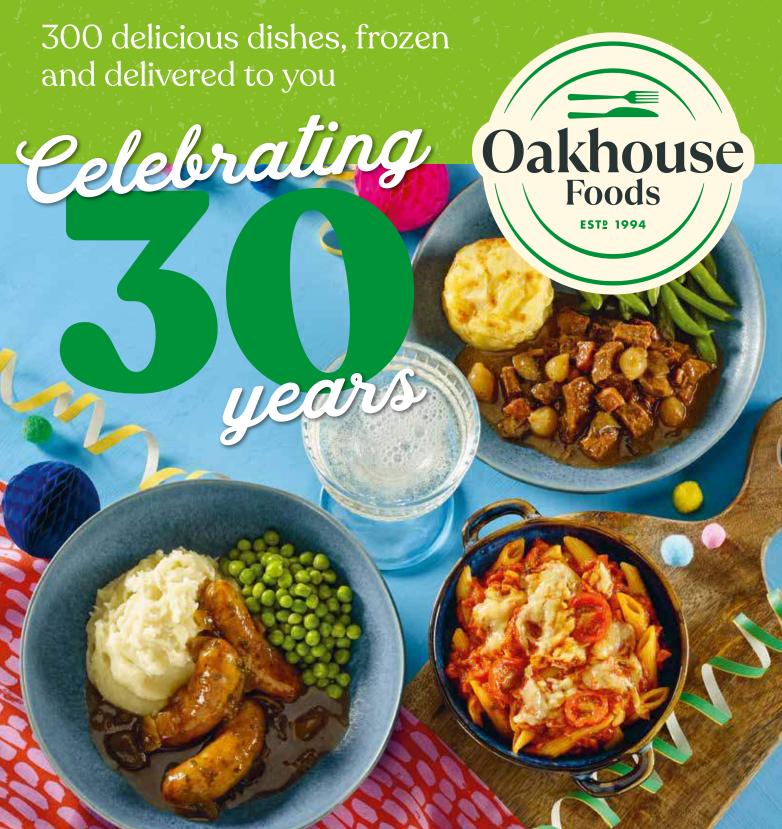
# Life in full flavour

January 2024





# Happy Birthday Oakhouse Foods

### I am over the moon to wish Oakhouse Foods a very happy 30th birthday!

30 years of producing the most delicious food and perfecting our excellent service - and we love every minute. Tuck in to our best brochure yet, featuring plenty of favourites that have stood the test of time as well as some new classics you'll want to keep ordering again and again!

With warmest wishes,

Chef Warren

Join in the celebration with your own slice of Birthday Cake

£5.45 • code 1407

See Page 68 for more details



#### PRODUCTS ON THE COVER FROM THE TOP

657 Beef Bourguignon - page 21

**1397** Big Eat Sausage

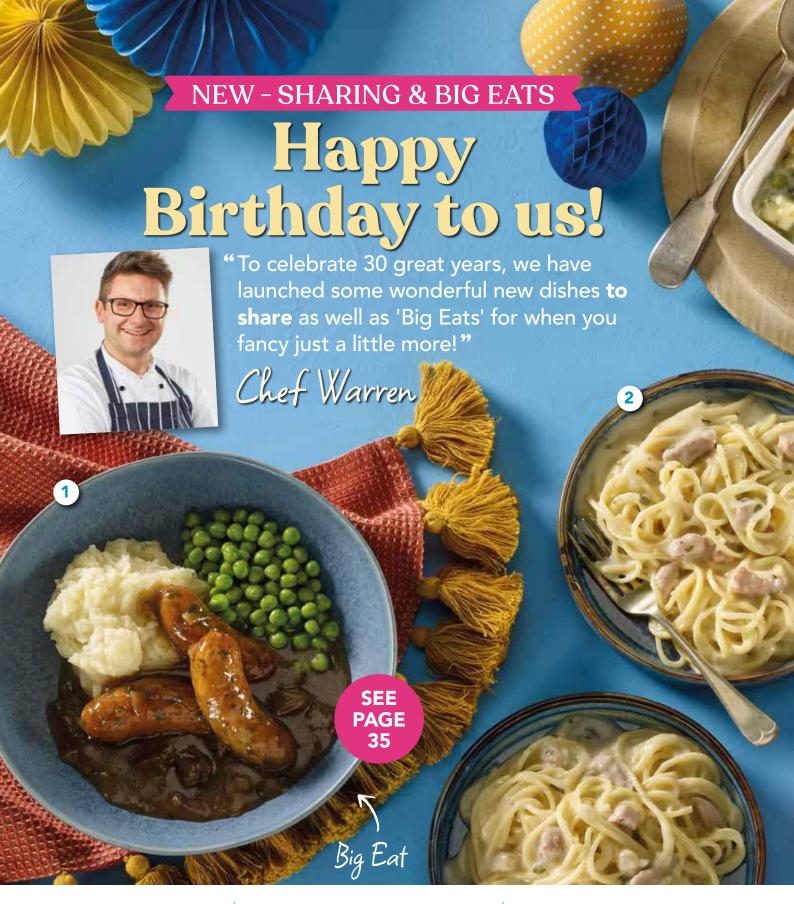
& Mash - page 35

**1399** Tomato & Mozzarella Pasta - page 38

How to order SEE PAGE 98

# JANUARY 2024 Contents:

- 16 Dishes for Sharing
- 18 Main Meals
  - 18 Beef
  - 22 Chicken
  - 28 Fish
  - 31 Lamb
  - 34 Pork
  - 37 Vegetarian
  - 40 Mini Meals
    - 40 Mini Beef
    - 43 Mini Chicken
    - 46 Mini Fish
    - 48 Mini Lamb
    - 50 Mini Pork
    - **52** Mini Vegetarian
  - 55 Light Meals & Soups
- 58 Takeaway Dishes
- **64 Desserts** 
  - **64** Hot Desserts
  - **67** Cold Desserts
  - 72 Ice Cream & Fruit
- 74 Side Dishes
- **76** Breakfast
- **78** Easy Order Packs
- 82 It's Made For You
- 98 How to Order



# 1397 - BIG EAT Sausage & Mash

Pork and leek sausages, with an onion gravy, peas and mashed potato.

£6.90

550g

#### 2 1395 - SHARING Spaghetti Carbonara

Spaghetti topped with carbonarastyle cream and smoked ham sauce.

£10.25

800g Serves 2

# **3** 1394 - SHARING Fish Pie

Hoki, smoked haddock and salmon pieces in a rich, cream and cheese sauce. Topped with buttery mash.

£9.99

800g Serves 2



# 1398 - BIG EAT Chicken with Pancetta & Mushrooms

Chicken in a mushroom and smoked pancetta sauce, served with buttery mash and savoy cabbage.

£7.90

500g

#### 5 1393 - SHARING Macaroni Cheese

Macaroni in a rich cheese sauce, topped with mature Cheddar cheese.

£9.50

800g Serves 2

See all our sharing dishes on page 16



# 1 477 - Chicken & Mushroom Pie

Chicken breast and mushrooms in a creamy chicken and mushroom sauce topped with puff pastry. With mashed potato, carrots, peas, green beans, broad beans and sweetcorn.

**£6.10** 420g

# 2 305 - Lancashire Hotpot

Diced leg of lamb, steam cooked for extra tenderness. Cooked with carrots, leeks and swede in a lamb and beef gravy and topped with sliced potato.

£6.99

400g

#### 314 - Mini Cumberland Pie

Minced beef with turnips, onions and swede in a rich, red wine gravy. Topped with mashed potato.

£3.75



# 221 - Sausages & Mash

Two great quality pork sausages in a rich tomato and onion gravy. Served with buttery mashed potato and peas.

£4.99

400g

218 - Shepherd's Pie Made with lean minced lamb slow-cooked in a lamb and vegetable gravy. Topped with mashed potato, sprinkled with mature Cheddar cheese and served with green beans.

£5.99

390g

#### 660 - Spaghetti Bolognese

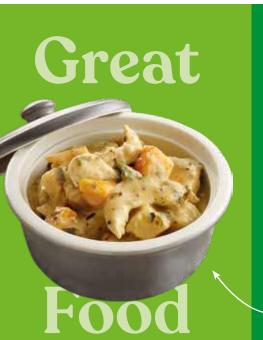
A rich Bolognese sauce made with beef, tomatoes, onions and mushrooms in a red wine sauce. Served with spaghetti and topped with cheese.

£5.50



# With Love From Our Oakhouse Family

To celebrate our 30th birthday, we wanted to share some of our lovely Oakhouse network's favourite dishes.



66 Our Honey & Mustard Chicken is what I always recommend to customers - it's the perfect blend of flavours. ??

Marion Zaar, East Midlands

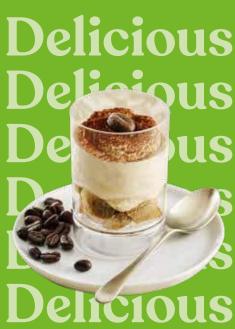
417 - Honey & Mustard Chicken - Page 24



66 The Tiramisu is my go to whatever the weather. The rich creamy centre with coffee-soaked sponges is just perfect. 99

Dan Gregory, Customer Services

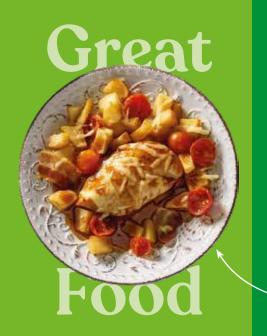
263 - Tiramisu (twin pack) - Page 71



66 Who doesn't love a pie? Our Steak & Ale is my favourite - such a rich blend of ale in the gravy. 99

Donald Campbell, Glasgow

1364 - Steak & Ale Pie - Page 20



66 I love the flavour and richness of the barbecue sauce on the Hunter's Chicken – it's just delicious.99

Paul Williams, North Wales

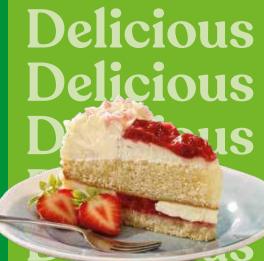
352 - Hunter's Chicken - Page 24



66 The Strawberry Gateau is my favourite - it's the perfect reminder of summer! 99

Helen Howells-Cook, Kent

701 - Strawberry Gateau (twin pack) - Page 67



Delicious

66 It evokes lovely memories for methis one is just like my Gran used to make; rich, delicious & comforting.99

Mandie, Exeter

200 - Bread & Butter Pudding (twin pack) - Page 66



66 Cottage Pie is a total classic – it's definitely a customer favourite but it's usually our go to as well.??

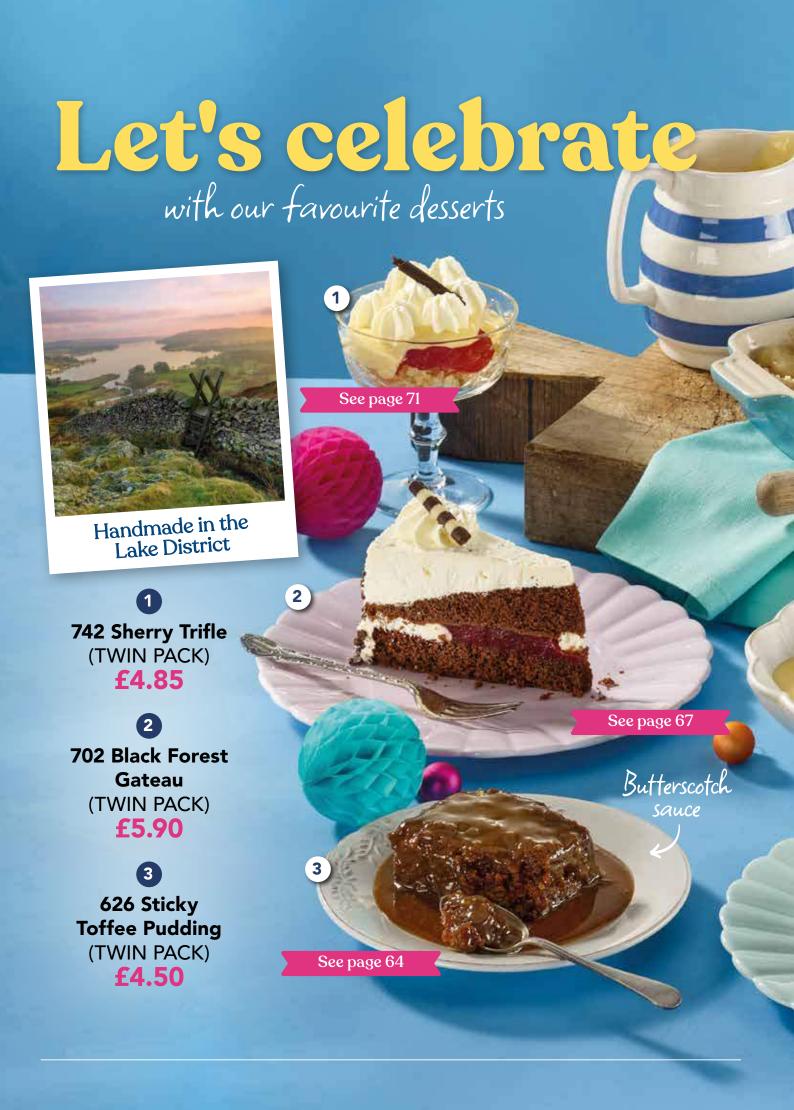
Rob & Tracey Kirkup, Blackpool

211 - Cottage Pie Meal - Page 19



Do you need a little inspiration?

Your local team is only a phone call away!







# Saving time, energy and money!

Cooking our Lasagne	Microwave 800W	Electric Oven
Average time taken	8 minutes	45 minutes
Average energy consumption	0.144 kWh	0.6525 kWh
Energy cost	3.9p	17.6p

The average cost of electricity per kilowatt per hour (kWh) in the UK is 27p based on Ofgem price cap effective from 1st October 2023.

## The BIG LASAGNE Challenge!

We challenged our own Chef Warren to make our customer-favourite, Lasagne, to see how home-prepared compares with our just-like-home, ready-to-go version.



40 mins

#### **Shopping:**

Chef Warren's first
40 minutes were
spent driving to the
shops, selecting his
ingredients waiting in
queues to pay, before
returning home.



•

**30** 

#### Preparing:

Upon return, it took
Chef Warren half an
hour to prepare and
chop the ingredients,
producing the ragu and
then white sauce before
layering the lasagne.



60 mins

#### Cooking:

Finally, an hour in the oven (whilst Chef Warren did the washing up!) before the finished dish was ready.

Total time: 2hrs 10 minutes!



**OAKHOUSE FOODS FOR** 

# Morning, Noon & Night

Here at Oakhouse Foods we don't just offer dinner.

Treat yourself to one of our hot breakfasts, or try one of our light bites for a quick and easy lunch.



**Don't forget** 

### **BREAKFAST**

From a light porridge to the full English, we have breakfast options for everyone. Our Big Breakfast can even double up as a main meal, if you fancy having brunch. And if you would rather make your own, then don't worry – we've got you covered! With options, like smoked back bacon, to help you craft your perfect breakfast.

**1409** Big Breakfast - **£7.40** –



Let's dig in to LUNCH

We have plenty of light lunch options to tuck into.

