custard	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
592	Salmon In A Creamy White Wine		✓	✓		✓		✓	✓	✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	
593	Cod in Parsley		✓	✓	✓	✓		✓		✓	✓		✓	✓			✓		✓	✓	✓		✓	
594	Salmon In Watercress		✓	✓	✓	✓		✓		✓	✓		✓	✓			✓		✓	✓	✓		✓	
595	Sweet & Sour Pork With Rice		✓	✓	✓		✓			✓	✓	✓	✓	✓	✓		✓							✓
596	Pork Faggot With Mashed Potato & Peas		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓				✓	
598	Mini Sausages with Red Onion Gravy		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓				✓	
608	Jam Sponge & Custard (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	✓
613	Apple & Cinnamon Pudding (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	✓
615	Apple Strudel (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓				✓	✓	✓			✓	✓
620	Rice Pudding (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
624	Chocolate Pudding (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓				✓
625	Treacle Pudding (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
626	Sticky Toffee Pudding (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
627	Lemon Pudding With Lemon Custard (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
632	Rhubarb Crumble (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
633	Apple Crumble (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
634	Blackberry & Apple Crumble (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓

Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / lactose	Moluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts may contain traces of nuts & sesame	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
635	Pineapple Upside Down Pudding (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
638	Rhubarb & Custard (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
640	Jacket Potatoes (4 Servings)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
641	Sunday Roast Beef	✓	✓		✓		✓	✓		✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		✓
642	Summer Casserole		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	
645	Woodland Chicken				✓	✓	✓		✓	✓	✓		✓		✓		✓		✓	✓	✓		✓	
648	Beef In Chianti		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓			
652	Butter Chicken Curry	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓			✓	✓	✓		
657	Beef Bourguignon		✓		✓	✓	✓			✓	✓		✓		✓		✓		✓		✓			✓
658	Coq Au Vin		✓		✓	✓	✓			✓	✓		✓		✓		✓		✓		✓		✓	
659	Liver & Bacon With Colcannon Mash	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓		✓	✓	✓	
660	Spaghetti Bolognese		✓		✓	✓	✓			✓	✓		✓		✓		✓		✓	✓	✓			✓
663	Liver & Onions	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	
665	Steak & Stout Pie		✓		✓	✓	✓			✓	✓		✓		✓		✓		✓	✓	✓	✓	✓	✓
667	Steak Diane		✓		✓	✓				✓	✓		✓		✓		✓		✓	✓	✓	✓	✓	
668	Beef & Wild Mushroom Lasagne				✓		✓			✓	✓		✓		✓		✓		✓	✓	✓			
672	Chicken & Ham Pie	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	✓
676	Cheesy Smoked Haddock Fillet	✓	✓		✓	✓		✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
684	Smoked Haddock Florentine	✓	✓		✓	✓		✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
692	Roast Lamb Dinner	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
701	Strawberry Gateau (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
702	Black Forest Gateau (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
704	Raspberry Trifle (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