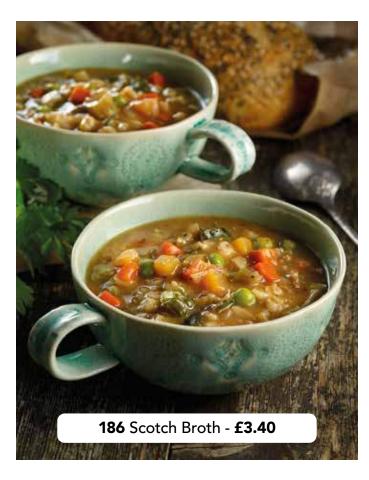
Perfect for a quick pick-me-up or afternoon tea.

993 Ham, Cheddar & Wholegrain Mustard Panini - £4.99



"Ideal for lunch with a salad"

JILLIAN





With 126 Main & 71 Mini meals you're spoilt for choice!



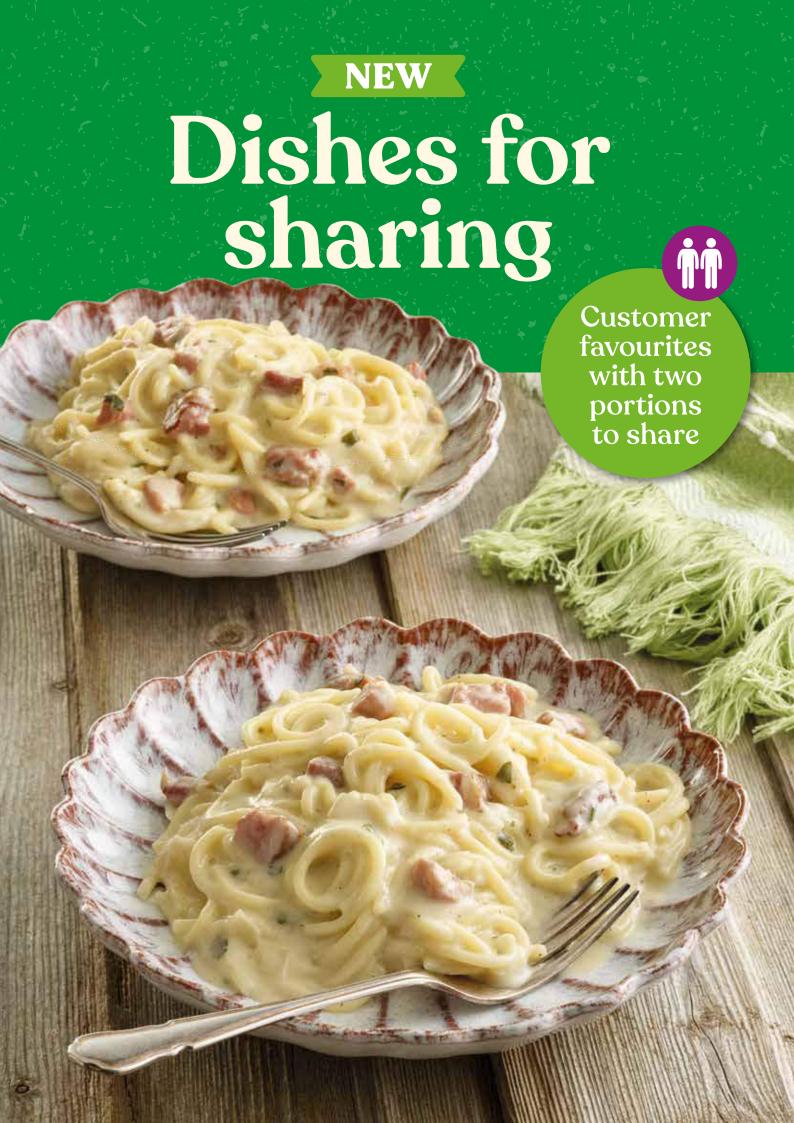
Just one of our best-selling meals! Look out for the TOP PICK roundels to see our customers' favourites.



Ordering couldn't be easier - simply

call us, to discuss our range.

oakhousefoods.co.uk





1394 - Sharing Fish Pie

Hoki, smoked haddock and salmon pieces in a rich, cream and cheese sauce. Topped with buttery mash. Oven only

£9.99



800g



1395 - Sharing Spaghetti Carbonara

Spaghetti topped with carbonara-style cream and smoked ham sauce. Oven only

£10.25



800g



1393 - Sharing Macaroni Cheese

Macaroni in a rich cheese sauce, topped with mature Cheddar cheese. Oven only

£9.50





800g



1396 - Sharing Apple Crumble & Custard

Gently stewed apples with a crisp, crumble topping and a rich, vanilla custard. Oven only

£6.15



# Beef Dishes

Tuck into our delicious, melt-in-themouth beef dishes. There's a reason so many are customer favourites.





#### 208 - Beef & Kidney Pie

Pieces of beef and kidney in a rich gravy, topped with a puff pastry lid. Served with mashed potato and peas.

£5.40



**360g** 



#### 285 - Beef & **Vegetable Hotpot**

Braised beef, carrots, peas, onions, swede and parsnips in a beef gravy, topped with golden sauté potatoes.

£6.10



380g



#### 1354 - Beef Casserole

Beef, potatoes, silverskin onions and wholesome root vegetables, simmered in a rich, red wine gravy.

£7.40

400g









#### 286 - Beef Stew & Dumpling

Made with tender chunks of beef, leeks, carrots, swede, mushrooms and onions in a red wine gravy. Served with a baked parsley, thyme and sage dumpling.

£7.40

420g





#### 1300 - Roast Beef Dinner

Sliced topside of beef in a rich gravy. Served with roast potatoes, parsnips, carrots and peas.

£7.30













#### **530** -**Cumberland Pie**

Minced beef with turnip, onion and swede in a rich, red wine gravy, topped with mashed potato.

£4.99 400g 



#### 304 - Cottage Pie

Minced beef, diced carrots and peas in rich onion gravy, topped with mashed potato.

£4.99

400g







#### 660 - Spaghetti **Bolognese**

A rich Bolognese sauce made with beef, tomatoes, onions and mushrooms in a red wine sauce. Served with spaghetti and topped with cheese.

£5.50 400g



#### 211 - Cottage Pie Meal

Lean, minced beef, slow cooked in a beef and Worcestershire sauce gravy, topped with buttery mashed potato and served with green beans, sweetcorn and carrots.

£5.40

**395**g







Bolognese layered with sheets of pasta and topped with a béchamel sauce and a cheese and parsley crumb.

£5.40 400g





#### 407 - Steak & **Kidney Pudding**

A handmade, steamed suet pudding filled with tender pieces of beef and kidney in a rich gravy.

Microwave only **Defrost before cooking** 

£3.75 190g



#### 1381 - Beef **Bolognese Pasta** Bake

Penne pasta in a beef, tomato, mushroom and red wine sauce topped with Cheddar and mozzarella cheese.

£6.50 380g





#### 474 - Steak & Mushroom Pie

Chunks of tender beef with chestnut mushrooms in a red wine sauce, topped with puff pastry and served with mashed potato, green beans and carrots.

£6.30







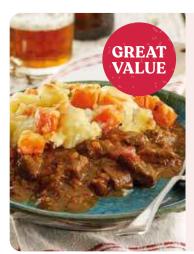












#### 985 - Rustic Cottage Pie

Tender pieces of braised beef in a rich red wine gravy, topped with potatoes and carrots. Garnished with a sprinkling of Cheddar cheese.

£4.40 <u>(S) (O)</u> (1)

400g



#### 173 - Hunter's Pie

Tender venison, carrots, peas and pancetta in a rich red wine gravy, topped with a layer of mashed potato and lightly grilled mature Cheddar cheese.

£6.75

380g





#### 1378 - Chilli con Carne

Minced lean beef and kidney beans in a tomato and red pepper sauce, mildly spiced with chilli. Served with white rice.

£4.45 **365**g



#### 303 - Corned **Beef Hash**

A combination of corned beef, baked beans and onions in a rich tomato sauce. Served with sauté potatoes.

£5.15 

375g



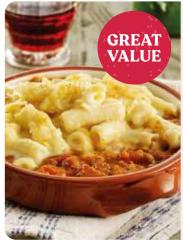
#### 115 - Beef Stroganoff

Sautéed strips of beef in a rich cream and brandy sauce. Served with white rice.

£6.95

380g





#### 991 - Macaroni **Bolognese**

A rich beef and pork Bolognese layered with macaroni in a cheese sauce, topped with mature Cheddar cheese.

£3.99

350g





#### 215 - Beef Curry

Pieces of marinated beef, onions and peppers in a masalabased curry sauce. Served with white rice.

£6.99

400g





#### 668 - Beef & Wild Mushroom Lasagne

Layers of rich Bolognese sauce and pasta sheets, topped with a creamy, wild mushroom sauce.

£6.60

### THE OAKHOUSE Signature « RANGE



#### 1364 - Steak & Ale Pie

A hearty steak pie filled with a rich, ale gravy, topped with a butter puff pastry lid. Served with wholegrain mustard mashed potato.



420g





#### 657 - Beef Bourguignon

Marinated beef with slices of chestnut mushroom in a rich, herby red wine sauce. Served with rich dauphinoise potatoes and green beans.

£7.70

**380**g









#### **832 - Luxury** Cottage Pie

Tender beef, slowcooked in a rich red wine and herb sauce, topped with creamy mashed potato and finished with a mix of Cheddar and Parmesan cheeses, parsley and breadcrumbs.

Oven only

£6.50 435g





#### 1307 - Luxury **Roast Beef** Dinner

Sliced topside of beef in a rich and luxurious beef gravy. Served with roasted potatoes and parsnips, carrots, cauliflower and broccoli cheese, and a Yorkshire pudding. Oven only

£7.50

500g







#### 135 - BBQ Beef **Brisket with** Carrots & **Potatoes**

Made with slowcooked beef brisket for extra tenderness, in a smoky BBQ sauce. Served with seasoned potatoes and carrots.

£7.85

400g



#### 667 - Steak Diane

Tender beef brisket and slices of chestnut mushrooms in a creamy sauce with a hint of brandy. Served with rich dauphinoise potatoes and green beans.

£7.40









# Chicken Dishes

Our chicken dishes are our most popular. So why not order one today? Delicious!

Sweet & Sour Chicken See page 25



#### **TOP PICK**



#### 1301 - Roast Chicken Dinner

Premium slices of chicken in a rich gravy. Served with roast potatoes, parsnips, carrots, peas, and stuffing.

£6.60 **6 1 1 1 1 1 1** 







380g



#### 1314 - Chicken **Breast Platter**

Premium slices of chicken breast in a rich chicken gravy. Served with mashed potato, green beans, carrots and stuffing.

£6.15









400g



smothered in a lightly seasoned, creamy mushroom sauce. Served with herby sauté potatoes, green beans and whole baby carrots.

£6.10

380g











#### 477 - Chicken & **Mushroom Pie** with Vegetables

Chicken breast and mushrooms in a creamy chicken and mushroom sauce topped with puff pastry. With mashed potato, carrots, peas, green beans, broad beans and sweetcorn.

£6.10

420g





#### 108 - Chicken, Leek & Bacon Pie

Chicken in a creamy leek and bacon sauce, topped with puff pastry. Served with mashed potato and carrots. Oven only

£6.15









#### **NEW - BIG EAT**



#### 1398 - Chicken with Pancetta & **Mushroom Big Eat**

Chicken in a mushroom and smoked pancetta sauce, served with buttery mash and savoy cabbage.

£7.90 **(5)** 



500g



#### 1373 - Chicken Fillet Cassoulet

A delicious, French-style cassoulet with tender chicken fillet, borlotti and butter beans.

£6.65

400g





#### 1323 - Chicken Casserole with **Vegetable Mash**

Chicken with mushrooms, leeks and mixed peppers in a red wine sauce. Served with carrot and potato mash and green beans.

£6.25

400g









# **NEW RECIPE**

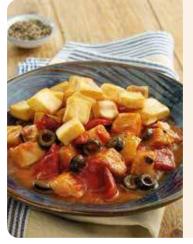
#### 995 - Chicken Casserole with Herb **Dumplings**

Chicken in a rich chicken and vegetable gravy with herb dumplings.

£6.25 🕒 🕮



400g



#### 1386 - Chicken Cacciatore with Olives

Chicken in a cacciatore sauce, served with fried potatoes and sliced black olives.

£6.95

380g







Chicken in a white wine and garlic sauce, served with green beans and mashed potato.

£6.35





















#### 841 - Chicken & Cider Hotpot

Tender chicken pieces with vegetables in a cider, cream and sage sauce, topped with sauté potatoes and West Country Cheddar cheese.



360g



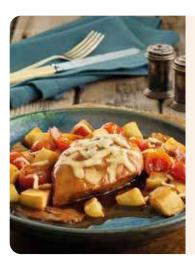
#### 417 - Honey & **Mustard Chicken** Hotpot

Chicken with carrots, parsnips, swede, leeks and herby potatoes in a creamy honey and mustard sauce.

£6.90

420g





#### 352 - Hunter's Chicken

A tender chicken breast marinated in a barbecue sauce with smoked streaky bacon. Served with cherry tomatoes and diced sauté potatoes and topped with mozzarella and Cheddar cheese.

£6.60

400g





#### 167 - BBQ Chicken Bake

Tender chicken breast strips in a tangy handmade barbecue sauce, topped with smoky bacon rashers, grated Monterey Jack cheese and crispy hash brown bites.

£6.55

400g



#### 139 - Chicken & **Stuffing Bake**

Tender chicken breast pieces, sage and onion stuffing, herby potatoes, carrots and leeks in a rich savoury sauce, topped with crispy grilled bacon rashers.

£6.40

450g









#### 1361 - Chicken with Orange & Rosemary

Tender chicken in a tasty orange, Madeira and rosemary sauce. Served with rice.

£6.50

400g







#### 1382 - Chicken & Chorizo Paella

Spiced rice with a tomato, wine and herb sauce, chargrilled, marinated chicken breast, red peppers and roasted chorizo.

£6.99







#### 179 - Chicken Supreme

Tender pieces of chicken breast, button mushrooms and ham in a creamy sauce. Served with rice mixed with peas and sweetcorn.

£5.40



# **GREAT VALUE**

#### 523 - Sweet & Sour Chicken

Pieces of chicken breast, onion and pineapple in a sweet and sour sauce. Served with egg-fried rice mixed with red and green peppers.

£4.95 380g



#### 1375 - Chicken Enchilada

Tender chicken breast pieces cooked in a delicious, gently-spiced tomato and pepper salsa, wrapped in a soft tortilla and topped with Cheddar cheese.

£5.35 350g



#### 351 - Hong Kong Chicken

A fruity sweet and sour dish of chicken, pineapple, red peppers, broccoli, spring onions, red chillies, ginger and garlic. Served with egg noodles.

£6.30

400g





#### 1368 - Chicken & Mushroom Risotto

Risotto rice cooked in white wine, cream and cheese, topped with mushrooms and tender chicken.

£7.15

400g





#### 1367 - Chicken **Tagine with Rice**

Tender chicken pieces in a Moroccan-style spiced sauce with chickpeas, aubergine, apricots and aromatic rice.

£5.30

315g



(S) GF (IP)



#### 1351 - Chicken & Bacon Pasta Bake

Penne pasta with streaky bacon and chicken in a Cheddar cheese sauce, topped with herbs and breadcrumbs.

£6.30

**360**g







#### 387 - Chicken Stir Fry

Chicken breast, carrots, peppers and red chillies in a tangy, Orientalstyle sauce. Served with noodles.

£6.60

430g

25























1878 - Chicken **Curry & Rice** Chicken in a mild curry

sauce. Served with rice.





#### 1383 - Chicken Madras

Chicken breast pieces in a medium-spiced madras sauce made with onion, tomato, coconut, cashew nuts and spices. Served with long-grain turmeric rice.

£5.99 380g





#### 1138 - Chicken Jalfrezi

Tender pieces of chicken with green and red peppers in a mediumheat jalfrezi sauce. Served with rice.

£5.20 400g





#### 1391 - Fruity Chicken Curry

Chicken breast pieces mixed with apricots, pineapple and sultanas in a mild and fruity curry sauce, served with basmati rice.

£6.30 400g





#### 652 - Butter **Chicken Curry**

Pieces of chicken breast and onions in a mild, buttery curry sauce made with cream, tomato, ginger and seasoned with spices. Served with rice.

£6.20

400g







#### 1385 - Chicken Tikka Masala

Chicken breast pieces in a medium-spiced tikka masala sauce made with tomato, cream, yoghurt, coriander and spices. Served with long-grain turmeric rice.

£6.50 380g





#### 1392 - Chicken Korma

Chicken breast pieces in a mild creamy korma sauce, served with rice.

£6.25



400g



#### 1521 - Thai Green Chicken Curry

Chicken breast pieces in a spicy coconut and lemongrass sauce with peppers and green beans. Served with rice.

£5.20



# THE OAKHOUSE Signature ~ RANGE



#### 658 - Coq au Vin

Tender pieces of chicken breast, ham and chicken livers in a herby red wine and brandy sauce. Served with creamy dauphinoise potatoes and broccoli florets.

"A very tasty and satisfying meal" JOSEPH

**Trustpilot**  $\star$   $\star$   $\star$   $\star$ 



£7.40

400g



#### 284 - Chicken Breast **Wrapped in Bacon**

A chicken breast wrapped in streaky bacon, topped with an onion and thyme sauce, sweetened with apricot jam. Served with mashed potato and green beans.

£7.30



435g



#### 1311 - Luxury Roast Turkey Dinner

Slices of turkey in a rich gravy. Served with roast potatoes, parsnips and carrots, broccoli florets, Brussels sprouts, Yorkshire pudding, stuffing and a pig in blanket.

Oven only

£7.50







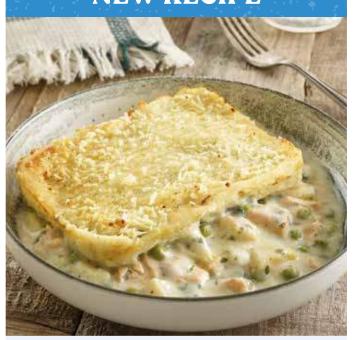


# Fish Dishes

We have so many great fish dishes to tantalise your tastebuds - which one will you choose next?



#### **NEW RECIPE**



#### 1408 - Fish Pie

Hoki, smoked haddock and salmon pieces in a rich, cream and cheese sauce. Topped with buttery mash. Also available as a two portion meal - see page 16



#### **327 - Cod & Prawn**

Cod, prawns and sweetcorn in a light cheese sauce seasoned with mustard and parsley, topped with sauté potatoes.

£6.15

**340**g





**Potato Gratin** 

A tasty mix of prawns, smoked haddock, hoki and cod, in a light cheese and herb sauce, topped with sauté potatoes and sprinkled with mature Cheddar cheese.

£6.60

380g







#### 329 - Salmon & **Broccoli Bake**

Salmon, onion and broccoli cooked in a dill sauce, topped with sauté potatoes.

£6.55





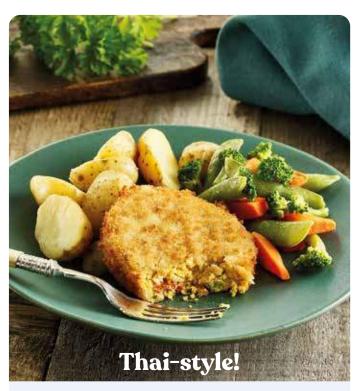


#### 419 - Smoked Haddock & Bacon Gratin

Chunky smoked haddock and gammon with sweetcorn and broccoli in a creamy cheese and white wine sauce, topped with sauté potatoes, breadcrumbs and cheese.

£6.99





1360 - Salmon Fishcake & Vegetables Thai-style salmon fishcake with vegetables and new

£5.25 **6 9 9 9** 

potatoes.

335g



883 - Scampi & Chips Wholetail scampi in crisp breadcrumbs. Served with thick-cut chips. - Oven only

£6.85 🕒 🖸



240 - Cod, Chips & Peas

A portion of flaky cod in golden breadcrumbs. Served with chips and peas.

£5.75





#### 884 - Smoked Haddock Fishcake & Chips

300g

A smoked haddock fishcake in a light, herby crumb coating. Served with thick-cut chips. Oven only

£5.65 **314**g



#### 592 - Salmon in White Wine

Scottish salmon in a creamy white wine sauce. Served with whole green beans and baby new potatoes.

£6.50









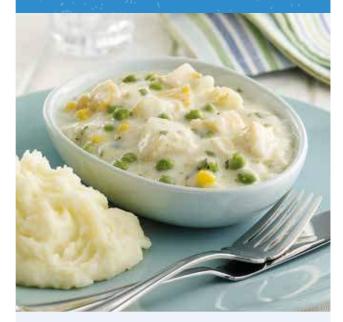








#### **TOP PICK**



#### 136 - Smoked Haddock with Cheese & Sweetcorn

Oak and beech-smoked, sustainable haddock with peas and juicy sweetcorn in a rich Cheddar cheese sauce. Served with buttery mashed potato.

£6.35 🕒



380g

#### TOP PICK



#### 842 - Salmon Pasta Bake

Flakes of salmon, spinach and penne pasta in a creamy cheese sauce, topped with a crispy herb crumb.

£5.99



405g

# THE OAKHOUSE gnature RANGE



#### 684 - Smoked Haddock Florentine

A chunky smoked haddock fillet with a Cheddar cheese sauce and tasty parsley breadcrumbs. Served on a bed of spinach with thinly sliced potatoes.

£7.40



415g



#### 1379 - Cod in Parsley

Cod and garden peas in a creamy Madeira and parsley sauce. Served with mashed potato.

Oven only

£6.99





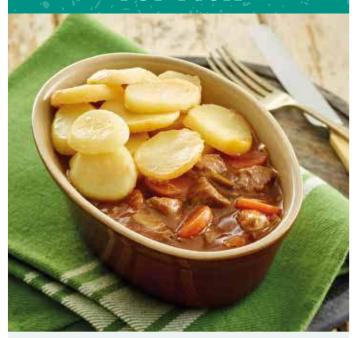
# Lamb Dishes

We love lamb so our range has been carefully curated to show off this tender and flavourful meat.

Luxury Roast Lamb Dinner See page 33



#### **TOP PICK**



#### **305 - Lancashire Hotpot**

Diced leg of lamb, steam-cooked for extra tenderness. With carrots, leeks and swede in a lamb and beef gravy, topped with sliced potato.





400g



#### 663 - Liver & Onions

Slices of slow-cooked lamb's liver, in a tasty onion gravy. Accompanied by buttery mashed potato and peas.

£4.75

400g









steam-cooked lamb's liver and bacon in a rich onion gravy. Served with colcannon mashed potato.

£5.85

400g



£6.99





#### 1315 - Lamb **Platter**

Sliced leg of lamb in a rich gravy. Served with mashed potato, green beans and carrots.

£6.99

400g







#### 1326 - Lamb Casserole

Lamb with baby potatoes, carrots, silverskin onions and peas in a rich gravy.

£6.99

400g





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#### 218 - Shepherd's Pie

Made with lean minced lamb, slow-cooked in a lamb and vegetable gravy, topped with mashed potato, sprinkled with mature Cheddar cheese and served with green beans.

£5.99 **6 6 1** 





390g



#### 266 - Moussaka

Minced lamb in a traditionally-seasoned, rich tomato sauce, topped with thinly sliced aubergines, sauté potatoes and a creamy cheese sauce with nutmeg.

£6.15

400g



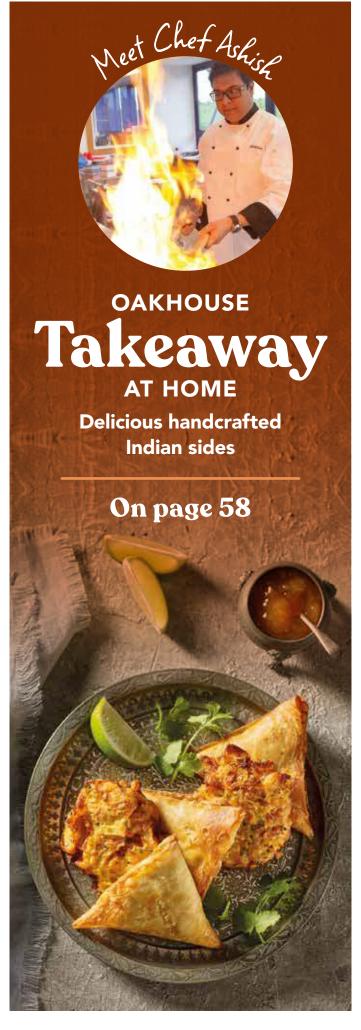




#### 405 - Lamb Bhuna

Lamb in a rich curry sauce with tomatoes and onions. Served with basmati rice.

£6.99 IS GF 1



# THE OAKHOUSE Signature ~ RANGE



1309 - Luxury Roast Lamb Dinner

Sliced leg of lamb in a rich gravy. Served with roasted potatoes and parsnips, red cabbage and apple, sugarsnap peas, carrots and a Yorkshire pudding.

Oven only

£7.85



500g



1348 - Lamb & Vegetable Medley

Lamb with new potatoes, red cabbage, carrots, peas and onions in a red wine gravy.



£7.30





400g



#### 1356 - Lamb, Cranberry & Redcurrant Hotpot

Diced leg of lamb, parsnips, carrots, swede and cranberries in a lamb, mint and redcurrant gravy, topped with sauté potatoes.

£6.99



380g



#### 833 - Luxury Shepherd's Pie

Tender lamb, slow-cooked in a rich red wine sauce, topped with creamy mashed potato and sprinkled with cheese. Finished with a parsley and breadcrumb topping.

Oven only

£6.99





## **Pork Dishes**

Succulent pork dishes to whet any appetite. From Sausages & Mash to Sweet & Sour Pork.



# **TOP PICK**

#### 875 - Italian Meatballs in Tomato Sauce

Italian-style pork and beef meatballs, onions and herbs cooked in a rich tomato sauce with a hint of chilli, topped with a cheese and herb crumb and served on a bed of spaghetti.

£6.10



400g



#### 1303 - Roast **Pork Dinner**

Slices of pork in a rich gravy. Served with roast potatoes, Savoy cabbage, green beans, honey-roast parsnips and stuffing.

£6.45

380g





#### 250 - Sausages in Caramelised Onion Gravy

Pork sausages in a cider and caramelised onion gravy. Served with Cheddar cheese and mustard mashed potato and peas.

£5.15

440g





#### 1350 - Pork & Leek Sausages with Cauliflower Cheese Mash

Delicious pork and leek sausages served with a cauliflower cheese and potato mash, in a rich cider and apple sauce.

£5.85

380g





#### 596 - Pork Faggot with Mashed Potato & Peas

A tender pork faggot in a roast onion and red wine gravy. Served with buttery mashed potato and peas.

£4.85







#### 221 - Sausages & Mash

Two great-quality pork sausages in a rich tomato and onion gravy. Served with buttery mash and peas on the side.

£4.99

400g





#### 944 -Cumberland Sausages with Colcannon Mash

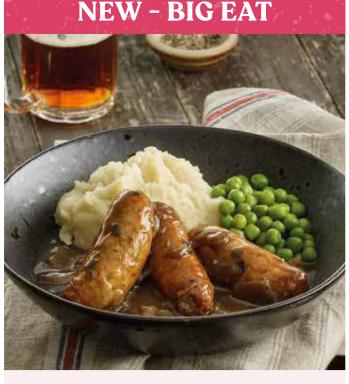
Seasoned Cumberland sausages with onion gravy. Served with tasty colcannon mashed potato and peas.

£5.99

380g







1397 - Sausage & Mash Big Eat

Pork and leek sausages, with an onion gravy, peas and mashed potato.

£6.90 🕒



550g



#### 224 - Sausages, Chips & Beans

Two pork sausages served with golden chips and baked beans.

£4.90

380g



#### 1376 - Pork Goulash

Melt-in-the-mouth pork in a rich tomato stew, flavoured with smoky paprika for an authentic taste.

£6.60 

400g







Classic carbonaraspaghetti in a rich and creamy cheese and smoky bacon sauce.

Also available as a two person meal - see page 16

£5.99

400g



#### 1366 - Tuscan Style Pasta Ragu

A Tuscan-style sausage ragu with a generous sprinkling of Parmesan cheese just to top it off.

£5.70









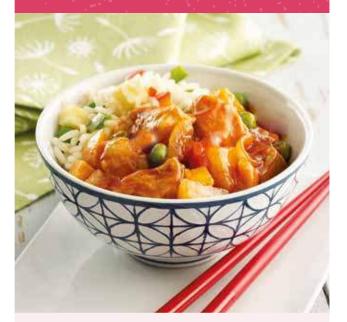








#### **TOP PICK**



#### 616 - Sweet & Sour Pork

Tender pieces of pork with onions, pineapple and peppers in a sweet and sour sauce. Served with egg-fried rice mixed with diced red and green peppers.

£5.85 0

400g

#### FIVE STAR FAVOURITE



#### 287 - Macaroni Cheese with Bacon

Pasta in a cheese sauce with butternut squash, cherry tomatoes, bacon pieces and a Cheddar cheese and parsley crumb topping.

£6.25



375g

# THE OAKHOUSE gnature RANGE



#### **424 - Pork with** a Port & Plum Sauce

Pork with port and plum sauce. Served with broccoli florets, sliced carrots, roast potatoes and parsnips.

£7.85

545g





#### 423 - Pork with a Mulled Apple Sauce

Pork with roast potatoes, crushed carrots and swede with buttered savoy cabbage in a rich mulled apple sauce.

£7.85

470g



#### 1310 - Luxury **Roast Pork** Dinner

Slices of pork in a rich gravy. Served with roast potatoes, parsnips and carrots, cauliflower cheese, savoy cabbage, stuffing and a Yorkshire pudding.

Oven only

£7.50

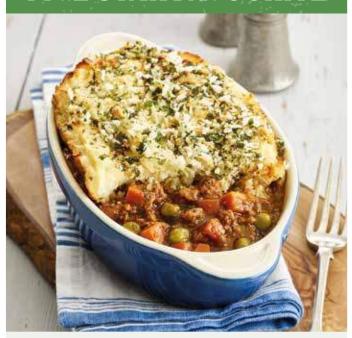






# Vegetarian Try one of our delicious veggie meals - even meat-eaters love Roasted Vegetable Lasagne — See page 39 our great range!

# **FIVE STAR FAVOURITE**



# 524 - Quorn & Vegetable Pie

Quorn, carrots and peas in a red wine gravy topped with buttery mashed potato. Finished off with breadcrumbs, Cheddar cheese and flat leaf parsley.