712	Mini Chocolate Éclairs (Pack Of 12)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
723	Lemon Charlotte (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
732	Lemon Meringue Pie (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
742	Sherry Trifle (Pack Of 2)		✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
752	Apricot & Ginger Brulée (Pack Of 2)	✓	✓		✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
753	Bramley Apple Pie (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
754	Bakewell Tart (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓
769	Fruit Salad (4 Servings)	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
771	Cherry Sponge With Custard (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
817	Clotted Cream Vanilla Ice Cream	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
818	Chunky Ginger Ice Cream	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
819	Clotted Cream & Strawberry Ice Cream	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
821	Crunchy Toffee Ice Cream	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
822	Chocolate Fudge Ice Cream	✓	✓	✓	✓	✓	✓	✓		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
823	Rum & Raisin Ice Cream		✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓			✓	✓	✓	✓	✓	✓	✓
824	Honeycomb Ice Cream	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
826	Raspberry Sorbet	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
827	Vanilla Ice Cream (4 servings)	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
828	Strawberry Ripple Ice Cream (4 servings)	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
830	Olde English Lemon Tart (Pack Of 2)	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	✓



Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / lactose	Moluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts may contain traces of nuts & sesame	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
832	Luxury Cottage Pie				✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓			
833	Luxury Shepherds Pie		✓		✓	✓				✓	✓		✓		✓		✓		✓	✓	✓			
837	Roasted Vegetables & Goats Cheese	✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓		✓			✓	✓	✓		✓
841	Chicken & Cider Hotpot		✓		✓	✓	✓	✓		✓	✓		✓		✓		✓			✓	✓	✓	✓	
842	Salmon Pasta Bake	✓	✓		✓	✓		✓		✓	✓		✓	✓			✓			✓	✓	✓	✓	
848	Mini Tuna Pasta Bake		✓		✓	✓		✓		✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	
849	Mini Cod & Prawn Bake		✓			✓		✓		✓	✓		✓	✓			✓		✓	✓	✓		✓	
850	Mini All Day Breakfast	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓		✓		✓	✓			✓			✓
851	Mini Beef & Vegetable Hotpot		✓	✓	✓	✓				✓	✓	✓	✓	✓	✓		✓		✓	✓	✓			
852	Mini Ocean Pie		✓		✓	✓				✓	✓		✓	✓			✓		✓	✓	✓	✓	✓	
853	Mini Sausage Casserole			✓						✓	✓		✓				✓							
854	Mini Yorkshire Pudding With Cocktail Sausages	✓	✓	✓	✓		✓			✓	✓		✓	✓	✓		✓		✓		✓		✓	
858	Mini Shepherds Pie									✓	✓		✓	✓			✓		✓	✓		✓		
859	Irish Cream Cheesecake (Pack Of 2)		✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
860	Blackcurrant Cheesecake (Pack Of 2)	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
861	Cherry Cheesecake (Pack Of 2)	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
862	Strawberry Cheesecake (Pack Of 2)	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
873	Chicken Korma	✓	✓	✓	✓	✓	✓			✓			✓	✓						✓	✓	✓		✓
874	Chicken Tikka Masala	✓		✓	✓		✓			✓			✓	✓						✓				✓