£5.70

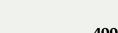








400g





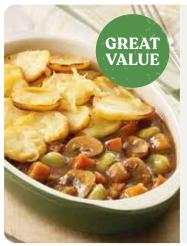
#### 294 - Ratatouille

Courgettes, red and green peppers, slow roasted cherry tomatoes and onions in a tomato sauce, topped with mozzarella and Cheddar cheese.

£5.85



**350**g



# 1380 - Vegetable Hotpot

Vegetables and sauté potatoes in a savoury gravy, topped with mozzarella and Cheddar cheese.

£4.90













# **166 - Creamy** Leek & Potato Bake

Chopped leeks, onions and spring onions in a cream, cheese and mustard sauce, topped with sliced potatoes and mature Cheddar cheese.

£4.99

420g





# 1365 - Cheese & **Onion Pie**

Potato, onion, spring onion and mature Cheddar cheese in a cream sauce, topped with a light puff pastry lid. Served with baked beans.

£5.55





# 1399 - Tomato & Mozzarella Pasta

Penne pasta in a tomato sauce with mozzarella and white Cheddar and roasted cherry tomatoes.

£5.99 **©** 



400g



# 1384 - Mushroom Stroganoff with Rice

Roasted chestnut and white mushrooms in a creamy brandy sauce. Served with a flavoursome blend of rice and peas.

£5.99

380g











# 288 - Vegetable Rigatoni

Rigatoni pasta in a rich sauce with marinated slow-roasted tomatoes, asparagus and basil, butternut squash and onion with Italian-style hard cheese.

£5.85

375g







# 889 - Macaroni Cheese

Macaroni pasta in a rich, three-cheese sauce. Finished with a layer of mature Cheddar cheese.

Also available as a two person meal - see page 16

£5.99

400g





# 257 - Butternut Squash & Vegetable Lasagne

Butternut squash, sweet potato, red onions, spinach, slow-roasted tomatoes and lentils in tomato sauce, with wholewheat pasta topped with cheese sauce and a scattering of mature Cheddar cheese.

£5.99

400g









# 472 - Cauliflower Cheese

Tender cauliflower florets in a tasty cheese sauce. Finished with breadcrumbs and grated mature Cheddar cheese.

Also good as a side dish

£4.75





# 1374 - Vegetable Thai Green Curry

A traditional Thai green curry with warming spices, green beans, butternut squash and red peppers. Served with fluffy rice.

£5.90





# 1337 - Vegetable **Sweet & Sour**

Peppers, sweet potato, broccoli and carrots served in a sweet and sour sauce. Served with egg-fried rice mixed with peas.

£5.20

400g









# 1390 - Vegetable Tikka

Chunky vegetables in a medium-spiced masala sauce, served with rice. Topped with a sprinkling of coriander.

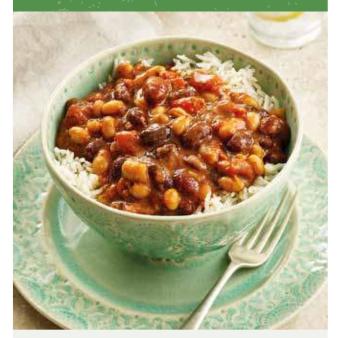
£5.99



500g



# **FIVE STAR FAVOURITE**



1362 - Three Bean Chilli with Rice

Haricot, kidney and cannellini beans in a rich tomato chilli sauce. Served with rice.

£5.45 (S) (Q) (G) (D)









400g

# THE OAKHOUSE RANGE



## 489 - Roasted Vegetable Lasagne

Roasted vegetables in a sunblush tomato and red wine sauce, layered with egg pasta and topped with cheese sauce and a parsley crumb.

£7.25



420g



# 1312 - Luxury Vegetarian Roast Dinner

Mushroom Wellington slice served with roast potatoes and parsnips, caramelised carrots, cauliflower and broccoli cheese, gravy and a Yorkshire pudding.

Oven only

£7.40



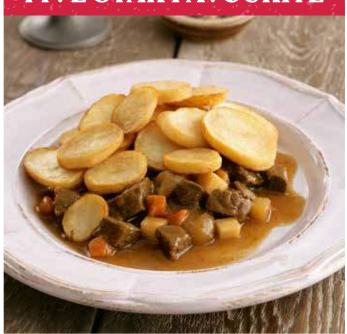


# Mini Beef

Smaller portions of your favourites - for those days when you fancy something slightly smaller.



# **FIVE STAR FAVOURITE**



# 851 - Mini Beef & Vegetable Hotpot

A traditional hotpot made with tender pieces of beef, carrots, onions, swede and parsnips. Cooked in gravy and topped with a layer of sauté potatoes.

£4.40 **6 6 6** 







220g



# 1040 - Mini Steak & Ale Pie

Our mini version of the main gastro pub favourite, topped with a butter puff pastry lid and served with wholegrain mustard mash. Perfect any night of the week!

£4.70





# 1025 - Mini Steak & Mushroom Pie

Tender pieces of steak with potato and mushrooms in a rich beef, red wine and onion gravy, topped with puff pastry.

£4.20

220g

240g





# 190 - Mini **Savoury Minced** Mash

Minced beef, carrots and onions in a red wine sauce seasoned with thyme and bay, topped with buttery wholegrain mustard mashed potato.

£4.60

**220**g





# 258 - Mini Beef Stew with Bubble & Squeak

Beef, carrots, peas, swede and parsnips in a red wine and Dijon mustard gravy, topped with a classic bubble and squeak.

£4.95













# **GREAT VALUE**

## 314 - Mini Cumberland Pie

Minced beef with turnip, onions and swede in a rich red wine gravy, topped with mashed potato.

£3.75





240g



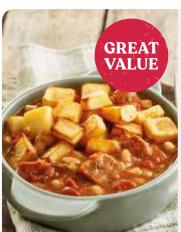
# 895 - Mini Cottage Pie

Minced beef, diced carrots and peas in rich onion gravy, topped with mashed potato.

£4.10

<u>(S)</u> (3) (1)

240g



# 311 - Mini Corned **Beef Hash**

Corned beef and baked beans in a rich tomato sauce seasoned with basil and bay leaf, topped with sauté potatoes.

£3.55

















# 466 - Mini Spaghetti Bolognese

A rich Bolognese made with minced beef, tomatoes, onions and mushrooms in a tomato and red wine sauce. Served with spaghetti and topped with cheese.

£3.75





240g



# 220 - Mini Beef Lasagne

Made with Bolognese sauce layered between sheets of egg pasta, topped with a classic béchamel sauce and a sprinkling of mature Cheddar cheese.

£4.45

240g





# 942 - Mini Chilli con Carne & Rice

Gently-spiced beef chilli with sweet red and green peppers and kidney beans, topped with mild Cheddar cheese. Served with rice.

£4.45

240g



# THE OAKHOUSE gnature RANGE



# 1000 - Mini Roast Beef Dinner

Sliced topside of beef in a rich gravy. Served with roast potatoes, parsnips, peas, and a Yorkshire pudding.

£5.20

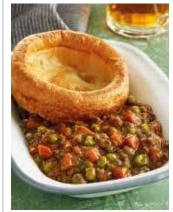
**240**g











### 416 - Mini **Minced Beef** Yorkshire

Yorkshire pudding with minced beef, carrots and peas in a beef and red wine gravy.

£5.60

290g







# 144 - Mini Beef & Kidney Stew

Beef and kidney with parsnips, carrots and chestnut mushrooms in a red wine gravy. Seasoned with oregano and Worcestershire sauce, topped with sauté potatoes.

£4.99







# Mini Chicken

Our perfectly portioned mini chicken and turkey dishes are melt-in-yourmouth delicious.

Mini Sweet & Sour Chicken See page 45





# 1058 - Mini Chicken Cacciatore with **Olives**

Chicken in a cacciatore sauce, served with fried potatoes and sliced black olives.

£4.90

**240**g



# 1001 - Mini Roast Chicken Dinner

Premium slices of chicken breast in a rich gravy. Served with roast potatoes, peas, parsnips and stuffing.

£4.65 

240g









# 1008 - Mini Chicken & Mushroom Pie

Chicken, mushrooms and onions in a creamy sauce, topped with a puff pastry lid. Served with mashed potato and mixed vegetables.

£4.65

240g





# 336 - Mini Chicken Chasseur

Tender pieces of chicken breast and mushrooms in a tomato, white wine and smoked bacon sauce. Served with skinon sliced potatoes and broccoli florets.

£4.60

240g











and butter beans.

£5.10

240g







#### 1055 - Mini **Hunter's Chicken**

Tender chicken breast in a tasty barbecue sauce. Served with diced sáute potatoes and topped with mozzarella and Cheddar cheese.

£5.35



# **NEW RECIPE**

# 1067 - Mini Chicken Casserole & **Dumpling**

Chicken in a rich chicken and vegetable gravy with herb dumpling.

£4.99 😉 🙃 🕕





240g



# 1059 - Mini Chicken in White Wine & Garlic

Chicken in a white wine and garlic sauce, served with green beans and mashed potato.

£4.70

240g





# 1065 - Mini Chicken with **Mashed Potato**

Sliced chicken in a subtle roasted garlic gravy served with mashed potato, cauliflower and peas.

£4.50

240g









# 260 - Mini Chicken & Mushroom Hotpot

Succulent chicken breast with chestnut and button mushrooms in a creamy Madeira wine sauce, topped with sauté potatoes.

£4.55

230g







# 510 - Mini Chicken in White Wine & Rarebit Crumble

Chicken in a creamy white wine sauce, topped with cheese and herb breadcrumbs.

£4.90 

260g





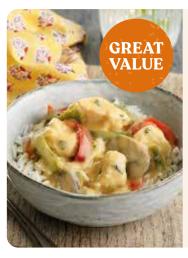
# 198 - Mini Chicken & **Vegetable Ragout**

Pieces of chicken with peas, carrots and golden potatoes in a chicken and red wine gravy, seasoned with redcurrant and thyme. Served with sauté potatoes.

£4.99

240g

🕒 💙 🖸 🕕



# 312 - Mini Chicken & Mixed Peppers in a **Creamy Sauce**

Diced chicken, mushrooms and sweet red and green peppers cooked in a cream and sherry sauce. Served with basmati rice.

£4.10











# 1006 - Mini Chicken Supreme

Chicken breast strips with mushroom and ham in a creamy sauce. Served with rice mixed with peas and sweetcorn.

£4.20

**220**g





# 1066 - Mini **Fruity Chicken** Curry

Pieces of tender chicken with apricots, pineapple and sultanas in a mild and creamy curry sauce. Served with basmati rice.

£4.60

240g





# 1054 - Mini Chicken Tikka Masala

Chicken breast pieces in a medium-spiced tikka masala sauce made with tomato, cream, yoghurt, coriander and spices. Served with long-grain turmeric rice.

£4.95

**240**g





# 291 - Mini Sweet & Sour Chicken

Chunks of chicken breast, onion and pineapple pieces in a sweet and sour sauce. Served with egg-fried rice mixed with red and green peppers.

£3.75

240g



# THE OAKHOUSE atûre RANGE



## 1004 - Mini **Roast Turkey** Dinner

Slices of turkey in a rich gravy. Served with peas, roast potatoes, parsnips and stuffing.

£5.10

**240**g









#### 191 - Mini Madeira Chicken

Chicken breast strips in a fragrant whole peppercorn and Madeira wine sauce. Served with sauté potatoes seasoned with oregano, parsley and paprika.

£4.99

240g





# 415 - Mini Chicken, Sage & **Onion Yorkshire Pudding**

Yorkshire pudding with chicken, carrots and peas in a creamy sage and onion sauce.

£5.45







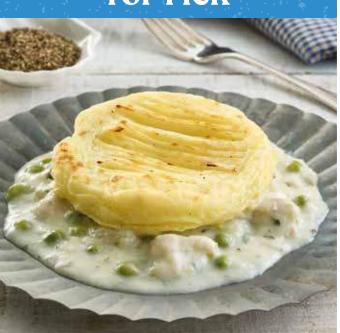


# Mini Fish

Smaller portions of all your favourite fish dishes - from Cod, Chips & Peas to Fisherman's Pie and beyond.



# **TOP PICK**



# 310 - Mini Fisherman's Pie

Pollock and peas in a light, creamy cheese and parsley sauce, topped with mashed potato.

£4.10







240g



TOP PICK

# 1007 - Mini Salmon & **Broccoli Bake**

Salmon, onion and broccoli cooked in a dill sauce, topped with sauté potatoes.

£4.70







240g

# 341 - Mini **Haddock Smokie**

Smoked haddock. bacon, mushrooms and peas in a creamy lemon and parsley sauce, topped with grilled, skin-on, sliced potatoes.

£4.99

240g









# 1017 - Mini Fish Pie

Pollock and salmon flakes with prawns and peas in a creamy cheese and parsley sauce, topped with smooth mashed potato, Cheddar cheese and breadcrumbs.

£4.65

240g





# 528 - Mini Cod, Chips & Peas

A portion of flaky cod in golden breadcrumbs. Served with chips and peas.

£4.40





# **TOP PICK**



# 849 - Mini Cod & Prawn Bake

Generous pieces of cod, prawns and sweetcorn in a cheesy béchamel sauce, topped with sauté potatoes and mature Cheddar cheese.

£4.60 **6** 



240g



# 498 - Mini Fish Pie with a **Crumble Topping**

Generous pieces of hoki, smoked haddock, salmon and tuna flakes in a creamy Madeira sauce, finished off with a mature Cheddar cheese crumble topping.

£4.95

250g





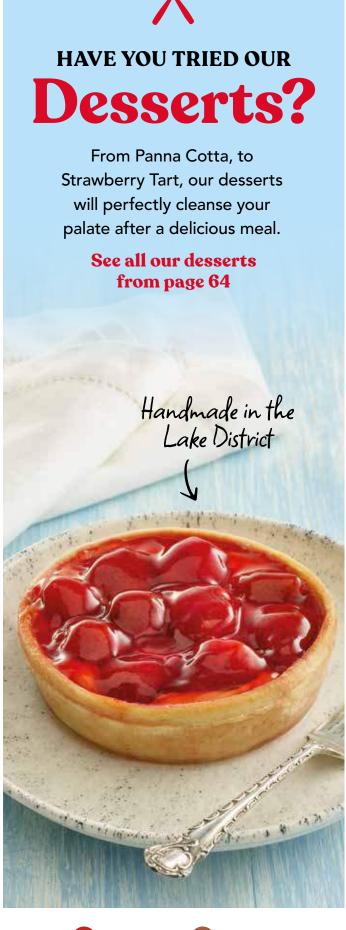
## 848 - Mini Tuna Pasta Bake

Pasta seashells, tuna and sweetcorn in a creamy béchamel sauce, sprinkled with grated mature Cheddar cheese.

£4.75









# Mini Lamb

Succulent lamb dishes in mini size. From Lamb in Cider Sauce to Liver and Onions.



# **TOP PICK**



# 858 - Mini Shepherd's Pie Minced lamb, carrots and onions in a rich gravy, topped with mashed potato and mature Cheddar

£4.15

cheese.



**220**g



# 1026 - Mini Lamb Casserole

Lamb with baby potatoes, carrots, silverskin onions and peas in a rich gravy.