875	Italian Meatballs In Tomato Sauce		✓		✓	✓	✓			✓	✓		✓	✓	✓		✓			✓	✓	✓		
876	Corned Beef Hotpot		✓	✓	✓	✓				✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	
878	Chicken Curry & Rice	✓	✓	✓	✓	✓	✓			✓			✓	✓	✓		✓			✓	✓	✓	✓	
879	Chicken In Mushroom Sauce	✓	✓	✓	✓	✓	✓			✓	✓		✓		✓		✓			✓	✓	✓	✓	✓
882	Beer Battered Cod & Chips	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓
883	Breaded Scampi & Chips	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
884	Smoked Haddock Fishcake & Chips	✓	✓	✓	✓	✓				✓	✓		✓	✓			✓		✓	✓	✓	✓	✓	✓
886	Lamb And Barley Hotpot			✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	
887	Spaghetti Carbonara	✓	✓		✓		✓			✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	✓
889	Macaroni Cheese		✓		✓	✓	✓	✓		✓	✓		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
893	Mini Liver & Bacon Hotpot	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓			✓	✓	✓	✓	
894	Mini Braised Beef, Tatties & Neeps		✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓	✓			✓
895	Mini Cottage Pie		✓	✓	✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓			
896	Mini Beef & Black Bean Chow Mein	✓	✓	✓	✓					✓	✓	✓			✓					✓		✓	✓	
897	Carrot, Swede & Horseradish Mash	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓			✓		✓	✓	✓		✓	✓
900	Turkey Platter	✓		✓				✓		✓	✓	✓	✓	✓			✓		✓			✓	✓	
908	Venison Casserole With Horseradish Mash		✓	✓	✓	✓	✓	✓		✓	✓		✓	✓			✓		✓	✓	✓		✓	
922	Mini Roast Turkey Dinner	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓						✓	
929	Mini Sausages & Mash	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓		✓					✓
930	Mini Roast Beef Dinner	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
931	Mini Roast Lamb Dinner	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
932	Mini Roast Pork Dinner	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	
933	Mini Roast Chicken Dinner	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	
942	Mini Chilli Con Carne & Rice		✓		✓	✓	✓		✓	✓	✓		✓	✓	✓		✓			✓	✓	✓		✓



Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / lactose	Molluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts may contain traces of nuts & sesame	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
943	Mini Vegetable Lasagne	✓	✓		✓		✓			✓	✓		✓	✓	✓		✓			✓	✓	✓		
944	Cumberland Sausage With Colcannon Mash	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓		✓		✓	✓	✓	
945	Mini Chicken With Mashed Potato	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
947	Mini Lamb In Mint Gravy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓		✓	✓	✓		✓	✓
950	Minced Lamb & Potato Bake			✓		✓				✓	✓		✓	✓			✓		✓	✓		✓		
952	Gammon In Onion Sauce	✓		✓				✓		✓	✓		✓	✓	✓		✓		✓			✓	✓	
959	Mini Lemon Pepper Chicken	✓		✓				✓		✓	✓		✓	✓	✓		✓			✓		✓	✓	
964	Pea & Pulled Ham Soup	✓		✓						✓	✓		✓	✓	✓		✓		✓			✓	✓	
965	Lemon Brulée (Pack Of 2)	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
966	Banoffee Pie (Pack Of 2)	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓		✓		✓	✓	✓
967	Mini Mexican Pulled Chicken		✓		✓	✓	✓			✓	✓		✓	✓			✓			✓	✓	✓		
970	Steamed Jam Pudding (Pack of 2)	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
973	Chicken Lasagne		✓		✓	✓	✓			✓	✓		✓	✓	✓		✓		✓	✓				
974	Chicken Tandoori Masala	✓	✓	✓	✓	✓	✓			✓			✓	✓			✓			✓	✓	✓		✓
975	Apple, Sultana and Cinnamon Porridge	✓		✓				✓		✓	✓		✓	✓			✓	✓	✓	✓			✓	✓
976	Granola Topped Porridge	✓		✓				✓		✓	✓		✓	✓			✓	✓	✓	✓			✓	✓
977	Prawn Curry	✓		✓						✓	✓		✓	✓			✓			✓		✓	✓	