£4.40



**220**g



# 579 - Mini Liver & Onions

English lamb's liver and onions with carrots and peas in a meaty gravy. Served with mashed potato.

£4.35

240g





# **Light Meals**

From delicious soups and paninis to filled jacket potatoes, our lighter options are the perfect lunch or for those with a smaller appetite.

From page 55



# THE OAKHOUSE Signature ~ RANGE



1002 - Mini Roast Lamb Dinner Slices of lamb in gravy with roast

potatoes, parsnips and peas.

£5.65





**220**g



1029 - Mini Lancashire Hotpot Diced leg of lamb with carrots and leeks in

gravy, topped with sliced potato.

£5.65







240g



# 259 - Mini Lamb, Cranberry & **Redcurrant Hotpot**

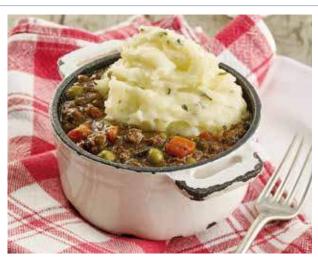
Diced leg of lamb, parsnips, carrots, swede and cranberries in a lamb, mint and redcurrant gravy, topped with sauté potatoes.

£5.10





250g



#### 281 - Mini Lamb in Cider Sauce

Minced lamb, carrots, onions and peas, in a lamb and cider gravy, topped with creamy, mature Cheddar cheese and parsley mashed potato.

£4.85



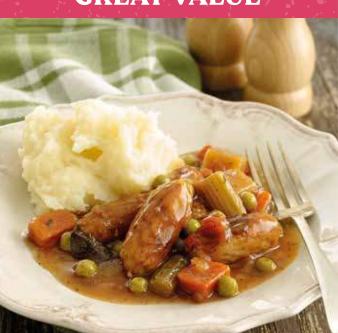


# Mini Pork

Our mini pork dishes offer all your favourites - from Mini Pork Goulash to Mini Sausage Casserole.



# **GREAT VALUE**



# 853 - Mini Sausage Casserole

Cocktail sausages with celery, onions, turnips, swede and carrots in a rich gravy. Served with buttery mashed potato.

£3.55 **B G O** 







270g



# 1003 - Mini Roast Pork Dinner

Slices of pork in a rich gravy. Served with roast potatoes, carrots, savoy cabbage and stuffing.

£4.85









# 1049 - Mini Pork Goulash

Melt-in-the-mouth pork in a rich tomato stew, flavoured with smoky paprika for an authentic taste.

£4.99

240g

240g









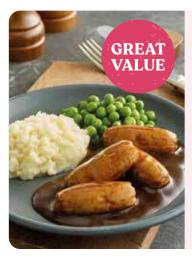
# 1012 - Mini Sausage, Beans & Chips

A pork sausage with chips and baked beans.

£3.55



240g

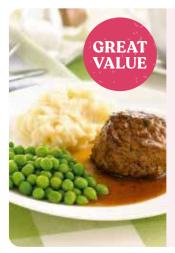


# 929 - Mini Sausages & Mash

Four tasty pork cocktail sausages in a rich beef gravy. Served with buttery mashed potato and peas.

£3.75





# 309 - Mini Faggot, Mash & **Peas**

A pork faggot seasoned with oregano, basil, parsley and paprika in a red wine, Madeira and redcurrant gravy. Served with buttery mashed potato and peas.

£3.55

240g





# 850 - Mini All Day Breakfast

The classic combination of bacon, seasoned pork sausage, sliced button mushrooms, baked beans, cherry tomatoes and sauté potato slices.

£4.70

240g





# 318 - Mini Gammon & **Creamy Onion** Sauce

Gammon in a creamy onion sauce with garlic, parsley, thyme, nutmeg and bay leaf. Served with mashed potato and broad beans.

£4.60

**240**g





# 295 - Mini Sweet & Sour Pork

Tender pieces of pork with onions, pineapple and peppers in a sweet and sour sauce. Served with egg-fried rice mixed with diced red and green peppers.

£4.50

240g



# THE OAKHOUSE atûre RANGE



#### 335 - Mini Italian Style Meatballs in Tomato Sauce

Minced beef and pork meatballs in a rich tomato and basil sauce, served with spaghetti and topped with cheese.

£4.99





240g



# 581 - Mini Macaroni Cheese & Pulled Ham

Macaroni cheese with pulled ham hock in a Regato cheese and béchamel sauce, topped with mature Cheddar cheese.

£4.85







# Mini Vegetarian

Specially developed to offer the perfect veggie options for both vegetarians and carnivores alike.

Mini Vegetable Sweet & Sour See page 54



# **GREAT VALUE**



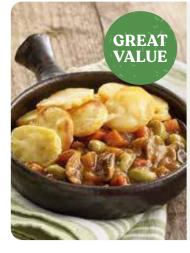
# 1041 - Mini Cheese & Onion Pie

Potato, onion, spring onion and mature Cheddar cheese in a cream sauce, topped with a light puff pastry lid. Served with baked beans.

£3.80 **©** 



240g



# 1057 - Mini Vegetable Hotpot

Vegetables and sauté potatoes in a savoury gravy with a sprinkle of Cheddar cheese.

£3.70



240g



# 943 - Mini Vegetable Lasagne

Mediterranean vegetables in a herby tomato sauce between layers of egg pasta and béchamel sauce, topped with Cheddar cheese.

£4.25

240g







# 226 - Mini Macaroni Cheese

Macaroni in a rich cheese sauce with mustard, nutmeg, paprika and bay leaf, sprinkled with Cheddar cheese and a parsley crumb.

£4.25

240g





# 502 - Mini Cheese & Tomato Macaroni Pasta Bake

Macaroni in a cheese and tomato sauce with cherry tomatoes, topped with a cheese, breadcrumb and parsley topping.

£4.35















#### 1400 - Mini Tomato & Mozzarella Pasta

Penne pasta in a tomato sauce with mozzarella and white Cheddar and roasted cherry tomatoes.

£4.99 **©** 



240g



# 557 - Cauliflower & Broccoli Cheese

Tender cauliflower and broccoli florets in a smooth, creamy Cheddar cheese sauce. Microwave only

£3.20 **(S) (Q) (1)** 

200g



# 195 - Mini Cheese & Broccoli Pasta

Spiral pasta and tender broccoli florets in a creamy Cheddar cheese sauce seasoned with mustard, bay leaf and cloves.

£4.50 

240g

# Going Greener

# AT OAKHOUSE FOODS

# Greener sleeves

In the coming months, you will see our sleeve design change in size - this will reduce the amount of carboard we use. Our new packs will still have the same information. This switchover will take a little while to avoid any waste.

# Sustainable deliveries

We now re-use cardboard boxes and reusable bags to deliver your meals. Moving away from single-use carrier bags means we use less plastic.



speak to your local office or visit oakhousefoods.co.uk/sustainability.













# **TOP PICK**

# 317 - Mini Cauliflower Cheese & Sauté Potatoes

Cauliflower florets and diced sauté potatoes in a rich cheese sauce, topped with a parsley and cheese crumb.

£4.20 0



240g



# 1056 - Mini Mushroom Stroganoff with Rice

Roasted chestnut and white mushrooms in a creamy brandy sauce. Served with a flavoursome blend of rice and peas.

£4.35

240g









# 1051 - Mini **Vegetable Thai Green Curry**

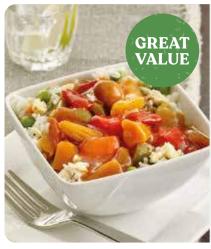
A traditional Thai green curry with warming spices, green beans, butternut squash and red peppers, served with fluffy rice.

£4.80

**240**g







# 1011 - Mini Vegetable Sweet & Sour

Peppers, sweet potato, broccoli and carrots served in a sweet and sour sauce, served with egg-fried rice mixed with peas.

£3.55







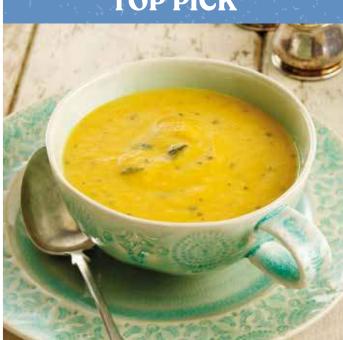
# Light meals Ham, Cheddar & Wholegrain Mustard Panini & Soups

See page 56

The perfect lunches or for those occasions when a lighter dinner is in order.



# TOP PICK





A smooth, rich blend of sweet carrot and fragrant coriander.

Microwave only

£2.85 **5 6 9 9 9 9** 













280g



# 186 - Scotch Broth

A traditional lamb and onion broth made with tender minced lamb, carrots, swede, onion, celery, leeks, savoy cabbage and pearl barley.

Microwave only

£3.40

285g









# 227 - Chicken & Vegetable Soup

Chicken thigh, onions, peas, leeks and carrots in a chicken broth seasoned with garlic and bay leaf.

Microwave only

£3.99

**300**g







#### G1292 - Smoked Sliced Ham

Succulent sliced, cured and smoked ham.

4-5 slices

**Defrost & Serve** 

£4.99

200g





# **DON'T FORGET** THE **BREAD!**

**SEE PAGE 76** 

# FIVE STAR FAVOURITE



### 534 - Breakfast Panini

Seasoned egg mayonnaise with sundried tomatoes and bacon in a ciabatta roll.

**Defrost before cooking** 

£5.10



150g



# 1030 - Hunter's Chicken Panini

Sliced chicken, bacon and Cheddar with BBQ sauce in a ciabatta roll.

**Defrost before cooking** 

£4.99

210g





# 993 - Ham, Cheddar & Wholegrain **Mustard Panini**

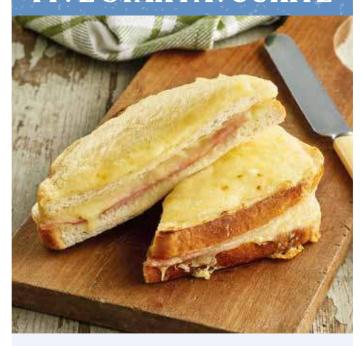
Ham and Cheddar with wholegrain mustard in a ciabatta roll.

**Defrost before cooking** 

£4.99

175g

# FIVE STAR FAVOURITE



#### 1031 - Ham & Cheese Toastie

Gammon ham and Cheddar cheese with a white sauce in toasted white bread.

£4.40 (5 (1)



175g



# 533 - Cheese & **Red Onion Panini**

Mature Cheddar and red Leicester cheeses, onion and chives with mayonnaise in a ciabatta roll.

**Defrost before cooking** 

£4.99

160g





# 1042 - Cheese Toastie

Toasted cheese sandwich with grated and sliced Cheddar cheese.

£4.40













# 1345 - Cheese & **Beans Loaded Jacket Potato**

Traditionally oven-baked potato filled with cheese and beans.

£5.10 V GF F

375g



# 1346 - Mature Cheddar Loaded **Jacket Potato**

Traditionally ovenbaked potato filled with mature Cheddar cheese.

£5.10

375g





# 1343 - Broccoli & Cauliflower **Cheese Loaded Jacket Potato**

Traditionally ovenbaked potato filled with broccoli and cauliflower cheese.

£5.10 LS V GF

375g



# 640 - Jacket **Potatoes**

A bag of four individually cooked jacket potatoes with crispy skin, perfect with butter.

4 servings

£4.50























# MAKE STAYING IN SPECIAL

Select from our great range of authentic dishes for takeaway without the fuss.

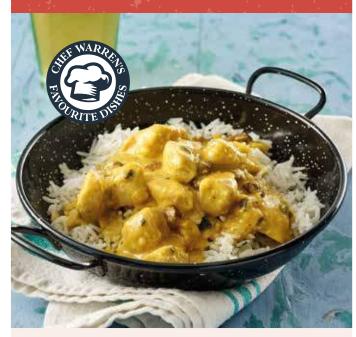


# **Indian & Thai**

Perfect curries and sides for when you fancy authentic Indian and Thai at home!



# **TOP PICK**



# 1391 - Fruity Chicken Curry

Chicken breast pieces mixed with apricots, pineapple and sultanas in a mild and fruity curry sauce, served with basmati rice.

£6.30



400g



# 1392 - Chicken Korma

Chicken breast pieces in a mild creamy korma sauce, served with rice.

£6.25

400g





# 1878 - Chicken Curry & Rice

Chicken in a mild curry sauce. Served with rice.

£5.20

400g





# 1066 - Mini Fruity Chicken Curry

Pieces of tender chicken with apricots, pineapple and sultanas in a mild and creamy curry sauce. Served with basmati rice.

£4.60

**240**g





# 1138 – Chicken Jalfrezi

Tender pieces of chicken with green and red peppers in a mediumheat jalfrezi sauce.
Served with rice.

£5.20



# **TOP PICK**

## 1385 - Chicken Tikka Masala

Chicken breast pieces in a medium-spiced tikka masala sauce made with tomato, cream, yoghurt, coriander and spices. Served with long-grain turmeric rice.

£6.50 🕒



380g



## 1374 - Vegetable Thai Green Curry

A traditional Thai green curry with warming spices, green beans, butternut squash and red peppers. Served with fluffy rice.

£5.90 😉 🗸



400g



# 1054 - Mini Chicken Tikka Masala

Chicken breast pieces in a medium-spiced tikka masala sauce made with tomato, cream, yoghurt, coriander and spices. Served with long-grain turmeric rice.

£4.95

240g





# 652 - Butter **Chicken Curry**

Pieces of chicken breast and onions in a mild, buttery curry sauce made with cream, tomato and ginger, and seasoned with spices. Served with rice.

£6.20

400g







# 1051 - Mini **Vegetable Thai** Green Curry

A traditional Thai green curry with warming spices, green beans, butternut squash and red peppers. Served with fluffy rice.

£4.80

240g







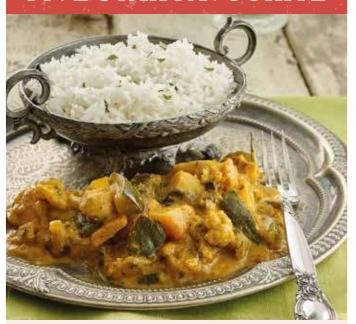
# 1521 - Thai Green Chicken Curry

Chicken breast pieces in a spicy coconut and lemongrass sauce with peppers and green beans. Served with rice.

£5.20



# **FIVE STAR FAVOURITE**



# 1390 - Vegetable Tikka

Chunky vegetables in a medium-spiced masala sauce, served with rice. Topped with a sprinkling of coriander.

£5.99 **(5) (7) (6)** 







500g



# 1383 - Chicken Madras

Chicken breast pieces in a medium-spiced madras sauce made with onion, tomato, coconut, cashew nuts and spices. Served with long-grain turmeric rice.

£5.99

380g





#### 215 - Beef Curry

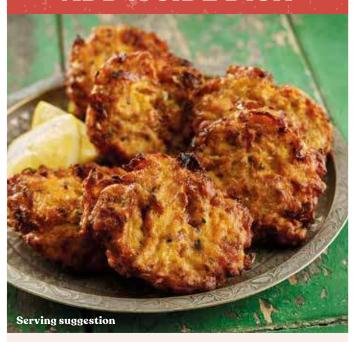
Marinated beef, onions and peppers in a masala-based curry sauce. Served with white rice sprinkled with coriander.

£6.99

400g



# ADD A SIDE DISH



# 1328 - Onion Bhajis

Lightly-spiced fried snack made with onions. Easy to break apart and have one at a time.

Oven only - 6 bhajis

£3.65 **V G** 



**300**g



A SIDE

DISH

Serving suggestion

# 405 - Lamb Bhuna

Lamb in a rich curry sauce with tomatoes and onions. Served with basmati rice.

£6.99

400g







Handmade samosas with tandoori-spiced chicken, potato and onion filling. Easy to break apart and have one at a time.

Oven only - 4 samosas

£4.50



# Chinese

Your favourite Chinese mains and sides for when you want a takeaway-style treat.



# TOP PICK



# **Sweet & Sour Pork**

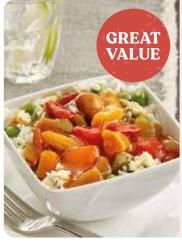
Tender pieces of pork with onions, pineapple and peppers in a sweet and sour sauce. Served with eggfried rice mixed with diced red and green peppers.

616 Main meal £5.85

400g

295 Mini meal £4.50

240g



# 1011 - Mini Vegetable Sweet & Sour

Peppers, sweet potato, broccoli and carrots served in a sweet and sour sauce. Served with egg-fried rice mixed with peas.

£3.55

240g







# 1337 - Vegetable **Sweet & Sour**

Peppers, sweet potato, broccoli and carrots served in a sweet and sour sauce. Served with egg-fried rice mixed with peas.

£5.20

400g











# 351 - Hong Kong Chicken

A fruity sweet and sour dish of chicken, pineapple, red peppers, broccoli, spring onions, red chillies, ginger and garlic. Served with egg noodles.

£6.30

400g





# 387 - Chicken Stir Fry

Chicken breast, carrots, peppers and red chillies in a tangy Oriental-style sauce. Served with noodles.

£6.60



# TOP PICK

# 523 - Sweet & Sour Chicken

Pieces of chicken breast, onion and pineapple in a sweet and sour sauce. Served with egg-fried rice mixed with red and green peppers.

£4.95 380g



# 291 - Mini Sweet & Sour Chicken

Chicken breast pieces in a sweet and sour sauce with onion, red peppers and pineapple. Served with egg-fried rice with red and green peppers.

£3.75



# 1027 - Vegetable Spring Rolls

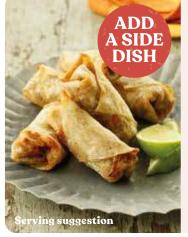
Crispy spring rolls filled with vegetables and rice noodles in a soy and ginger sauce.

Oven only 6 mini spring rolls

£4.75

132g

**240**g



# NEW

# Dishes to share with a loved one

We have launched three wonderful new meals and a warming dessert - all to share.

See them all on page 16.



# **Hot Desserts**

Like a hug in a bowl - our hot desserts are the perfect end to a meal, especially when the weather's colder.

Apple Crumble with Custard
See page 65





# 771 - Cherry Sponge with Custard

A light sponge pudding with glacé cherries, covered in custard.

TWIN PACK - Defrost before cooking Handmade in the Lake District.

£5.15



2 x 225g



# 626 - Sticky Toffee Pudding

A moist date sponge covered in butterscotch sauce.

TWIN PACK
Defrost before cooking
Handmade in the Lake
District.

£4.50

2 x 150g





# 625 - Treacle Pudding with Custard

Light golden and black treacle sponge served with vanilla custard.

**TWIN PACK** 

Defrost before cooking Handmade in the Lake District.

£5.15

2 x 220g





# 624 - Chocolate Pudding

Rich chocolate cake served with vanilla custard.

**TWIN PACK** 

Defrost before cooking Handmade in the Lake District.

£5.15

2 x 225g





# 627 - Lemon Pudding with Lemon Custard

A light, citrusy sponge served with zesty lemon custard.

**TWIN PACK** 

Defrost before cooking Handmade in the Lake District.

£5.15

2 x 225g





# 609 - Apple Crumble with Custard

A classic dessert of apples topped with an oaty crumble, served with vanilla custard. Contains sweetener and sugar.

Available as a two person dessert - see page 16

£3.75

**220**g





# 2009 - Apple & Pear Crumble with Chocolate Custard

Apple and pear in an apple compote, topped with a chocolate chip oat crumble and chocolate custard.

£3.75

**V S 1** 





# **633 - Apple** Crumble

A handmade crumble of soft, stewed apples and cinnamon with an oaty topping. Contains sugar and sweetener. **TWIN PACK** 

£4.85 **V S 1** 

2 x 150g



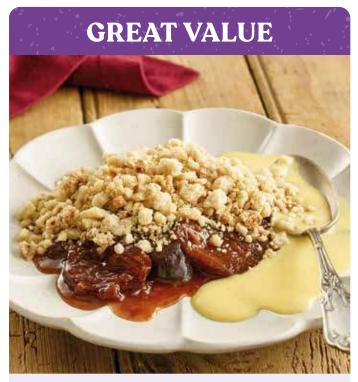
# 632 - Rhubarb Crumble

A handmade crumble of stewed rhubarb with a sweet and crunchy oaty topping. **TWIN PACK** 

£4.85

2 x 200g





# 2026 - Plum Crumble & Custard

Plums tumbled with juice and a little sugar, topped with a crisp crumble. Served with a rich, creamy custard.

£3.95 💟 😉





270g



# 1396 - Sharing Apple Crumble & Custard

Gently stewed apples with a crisp, crumble topping and a rich, vanilla custard. Oven only

£6.15





# 589 - Luxury Brioche & Butter Pudding & Custard

A bread and butter pudding of baked vanilla brioche with mixed spice, layered with raisins, sultanas and

Handmade in the Lake District.

£4.25 **GUS** 





250g



# 199 - Spotted Dick

Traditional suet pudding with raisins, covered in smooth vanilla custard. **TWIN PACK - Defrost** 

before cooking Handmade in the Lake District.

£5.15  $2 \times 238g$ 



# 608 - Jam Sponge & Custard

A light sponge with raspberry jam, topped with creamy custard. **TWIN PACK - Defrost** 

before cooking Handmade in the Lake

District.

£5.15 2 x 225g



# 200 - Bread & **Butter Pudding**

Buttery bread layered with cream and sultanas, topped with vanilla custard.

**TWIN PACK - Defrost** before cooking

£5.15 2 x 220g



# 615 - Apple Strudel

A blend of apples, raisins, sultanas and hazelnuts baked in puff pastry with a hint of spice.

TWIN PACK Defrost before cooking

£5.15 2 x 125g



# 620 - Rice **Pudding**

Traditional creamy rice pudding. **TWIN PACK** 

£3.99

2 x 150g











# 638 - Rhubarb & Custard

Tangy rhubarb compote covered in sweet vanilla custard.

TWIN PACK

**Defrost before cooking** 

£4.85

2 x 185g







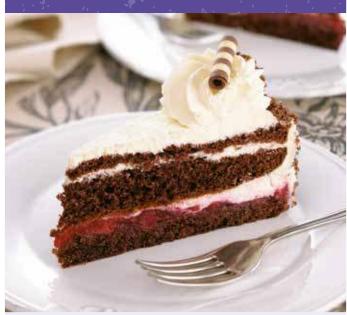
# Cold Desserts

From classic gateau to best-selling meringue, pies and cakes - which is your favourite?

Profiteroles with Chocolate Sauce See page 71



# TOP PICK



### 702 - Black Forest Gateau

Layers of chocolate sponge, cream and black cherries, topped with a chocolate curl.

**TWIN PACK - Defrost & Serve** Handmade in the Lake District.

£5.90 0 6



2 x 125g



# 2020 - Black **Forest Torte**

Low-sugar chocolate sponges, layered with dark cherry sauce, kirsch flavoured crème and topped with dark chocolate.

TWIN PACK

**Defrost & Serve** 

£6.60

2 x 80g





# 491 - Chocolate **Fudge Cake**

Layers of moist chocolate sponge and chocolate fudge, finished with chocolate shavings.

**TWIN PACK** 

**Defrost & Serve** Handcrafted in Devon.

£6.50

2 x 93g





# 701 - Strawberry Gateau

A golden sponge with cream and a strawberry filling, sprinkled with white and pink chocolate curls.

**TWIN PACK** 

**Defrost & Serve** 

£5.90 2 x 125g



# 160 - Victoria Sponge

A traditional light Victoria sponge, sandwiched with a vanilla cream cheese filling and strawberry jam.

**TWIN PACK** 

**Defrost & Serve** Handcrafted in Devon.

£5.15

2 x 83g



















# 1407 - Birthday Cake

Classic birthday sponges, sandwiching stawberry sauce and buttercream. Finished with buttercream and sprinkles, to celebrate our 30th birthday!

**TWIN PACK - Defrost & Serve** Handcrafted in Devon.

£5.65 **v** 



2 x 106g



# 830 - Olde English **Lemon Tart**

A tangy lemon and cream filling on a light shortcrust pastry, finished with a light dusting of sugar.

**TWIN PACK** 

**Defrost & Serve** Handcrafted in Devon.

£6.50

2 x 100g





# 587 - Strawberry

Strawberries in a sugar syrup glaze, on crème pâtissière in a sweet pastry case.

**Defrost & Serve** Handmade in the Lake District.

£4.35

200g





# 732 - Lemon Meringue Pie

Rich shortcrust pastry with a zesty lemon filling, topped with a light meringue.

**TWIN PACK - Defrost & Serve** Handcrafted in Devon.

£6.20 0 5



2 x 105g



# **2034 - Spiced** Treacle & Orange Tart

Sweet shortcrust pastry case, filled with a golden syrup and breadcrumb filling, flavoured with cinnamon and orange.

TWIN PACK - Defrost & Serve

£5.85

 $2 \times 133g$ 





# 2032 -Blackcurrant **Crumble Tart**

Sweet shortcrust pastry case, filled with blackcurrant sauce, topped with an oaty crumble.

TWIN PACK

**Defrost & Serve** 

£6.40

2 x 125g





# 984 - Cherry Pie

A rich and sweet cherry filling encased in shortcrust pastry, finished with a sprinkling of caster sugar.

**TWIN PACK** 

Defrost & Serve Handcrafted in Devon.

£6.50

2 x 141g





# 238 - Strawberry Eton Mess

Golden crisp meringue with cream and strawberry sauce on a biscuit crumb base, topped with white chocolate shavings.

TWIN PACK

**Defrost & Serve** 

£6.50

2 x 80g





# 2011 - Berry Pavlova

Plain sponge base, topped with layers of summer fruit crème, crisp pavlova chunks and finished with summer fruit topping.

**TWIN PACK** 

**Defrost & Serve** 

£5.45

2 x 63g





# 159 - Cherry Meringue Pie

Sweet and tangy cherries on a shortcrust pastry base, topped with lightly toasted meringue.

**TWIN PACK** 

Defrost & Serve Handcrafted in Devon.

£6.20

2 x 132g





# **TOP PICK**

## 859 - Irish Cream Cheesecake

Creamy, mildly whiskey-flavoured cheesecake on a biscuit base and garnished with a light dusting of cocoa and a chocolate flake.

**TWIN PACK - Defrost & Serve** 

£6.50 **©** 



2 x 108g



#### 966 - Banoffee Pie

Shortcrust pastry base topped with silky crème pâtisserie and fruity banana purée, topped with golden curls of caramel toffee.

**TWIN PACK** 

**Defrost & Serve** 

£6.50

2 x 128g





# 860 -Blackcurrant Cheesecake

Digestive crumb base, topped with creamy cheesecake crème, topped with a blackcurrant sauce.

TWIN PACK - Defrost &

£6.25

2 x 127g





# 494 - Apple & **Blackberry Pie**

Classic shortcrust pastry filled with Bramley apple and blackberries.

**TWIN PACK - Defrost** & Serve

Handcrafted in Devon.

£6.35

2 x 145g

V S



# 753 - Bramley **Apple Pie**

Classic shortcrust pastry filled with soft Bramley apples.

**TWIN PACK Defrost & Serve** Handcrafted in Devon.

£6.50

2 x 150g





# 492 - Honeycomb & Toffee Cheesecake

Creamy cheesecake filling containing crisp honeycomb pieces and dark chocolate on a toffee-topped digestive biscuit base.

**TWIN PACK** 

**Defrost & Serve** 

£6.50

2 x 105g





# **2018 - Mango** & Passion Fruit Cheesecake

Digestive crumb base, topped with creamy mango and passion fruit cheesecake crème and an orange glaze.

**TWIN PACK** 

**Defrost & Serve** 

£6.60

2 x 80g









#### 2019 - Cherry Cheesecake

Digestive biscuit base with oats, topped with a creamy cherry cheesecake crème.

**TWIN PACK** 

**Defrost & Serve** Handcrafted in Devon.

£6.60

2 x 85g





#### 704 - Raspberry Trifle

Raspberry sauce and custard, layered on top of a golden sponge, topped with cream and milk chocolate swirls.

**TWIN PACK** 

**Defrost & Serve** 

£4.85

2 x 175g





# 582 - Lemon Cheesecake

A creamy lemon cheesecake made with cream, cream cheese and lemon juice on a biscuit crumb base, topped with a zesty lemon compote. **TWIN PACK** 

**Defrost & Serve** 

£6.50

2 x 126g



#### 263 - Tiramisu

Sponge fingers soaked in coffee and Marsala wine, topped with mascarpone and crème fraîche mousse. Decorated with dark cocoa powder and a coated coffee bean.

**TWIN PACK** 

**Defrost & Serve** 

£5.90

2 x 100g

S



# 2005 -**Profiteroles with Chocolate Sauce**

Dairy cream profiteroles, topped with a rich chocolate sauce.

**Defrost & Serve** Handfinished in Devon.

£4.45 130g

V S



## **742 - Sherry** Trifle

Raspberry sauce and custard, layered on top of a sherry-laced sponge, topped with cream and a chocolate twirl.

**TWIN PACK** 

**Defrost & Serve** 

£4.85 2 x 175g



# 413 - Raspberry & White Chocolate Panna Cotta

Creamy vanilla panna cotta with raspberry compote.

**TWIN PACK** 

**Defrost & Serve** 

£6.50 2 x 100g



#### 537 - Arctic Roll

Dairy vanilla ice cream with a raspberry ripple rolled in sponge cake. **TWIN PACK** 

£5.35



2 x 85g















# Ice Cream & Fruit

Our Cornish ice creams are the perfect finish to your meal.



# TOP PICK Serving suggestion

# 819 - Clotted Cream & Strawberry Ice Cream

Strawberry compote swirled through sweet, clotted cream ice cream, with pieces of strawberry.

£2.15







120ml



# 822 - Chocolate **Fudge Ice Cream**

Chocolate ice cream with soft pieces of chocolate fudge.

£2.15

120ml





# 818 - Chunky Ginger Ice Cream Pieces of zingy ginger

give this delicious ice cream a gentle kick.

£2.15 GVS

120ml



# 817 - Clotted Cream Vanilla **Ice Cream**

Rich vanilla ice cream made with real clotted cream and vanilla.

£2.15 C V S

120ml



Serving suggestion

#### 824 - Honeycomb **Ice Cream**

A delicious blend of smooth ice cream and crisp, sweet honeycomb pieces.

£2.15

120ml





#### 823 - Rum & Raisin Ice Cream

Creamy rum-flavoured ice cream with juicy raisins.

£2.15 GVS

120ml



#### 826 - Raspberry Sorbet

A light and fruity sorbet made with juicy raspberries.