978	Salmon & Broccoli Pie	✓						✓		✓	✓		✓	✓			✓		✓	✓			✓	
981	Mini Pork, Chicken & Ham Pie			✓						✓	✓		✓	✓			✓					✓	✓	
982	Mini Turkey, Cranberry and Barley Casserole			✓						✓	✓		✓	✓			✓			✓			✓	
983	Fish and Potato Gratin							✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	
984	Cherry Pie	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
985	Rustic Cottage Pie		✓		✓	✓				✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
986	Luxury Roast Pork Dinner	✓	✓	✓	✓		✓			✓	✓		✓	✓			✓				✓			
987	Luxury Roast Chicken Dinner	✓	✓		✓		✓			✓	✓		✓	✓	✓		✓				✓			
988	Carrot and Coriander Soup	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
989	Broccoli & Stilton Soup	✓			✓	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓	✓	✓		
990	Creamy Mushroom Soup	✓		✓	✓	✓	✓		✓	✓	✓		✓				✓		✓	✓	✓	✓	✓	
991	Macaroni Bolognese	✓	✓		✓	✓	✓			✓	✓		✓	✓	✓		✓				✓	✓		
992	Mediterranean Chicken									✓	✓		✓	✓			✓							
D100	Pureed Lemon Sponge and Custard	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	✓
D101	Pureed Rice Pudding	✓		✓	✓	✓	✓	✓		✓	✓		✓	✓			✓	✓	✓	✓		✓	✓	✓
D102	Pureed Chocolate Sponge and Custard	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	✓
D103	Pureed Spiced Apple and Custard	✓		✓	✓		✓	✓		✓	✓		✓	✓			✓	✓	✓	✓			✓	✓
D104	Mini Pureed Chicken Casserole	✓		✓	✓		✓	✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	✓
D105	Mini Pureed Lamb with Mint	✓		✓	✓		✓	✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	✓
D106	Mini Pureed Beef Casserole	✓		✓	✓		✓	✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	✓
D107	Mini Pureed Macaroni Cheese	✓			✓		✓	✓		✓			✓	✓			✓	✓	✓	✓		✓	✓	✓
D108	Pureed Mini Lancashire Hotpot	✓		✓	✓					✓	✓		✓	✓			✓		✓	✓			✓	✓
D109	Mini Pureed Fishermans Pie	✓		✓	✓			✓			✓		✓	✓			✓	✓	✓	✓		✓	✓	✓
D110	Pureed Traditional Chicken and Stuffing	✓		✓	✓		✓	✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	
D111	Pureed Hearty Chicken Casserole	✓		✓	✓		✓	✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	✓
D112	Pureed Chicken Curry	✓			✓		✓	✓		✓	✓		✓	✓			✓		✓	✓		✓		✓

Code	Product	Alcohol free	Celery	Cheese	Crustaceans / shellfish	Egg	Fish	Garlic	Gluten	Hydrogenated fat	Lupins	Milk / lactose	Molluscs	Mushrooms	Mustard	Nut & Sesame Free	Nuts may contain traces of nuts & sesame	Onion	Peppers	Pork	Soya	Sulphur Dioxide / sulphites	Tomatoes	Yeast & yeast extracts
D113	Pureed Lamb with Mint	✓		✓	✓		✓	✓		✓	✓		✓	✓		✓		✓	✓		✓	✓	✓	
D114	Pureed Beef Stew & Dumplings	✓		✓	✓		✓	✓		✓	✓		✓	✓		✓		✓	✓				✓	
D115	Pureed Roast Beef with Yorkshire Pudding & Mustard	✓			✓		✓	✓		✓	✓		✓	✓		✓		✓	✓		✓	✓	✓	
D116	Pureed Beef Bolognese with Pasta	✓		✓	✓		✓	✓		✓	✓		✓	✓		✓		✓	✓		✓	✓	✓	
D117	Pureed Fish in Creamy Cheese Sauce	✓			✓			✓			✓		✓	✓		✓	✓	✓	✓		✓	✓	✓	
D118	Pureed Salmon in Dill and Cream Sauce	✓		✓	✓			✓			✓		✓	✓		✓	✓	✓	✓		✓	✓	✓	
D119	Pureed Lancashire Hotpot			✓	✓					✓	✓		✓	✓		✓		✓	✓				✓	
D120	Pureed Sweet & Sour Chicken			✓	✓		✓	✓		✓	✓		✓	✓		✓		✓	✓				✓	
D121	Pureed Really Cheesy Macaroni Cheese	✓			✓		✓	✓			✓		✓	✓		✓	✓	✓	✓		✓	✓	✓	
D122	Pureed Pear Dessert	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
D123	Pureed Peach	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
D124	Pureed Fruit Cocktail	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
D125	Pureed Chocolate Orange Sponge with Custard	✓	✓	✓	✓		✓	✓			✓		✓	✓	✓		✓	✓	✓	✓			✓	
D126	Pureed Banoffee Pie	✓		✓	✓		✓	✓			✓		✓	✓		✓	✓	✓	✓				✓	