£2.15



120ml



#### 2033 - Fruits of the Forest Fruit Salad

A delicious and refreshing mix of cherries, strawberries, redcurrants, blueberries, blackberries and raspberries.













500g



# **Championing Cornish** Ice Cream

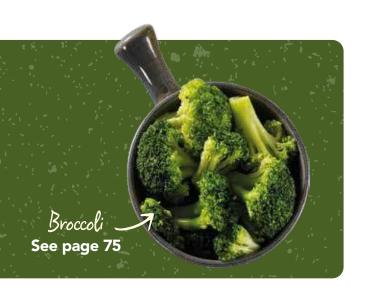
Produced in Cornwall by fifthgeneration family farmers, our ice creams are an award-winning treat any time of year.

With healthy, happy cows free to roam Cornish pastures, you just can't get better than that.



# Side Dishes

Introducing our mouth-watering array of side dishes to add that finishing touch to your meal.



#### **NEW**



#### 1401 - Triple Cooked Gastro Chips

Made from the best potatoes, thick-cut and triple-cooked. These are proper pub chips brought to your home.

Oven only - 4 servings

£4.65 640g



#### 414 - Mini **Dauphinoise Potatoes**

Sliced potatoes layered with a garlic, onion and cream sauce, topped with Cheddar cheese.

£2.55

240g





of mashed potato with mature Cheddar cheese and spring onion, seasoned with salt and pepper.

Microwave only

£2.45

240g





#### 1344 - Garlic & Rosemary Roasting **Potatoes**

Bannisters Yorkshire family farm garlic and rosemary roasting potatoes. Oven only 2 servings

£4.75

**360**g





#### 395 - Mashed **Potato**

An individual portion of buttery mashed potato, seasoned with salt and pepper.

Microwave only

£2.45

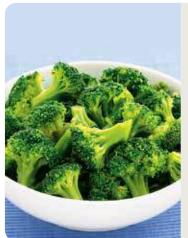
**240**g



LS V GF







#### 525 - Broccoli

Perfectly cut broccoli florets. 5-6 servings

**Microwave** or pan cook

£2.95

450g











#### 472 - Cauliflower Cheese

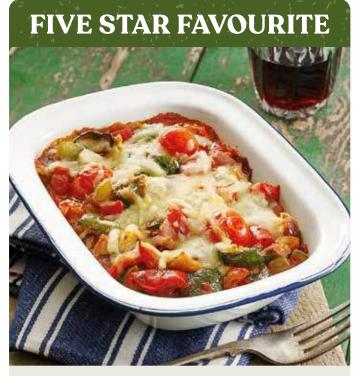
Tender cauliflower florets in a tasty cheese sauce. Finished with breadcrumbs and grated mature Cheddar cheese.

£4.75









#### 294 - Ratatouille

Roasted courgettes, red and green peppers, slowroasted cherry tomatoes and onions in a tomato sauce, topped with mozzarella and Cheddar cheese.

£5.85 **(5) G) Q) (1)** 









350g



#### 557 - Cauliflower & Broccoli Cheese

Tender cauliflower and broccoli florets in a smooth, creamy Cheddar cheese sauce. Microwave only

£3.20 **LS G V 1** 

200g



#### 1329 - Chicken Samosas

Handmade samosas with tandoori-spiced chicken, potato and onion filling. Easy to break apart and enjoy one at a time.

Oven only 4 samosas

£4.50

200g





#### 1027 - Vegetable **Spring Rolls**

Crispy spring rolls filled with vegetables and rice noodles in a soy and ginger sauce.

Oven only 6 mini spring rolls

£4.75

132g





#### 1328 - Onion Bhajis

Lightly-spiced fried snack made with onions. Easy to break apart and have one at a time.

Oven only 6 bhajis

£3.65

**300g** 















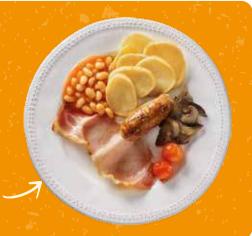




### Breakfast

It's not called the most important meal of the day for nothing! Our breakfast options include something for everyone.







#### G1290 - Smoked Back Bacon

Dry-cured back bacon rashers made from beechwood-smoked, premium pork loin.

7-8 rashers

Defrost before cooking, pan-fry or grill

£4.99 250g





#### 605 - Cumberland Pork Sausages

Prime pork sausages naturally seasoned with black pepper and spices.

Pack of 6

Defrost before cooking, pan-fry or grill

£4.99 

400g





rashers made from premium pork loin.

7-8 rashers

Defrost before cooking, pan-fry or grill

£4.99

250g





#### G1288 - Olde **English Sausages**

A succulent blend of prime cuts of pork with thyme, nutmeg, sage and pepper.

Pack of 6

Defrost before cooking, pan-fry or grill

£4.20 400g



#### 1052 - White **Sliced Loaf**

Pre-sliced, flour-topped white bread

9-10 servings

**Defrost & Serve** 





#### 1053 -Wholemeal **Sliced Loaf**

Pre-sliced, wholemeal bloomer bread.

9-10 servings

**Defrost & Serve** 

£2.99

800g



#### **TOP PICK**



#### 850 - Mini All Day Breakfast

The classic combination of bacon, seasoned pork sausage, sliced button mushrooms, baked beans, cherry tomatoes and sauté potato slices.

£4.70 **6** 



240g



#### 534 - Breakfast **Panini**

Seasoned egg mayonnaise with sundried tomatoes and bacon in a ciabatta roll.

**Defrost before cooking** 

£5.10

150g





#### 975 - Apple, Sultana & Cinnamon **Porridge**

A rich and creamy handmade porridge, topped with a fruity mix of apple, sultanas and a hint of cinnamon.

400g

Microwave only

£3.65

**240**g







#### 607 - Banana & Honey Porridge

A rich and creamy handmade porridge, topped with banana and honey.

Microwave only

£2.85

175g









THE OAKHOUSE

1409 - The Big Breakfast

Pork and leek sausages with baked beans,

omelette, back bacon and hash browns.

gnature RANGE



# Best Sellers Pack

The perfect pack to ensure you have a week's worth of great dinners ready-to-go. We've pulled all of our best sellers together to bring you one easy-to-order option. Plus, of course, some desserts for those days you want a little something sweet to round off your meal!



#### Main meals

- **1.** Fish Pie
- 2. Cottage Pie
- 3. Sweet & Sour Chicken
- 4. Roast Chicken Dinner
- 5. Sausages & Mash
- **6.** Cod, Chips & Peas
- **7.** Chicken & Mushroom Pie with Vegetables

#### **Desserts**

- 8. Black Forest Gateau (2 pack)
- 9. Apple Crumble (2 pack)
- **10.** Sherry Trifle (2 pack)
- **11.** Clotted Cream Vanilla Ice Cream

#### Mains only

Code: P206 **£39.35** 

Mains & Desserts

Code: P207 **£57.10** 

# Bumper Pack - 10% off

Whether you already love Oakhouse meals, want to try them, or just want a freezer full of food for a rainy day, our Bumper Pack is ideal! 14 of our best-selling meals plus desserts to ensure you always have something you fancy at the ready.

#### Main meals

Includes all the meals on page 78

#### PLUS +

- 1. Spaghetti Bolognese
- 2. Roast Beef Dinner
- 3. Shepherd's Pie
- 4. Fruity Chicken Curry
- 5. Macaroni Cheese
- 6. Hunter's Chicken
- 7. Cumberland Pie

#### Desserts

- Black Forest Gateau (2 pack)
- Sherry Trifle (2 pack) (Pictured on page 78)

#### PLUS +

- 8. Apple Crumble (2 pack)
- **9.** Sticky Toffee Pudding (2 pack)
- 10. Bread & Butter Pudding (2 pack)
- **11.** Lemon Pudding with Lemon Custard (2 pack)
- **12.** Apple & Blackberry Pie (2 pack)

# 'NOW' PRICE INCLUDES 10% OFF

#### **Mains only**

Code: P219

Was £82.00 Now £73.80

Mains & Desserts

Code: P220

Was <del>£118.75</del> Now £106.90

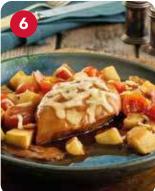
























# Mini Best Sellers Pack

Our mini best sellers pack - a whole week's worth of our mini best sellers to enjoy. This pack comes with some of our favourite desserts too - perfect for when you fancy something sweet to round off your meal!



#### Mini meals

- 1. Sweet & Sour Chicken
- 2. Cottage Pie
- 3. Roast Chicken Dinner
- 4. Fisherman's Pie
- 5. Shepherd's Pie
- 6. Fruity Chicken Curry
- 7. Cumberland Pie

#### **Desserts**

- 8. Apple Crumble (2 pack)
- **9.** Clotted Cream Vanilla Ice Cream
- 10. Sherry Trifle (2 pack)
- **11.** Black Forest Gateau (2 pack)

#### Minis only

Code: P208 **£29.10** 

Minis & Desserts

Code: P209 **£46.85** 

# Mini Bumper Pack - 10% off

Our bumper mini best sellers pack contains 14 of our best-selling Oakhouse mini meals together with desserts, so you can ensure you have plenty ready for those days when you just want something quick, easy and delicious (for us, that's every day!)

#### Mini meals

Includes all the meals on page 80

#### PLUS +

- 1. Chicken & Mushroom Pie
- 2. Spaghetti Bolognese
- 3. Sausages & Mash
- 4. Corned Beef Hash
- 5. Cod, Chips & Peas
- **6.** Roast Beef Dinner
- 7. Macaroni Cheese

#### Desserts

- Black Forest Gateau (2 pack)
- Sherry Trifle (2 pack) (Pictured on page 80)

#### PLUS +

- 8. Apple Crumble (2 pack)
- **9.** Sticky Toffee Pudding (2 pack)
- 10. Bread & Butter Pudding (2 pack)
- Lemon Pudding with Lemon Custard (2 pack)
- **12.** Apple & Blackberry Pie (2 pack)





















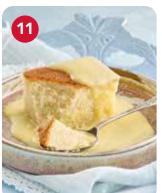
#### Minis only

Code: P221 **Was £58.65 Now £52.75** 

Minis & Desserts

Code: P222 **Was £95.40 Now £85.85** 











# Enjoy delicious, nutritious & safe texture modified meals

Delivered straight to your door

OVER 45 DISHES





Here at **It's Made For You**, we believe that everyone with swallowing and chewing difficulties should look forward to tasty, safe, nutritious mealtimes. So everyone can enjoy easy, delicious food without worry. Our range of meals are:

- Made to home-cooked standards
- Using quality ingredients
- Containing good calorie and protein content
- Packed full of flavour
- Made in the UK

If you are looking for more information, you can order an **It's Made For You** brochure for yourself or a loved one by calling the number on the front of this brochure.

We also support Health Care Professionals through providing free educational marketing materials and demonstrations. If you are interested in this opportunity, simply call the number on the front of this brochure to speak to your local team.

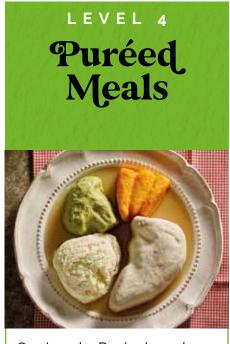
66 Delivered to your door, nutritious, easy to prepare, safe and enjoyable to eat. It's for that reason that I recommend It's Made For You for my patients.

Sandra Robinson (Speech & Language Therapist)

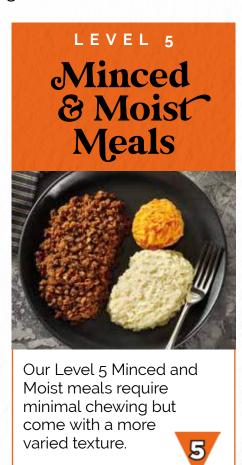
For latest product availability please check our website or call your local office by calling the number on the front of this brochure.

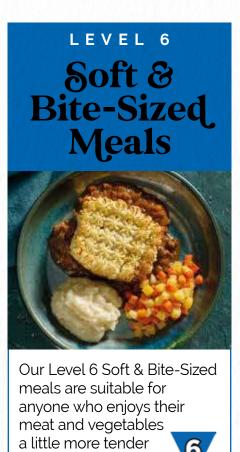
# **Our Range**

Our It's Made For You range is available in three different textures/IDDSI levels:



Our Level 4 Puréed meals are puréed and smooth with a consistent texture. They are thick enough to eat with a fork and are packed with flavour.





### We are proud Gold Sponsors of the International Dysphagia Diet Standardisation Initiative!

This initiative has developed a globally standardised way of describing texture modified food and thickened liquids for people with dysphagia. It is also the same initiative used by the NHS.

All of our dishes have been developed by a team of experts, and designed for the IDDSI required texture, so you or your loved one can enjoy delicious, easy and safe mealtimes.

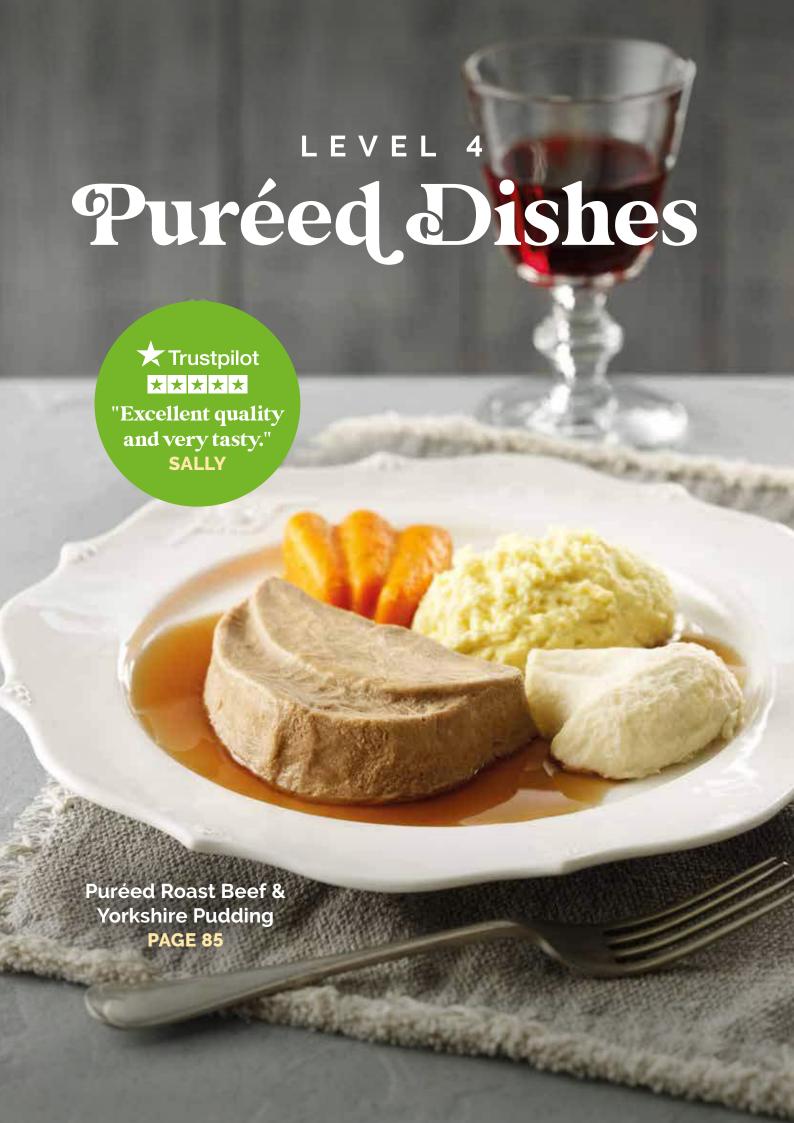
For more information, visit:





and easier to chew.

We are proud to support IDDSI, who work to improve the lives of those living with dysphagia worldwide.







D105 - Mini Puréed Lamb with Mint Puréed minted lamb in gravy served with puréed carrots and puréed mashed potato.

£5.50

280g

LS

#### D129 - Mini Puréed Fish & Chips

Traditional puréed fish and chips with puréed mushy peas and a tomato sauce.

£5.40

LS







D134 - Puréed Cottage Pie

Puréed beef dish topped with puréed mashed potato and served with puréed carrots, puréed broccoli and gravy.

£6.20 380g



D114 - Puréed Beef Stew & Dumplings Puréed beef stew and dumplings in a rich gravy, with puréed creamed mashed potato, puréed carrots and puréed green beans.

£6.20 380g



#### D116 - Puréed Beef Bolognese with Pasta

Puréed beef Bolognese with puréed pasta in tomato sauce, with puréed mashed potato, puréed carrots and puréed broccoli.

£6.20 380g



#### D115 - Puréed Roast Beef & Yorkshire Pudding

Puréed roast beef and Yorkshire pudding with puréed mustard mashed potato, served with puréed carrots, puréed cauliflower and gravy.

£6.20 380g



#### D143 - Puréed Chicken & Potato Pie

Puréed chicken and potato in a rich gravy served with puréed broccoli, puréed carrots and puréed mashed potato.

£6.10 380g

LS



D110 - Puréed Traditional Chicken & Stuffing

Traditional puréed chicken and stuffing with puréed creamy mashed potato, puréed carrots and puréed broccoli.

D144 - Puréed Sausage & Mash

Puréed sausage in gravy served with puréed mashed potato, puréed carrots and puréed peas.

£6.10 380g



£6.20

380g





D142 - Puréed Vegetable Lasagne

Puréed courgette, puréed aubergines, puréed lentils, béchamel sauce and puréed pasta in cheese sauce, served with puréed carrots, puréed green beans and puréed creamy mashed potato.

£5.99

350g

LS



D184 - Puréed Beef Casserole

380g

Pureed Beef Casserole with gravy, served with peas and carrots pureed and reshaped, and served with creamy potato mash.



£6.10

380g

£6.20



**D119 - Puréed Lancashire Hotpot** Puréed Lancashire hotpot in gravy, with puréed creamy mashed potato, puréed peas and puréed carrots.

£6,20 380g



D185 - Puréed Lentil Bolognese Puréed lentil Bolognese and pasta in tomato sauce, served with green beans, swede & parsnip and mashed potato.

£5.99 LS V



D146 - Puréed Fisherman's Pie

Puréed fisherman's pie with cream sauce, served with puréed peas, puréed carrots and puréed creamy mashed potato.

£5.99 380g



#### D113 - Puréed **Lamb with Mint**

Traditional puréed roast lamb with mint in gravy, served with puréed mashed potato, puréed broccoli, puréed carrot and puréed parsnip.

£6.20 380g



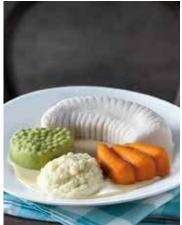
#### D135 - Puréed **Omelette in Cheese** Sauce

A lighter dish of puréed omelette, puréed beans and a cheese sauce served with puréed mashed potato.

£5.99 380g

LS V





#### D117 - Puréed Fish in Cream Cheese Sauce

Puréed fish in creamy cheese sauce with puréed mashed potato, puréed carrots and puréed peas.

£5.99 380g

380g



#### D118 - Puréed Salmon in Dill and Cream Sauce

Puréed salmon in dill and cream sauce. Served with puréed carrots, puréed peas and puréed mashed potato.

£5.99

380g

LS



#### D133 - Puréed Shepherd's Pie

Puréed shepherd's pie served with puréed carrots, puréed peas and puréed gravy.

£6.20

380g

LS



#### D111 - Puréed Hearty Chicken Casserole

Hearty puréed chicken casserole in a rich gravy with puréed mashed potato, puréed peas, puréed swede and puréed parsnips.

£6.10

380g

LS



#### D121 - Puréed Macaroni Cheese

Puréed macaroni in a cheese sauce, with puréed creamy mashed potato, puréed carrots and puréed broccoli.

£5.99

I C V

380g

LEVEL 4

### Puréed Meals

Our Level 4 Puréed meals are puréed and smooth with a consistent texture. They are thick enough to eat with a fork and are packed with flavour.



#### **TRY OUR**

#### Puréed Meals Pack

Beef Casserole • Chicken & Potato Pie • Fisherman's Pie Macaroni Cheese • Lamb with Mint • Vegetable Lasagne • Sausage & Mash

**SEE PAGE 95** 



#### LEVEL 5

### **Minced & Moist Meals**

# Main Meals

SUITABLE FOR A LEVEL 5 MINCED & MOIST DIET





#### M410 - Minced & Moist Fish in Cheese

Minced fish in cheese sauce, served with mashed potato and mushy peas.

£5.99 380g



# M414 - Minced & Moist Beef Stew & Dumplings

Beef stew and dumplings in a rich gravy served with mashed potato and carrot and swede.

£6.20 380g



#### M412 - Minced & Moist Lancashire Hotpot

Lancashire hotpot in a gravy, served with mash potato and mushy peas.

£6.20 380g



#### M403 - Minced & Moist Beef Bolognese

Minced beef with pasta in a tomato sauce served with mashed potato, carrot and swede.

£6.20 380g



### M404 - Minced & Moist Cottage Pie

Minced beef with creamy mashed potato topping, served with cauliflower in a cheese sauce, carrots and swede.

£6.20 380g



#### M406 - Minced & Moist Chicken Curry

Minced chicken in masala sauce, served with Bombay potatoes and lentil daal.

£6.10 380g



M413 - Minced & Moist Savoury Beef Savoury minced beef served with mashed potato and carrots.



M415 - Minced & Moist Lamb casserole Casserole of minced lamb, carrots and onion in gravy, served with minted potato mash and buttered swede.

£6.20 380g



M402 - Minced & Moist Vegetable Lasagne Minced vegetable lasagne, served with mashed potato and carrots.

£5.99 380g LS V



LS



Moist Macaroni
Cheese
Macaroni cooked in
cheese sauce, served
with mashed potato,
lentils, carrots and swede.

M416 - Minced &

£5.99



M405 - Minced & Moist Roast Lamb and Mint

380g

Minced roast lamb and mint, served with mashed potato and swede.

£6.20

S

380g

#### LEVEL 6



### Soft & Bite-Sized Meals





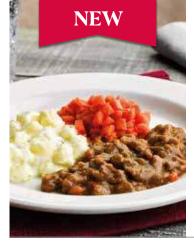
# Main Meals



SUITABLE FOR A LEVEL 6 SOFT & BITE-SIZED DIET



**F120 - Soft & Bite-Sized Fish in Cheese**Fish in cheese sauce served with diced potato in parsley sauce and mushy peas.



F117 - Soft & Bite-Sized Savoury Beef Savoury minced beef served with crushed herby potato and swede.





F121 - Soft & Bite-Sized Vegetable Tikka Masala

Carrots, cauliflower, lentils and onions cooked in a spicy creamy yogurt tikka masala sauce, served with diced potato in masala sauce and lentil daal.

£5.99 380g



380g

F104 - Soft & Bite-Sized Chicken Casserole

Chicken casserole with mashed potato and carrots.

£6.10 380g



F100 - Soft & Bite-Sized Beef Bolognese

Beef Bolognese with crushed parsley potatoes and carrots.

£6.20 380g

£5.99



**F119 - Soft & Bite Sized Lentil Bolognese** Lentils cooked in a Bolognese sauce, served with diced potatoes in a cheesy sauce, carrots and swede.

£5.99 380g LS



**F106 - Soft & Bite-Sized Macaroni Cheese** Macaroni cheese with mustard mash, carrots and swede.

£5.99 380g LS V



Bite-Sized Lamb
Casserole
A minced lamb, carrot
and onion casserole with
minted mashed potato

F103 - Soft &

and mushy peas.

£6.20 380g



# F111 - Soft & Bite-Sized Roast Lamb & Mint Minced lamb in a minted gravy served with swede

Minced lamb in a minted gravy served with swede and diced potato in a parsley sauce.

£6.20 380g



#### F105 - Soft & Bitesized Vegetable Cottage Pie

Vegetable cottage pie with onion, red lentils, tomato, courgette and swede, topped with mash. Served with minced carrots and peas.

£5.99 380g



F108 - Soft & Bitesized Traditional Chicken & Stuffing Minced chicken and stuffing, served with

stuffing, served with diced potato in parsley sauce and minced swede.

£6.10 380g

LS



M413 - Minced & Moist Savoury Beef Savoury minced beef served with mashed potato and carrots.



F109 - Soft & Bite-sized Chicken Curry Minced chicken in masala sauce, served with Bombay potatoes and lentil daal.

£6.20 380g



380g

LS



F107 - Soft & Bite-Sized Beef Stew & **Dumplings** 

Beef stew and dumplings in a rich gravy served with parsley, potatoes and carrots.

£6.20

380g





F110 - Soft & Bite-Sized Roast Beef Beef in gravy, served with diced potatoes in a mustard sauce and cauliflower cheese.

£6.20

380g



Ketchu



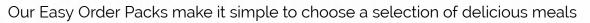








# Puréed Best Sellers Pack















#### **Puréed Mains**

- 1. Hearty Chicken Casserole
- 2. Roast Lamb with Mint
- 3. Beef Stew & Dumplings
- **4.** Fish in Creamy Cheese Sauce
- 5. Vegetable Lasagne
- 6. Macaroni Cheese
- 7. Beef Bolognese

Code: P210 **£42.65** 

Don't like a meal? Simply let us know and we'll be happy to swap it for something else (this may affect the price).





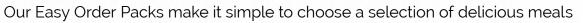








## Minced & Moist **Taster Pack**

















#### **Minced & Moist Mains**

- 1. Beef Bologenese
- 2. Cottage Pie
- 3. Roast Lamb & Mint
- **4.** Chicken Curry
- 5. Fish in Cheese
- 6. Beef Stew & Dumplings
- 7. Macaroni Cheese

Code: P270

£42.85

Don't like a meal? Simply let us know and we'll be happy to swap it for something else (this may affect the price).







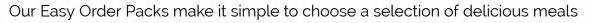








### Soft & Bite-Sized Taster Pack













### **Soft & Bite-Sized Mains**

- 1. Beef Bolognaise
- 2. Lamb Casserole
- 3. Chicken Casserole
- 4. Vegetable Cottage Pie
- 5. Macaroni Cheese
- 6. Roast Chicken & Stuffing
- 7. Savoury Beef

Code: P271

£42.75

Don't like a meal? Simply let us know and we'll be happy to swap it for something else (this may affect the price).



# If you haven't ordered from us before, welcome! It's easy.



ORDER NOW
- it's as easy
as 1,2,3



Browse our meals order by phone, online or fill out an order form.



Our friendly local delivery driver will bring your meals to your home.



Quick and easy to cook in your oven or microwave.

#### Ordering on the web

Our website is a quick, easy and secure way to have delicious frozen meals and desserts delivered directly to your home.

Shop online 24/7 with oakhousefoods.co.uk.

Compatible with your computer, phone or tablet, enjoy finding meals which are perfect for you. Plus you can check out without registering an account if you prefer.

#### Ordering on the phone

Your local team has dedicated staff who are happy to help you place your order and assist you with anything else you might need. Simply call the number on the front of the brochure to get in touch with your local team who are looking forward to having a chat.

#### Friendly delivery

Once you have placed your order, one of our local delivery drivers will bring it directly to you. Orders of £30 or more are delivered for FREE. For orders below £30, the delivery charge is just £1.

#### Easy payment methods

Pay over the phone, online or you can pay your driver.
Simply pay by cash or cheque when your food is delivered.

### We accept the following payment methods:



#### **Allergens**

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your local branch know if you have a specific allergy or would like more information about our dishes. We can create a bespoke free from list based on your specific allergens or preferences.





#### **FIVE STAR FAVOURITE**

# Look out for these flags

The **NEW** badge means it's a brandnew dish to try, so why not add one to your next order? Our best sellers are labelled with a **TOP PICK** badge! We've marked some of our **5 STAR FAVOURITES** - these are just some of the many dishes which receive 5-star ratings on Trustpilot. They're definitely worth a try and you can see more reviews online.

### Signature RANGE

The Oakhouse Signature range is a range of premium mains, minis and desserts providing restaurant-quality mains at home. Designed by chefs, each of these meals will make any night in a special occasion.

### Dietary symbols

You'll find dietary symbols clearly displayed next to each dish in our range to give you a quick snapshot of any key information about each one.



#### **VEGETARIAN**

Free from meat, fish and their derivatives.
May contain dairy products.



#### VFGAN

Free from meat, eggs, dairy products and all other animalderived ingredients.

Made to a vegan recipe in a food preparation area that uses nonvegan ingredients.



#### **LOW FAT**

3g of fat or less per 100g.



#### **LOW SALT**

0.3g of salt or less per 100g.



#### **LOW SUGAR**

Less than 5g of sugar per 100g.



Less than 200 calories for a dessert.



#### **SOURCE OF FIBRE**

Contains at least 3g of fibre per 100g or at least 1.5g of fibre per 100 kcal.



#### **HIGH PROTEIN**

At least 20% of the energy value of the food is provided by protein.



#### 1 OF YOUR 5 A DAY

80g of fresh, canned or frozen fruit and vegetables or 30g of dried fruit.



#### **GLUTEN FREE**

Free from traces of gluten in accordance with the legal threshold (<20ppm).
Our products are made to gluten free recipes, however the factories that make them do handle gluten.



Less than 400 calories for a meal.





# Our Super Saver Pack

A selection of seven great mains and four delicious desserts with 10% off

#### Main meals

- 1. Hong Kong Chicken
- 2. Cottage Pie
- **3.** Cod, Chips & Peas
- 4. Cumberland Pie
- 5. Chicken & Mushroom Pie with Vegetables
- **6.** Lamb Casserole
- Shepherd's Pie **7.**

#### **Desserts**

- **8.** Black Forest Gateau (2 pack)
- 9. Lemon Meringue Pie (2 pack)
- 10. Sherry Trifle (2 pack)
- 11. Apple & Pear Crumble with Chocolate Custard













Code: P428 - Was £61.81 • Now £55.60



Call us today on our local rate number

9.00am - 5.00pm Monday - Friday



Visit our website 24 hours a day, 7 days a week

#### oakhousefoods.co.uk

#### Terms & conditions

Photographs indicate serving suggestions. All product & pricing information is correct at time of publishing, but may be subject to change. We always recommend you check the packaging for latest ingredient information. Prices are inclusive of VAT. Products subject to availability. Oakhouse Foods reserves the right to place minimum order restrictions, this may vary in all or partial locations at any given time. For full terms and conditions please visit our website at oakhousefoods.co.uk/terms-and-conditions. E&OE.