D127	Pureed Sticky Toffee Pudding	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	
D128	Pureed Mint Chocolate Pudding	✓	✓	✓	✓		✓	✓			✓		✓	✓	✓		✓	✓	✓	✓			✓	
D129	Pureed Fish & Chips			✓	✓			✓			✓		✓	✓		✓	✓		✓	✓				
D130	Pureed Beans on Toast	✓		✓	✓	✓	✓	✓			✓		✓	✓		✓			✓		✓			
D131	Pureed Potato and Onion Gratin	✓			✓		✓	✓			✓		✓	✓		✓		✓	✓		✓	✓		
D132	Pureed All Day Breakfast	✓		✓	✓		✓	✓		✓	✓		✓	✓		✓		✓	✓		✓			
D133	Pureed Shepherds Pie			✓	✓						✓		✓	✓		✓		✓	✓				✓	
D134	Pureed Cottage Pie	✓		✓	✓		✓	✓			✓		✓	✓		✓		✓	✓		✓	✓	✓	
D135	Pureed Omelette in Cheese Sauce.	✓			✓		✓	✓			✓		✓	✓		✓			✓		✓		✓	
D136	Pureed Scrambled Egg on Toast	✓		✓	✓		✓	✓		✓	✓		✓	✓		✓	✓	✓	✓		✓			
D137	Pureed Christmas Pudding		✓	✓	✓		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓	
D138	Pureed Turkey & Stuffing Dinner	✓		✓	✓		✓	✓			✓		✓	✓		✓		✓	✓		✓	✓		
D139	Mini Pureed Turkey & Stuffing Dinner	✓		✓	✓		✓	✓			✓		✓	✓		✓		✓	✓		✓	✓		
D140	Pureed Seasonal Casserole			✓	✓		✓				✓		✓	✓		✓		✓	✓		✓		✓	
D141	Mini Pureed Seasonal Casserole			✓	✓		✓				✓		✓	✓		✓		✓	✓		✓		✓	
F100	Fork Mashable Soft Beef Bolognese	✓		✓	✓		✓	✓			✓		✓	✓		✓		✓	✓		✓		✓	
F101	Fork Mashable Soft Cottage Pie	✓			✓		✓	✓	✓		✓		✓	✓		✓		✓	✓				✓	
F102	Fork Mashable Soft Fisherman's Pie	✓		✓	✓			✓	✓		✓		✓	✓		✓	✓	✓	✓			✓	✓	
F103	Fork Mashable Soft Lamb Casserole	✓		✓	✓		✓	✓	✓	✓	✓		✓	✓		✓		✓	✓		✓		✓	
F104	Fork Mashable Soft Chicken Casserole	✓		✓	✓		✓	✓	✓	✓	✓		✓	✓		✓		✓	✓		✓	✓	✓	
F105	Fork Mashable Soft Vegetable Cottage Pie	✓		✓	✓	✓	✓	✓		✓	✓		✓	✓		✓		✓	✓				✓	
F106	Fork Mashable Soft Macaroni Cheese	✓					✓	✓			✓		✓	✓		✓	✓	✓	✓		✓	✓	✓	
G1288	Olde English Sausages	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓		✓		✓			
G1289	Premium Pork Sausages	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓		
G1290	Smoked Back Bacon	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	
G1291	Unsmoked Back Bacon	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	
G1292	Smoked Sliced Ham	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	
X103	Individual Christmas Pudding		✓	✓	✓		✓	✓		✓	✓		✓	✓				✓	✓		✓	✓		

# 'Made Without' descriptions explained

Description	Explanation
Alcohol free	Made without alcohol.
Celery	Made without celery.
Cheese	Made without cheese.
Crustaceans / shellfish	Made without crustaceans / shellfish.
Egg	Made without eggs.
Fish	Made without fish.
Garlic	Made without garlic.
Gluten	Made without any ingredients containing gluten.
Hydrogenated fat	Made without hydrogenated fat.
Lupins	Made without lupins.
Milk / lactose	Made without milk & milk derivatives, i.e. cream, butter, cheese, yoghurt, milk powders, caseinates, lactose & whey.
Moluscs	Made without moluscs.
Mushrooms	Made without mushrooms.
Mustard	Made without mustard.
Nut & sesame free	Made without nuts or sesame seeds. As nut allergies can be so severe, we cannot guarantee that most of our main meals and desserts are nut free, as there may be traces in the environment they're prepared in.
Nuts (may contain traces)	Made using a nut free recipe, but may contain traces of nuts and sesame.
Onions	Made without onions.
Peppers	Made without peppers, i.e. capsicum, bell peppers, chilli peppers & paprika.
Pork	Made without pork.
Soya	Made without soya.
Sulphur Dioxide / sulphites	Made without Sulphur Dioxide & Sulphites - less than 10mg/kg or per litre.
Tomatoes	Made without tomatoes.
Yeast & yeast extracts	Made without yeast and yeast extracts.

