



oakhousefoods.co.uk

**Groceries order form**

JULY 2022

- 1** Please fill in your details below and note down what you would like to order on the form.
- 2** Either give us the completed form on our next delivery, post it to your local branch, or if you prefer, telephone us with your requirements.
- 3** Please let us have your order no later than 12 noon on the day before your regular delivery (or on a Friday for a Monday delivery).

**Please complete your details below.**

Name: .....

Address: .....

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.....Postcode: .....

Telephone: .....

Customer number (if known): .....

	Qty	Total
<b>Grand total:</b>		

For office use only:

## FRESH FOOD & BAKERY

### Milk, Cream, Butter & Eggs

<b>G3133</b>	Alpro Soya Original	1 Litre	<b>£2.50</b>		
<b>G3008</b>	Cravendale Whole Semi Skimmed Milk	1 Litre	<b>£1.55</b>		
<b>G3007</b>	Cravendale Whole Fresh Milk	1 Litre	<b>£1.55</b>		
<b>G3149</b>	Elmlea Double Cream	270ml	<b>£1.99</b>		
<b>G3186</b>	Lurpak Spreadable	250g	<b>£3.25</b>		
<b>G3188</b>	Dairy Crest Original Clover	500g	<b>£3.25</b>		
<b>G3057</b>	Flora Light Spread	500g	<b>£2.50</b>		
<b>G3058</b>	Flora Spread	500g	<b>£2.50</b>		
<b>G3151</b>	Free Range Eggs	Pack of 6	<b>£2.05</b>		

### Cheese & Yoghurt

<b>G3170</b>	Pilgrims Choice Extra Mature Cheddar	350g	<b>£4.80</b>		
<b>G3200</b>	Kraft Philadelphia	165g	<b>£2.85</b>		
<b>G3110</b>	Mini Babybel	Pack of 6	<b>£3.50</b>		
<b>G3037</b>	Dairylea Cheese Slices	8 Slices	<b>£2.05</b>		
<b>G3145</b>	Activia Strawberry Yoghurt	4 x 115g	<b>£3.25</b>		
<b>G3109</b>	Actimel Strawberry Yoghurt Drink	Pack of 8	<b>£4.45</b>		

## FOOD CUPBOARD

### Jams & Spreads

<b>G3003</b>	Hartley's Best Strawberry Jam	300g	<b>£2.25</b>		
<b>G3002</b>	Hartley's Best Blackcurrant Jam	300g	<b>£2.25</b>		
<b>G3136</b>	Robertson's Golden Shredless Marmalade	454g	<b>£1.90</b>		
<b>G3137</b>	Robertson's Golden Shred Marmalade	454g	<b>£1.90</b>		
<b>G3081</b>	Marmite Original	250g	<b>£4.65</b>		
<b>G3155</b>	Rowse Blossom Honey	340g	<b>£3.25</b>		

### Cereal

<b>G3030</b>	Kellogg's Corn Flakes	500g	<b>£4.20</b>		
<b>G3185</b>	Kellogg's Cereal Variety Pack	8 x 25g	<b>£3.30</b>		

<b>G3024</b>	Kellogg's Fruit 'n Fibre	375g	<b>£2.99</b>		
<b>G3184</b>	Nestlé Bitesize Shredded Wheat	370g	<b>£2.85</b>		
<b>G3068</b>	Weetabix	Pack of 24	<b>£4.60</b>		
<b>G3022</b>	Quaker Oat So Simple Original Porridge	10 x 27g	<b>£4.15</b>		
<b>G3163</b>	Quaker Porridge Oats	1kg	<b>£3.30</b>		

## Sugar

<b>G3209</b>	Tate and Lyle Granulated Sugar	1kg	<b>£1.10</b>		
<b>G3042</b>	Hermesetas Mini Original Sweetener	Pack of 300	<b>£1.50</b>		

## Cooking Essentials

<b>G3208</b>	Filippo Berio Olive Oil	500ml	<b>£4.90</b>		
<b>G3001</b>	Crisp and Dry Rapeseed Oil	1 Litre	<b>£3.20</b>		
<b>G3178</b>	Bisto Gravy Granules	190g	<b>£2.99</b>		
<b>G3211</b>	Oxo Beef Stock Cubes	Pack of 12	<b>£2.55</b>		

## Canned Meat & Fish

<b>G3207</b>	Princes Pink Salmon	213g	<b>£4.55</b>		
<b>G3124</b>	Princes Sardines in Tomato Sauce	120g	<b>£1.50</b>		
<b>G3051</b>	Princes Tuna Chunks in Spring Water	145g	<b>£2.45</b>		
<b>G3177</b>	Princes Corned Beef	200g	<b>£2.80</b>		

## Soup

<b>G3193</b>	Heinz Cream of Chicken Soup	400g	<b>£1.50</b>		
<b>G3194</b>	Heinz Cream of Mushroom Soup	400g	<b>£1.50</b>		
<b>G3196</b>	Heinz Cream of Tomato Soup	400g	<b>£1.50</b>		
<b>G3192</b>	Heinz Big Chicken & Vegetable Soup	400g	<b>£1.95</b>		
<b>G3191</b>	Heinz Big Chunky Vegetable Soup	400g	<b>£1.95</b>		

## Canned Beans & Vegetables

<b>G3098</b>	Heinz Baked Beans	415g	<b>£1.50</b>		
<b>G3189</b>	Heinz Baked Beans	200g	<b>£1.20</b>		
<b>G3197</b>	Heinz Spaghetti Hoops	400g	<b>£1.45</b>		
<b>G3205</b>	Green Giant Sweetcorn	198g	<b>£1.30</b>		
<b>G3128</b>	Napolina Chopped Tomatoes	400g	<b>£1.35</b>		

## Rice

<b>G3138</b>	Uncle Ben's Microwave Long Grain Rice	250g	<b>£2.25</b>		
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## Condiments & Table Sauces

<b>G3086</b>	Saxa Ground Black Pepper	25g	<b>£1.30</b>		
<b>G3228</b>	Saxa Table Salt	750g	<b>£1.75</b>		
<b>G3033</b>	Sarson's Malt Vinegar	250ml	<b>£1.30</b>		
<b>G3066</b>	Hellmann's Real Mayonnaise	430ml	<b>£3.05</b>		
<b>G3164</b>	Heinz Tomato Ketchup	342g	<b>£2.05</b>		
<b>G3052</b>	HP Brown Sauce	450g	<b>£3.20</b>		
<b>G3154</b>	Colman's English Mustard	100g	<b>£1.45</b>		
<b>G3131</b>	Colman's Horseradish Sauce	136g	<b>£1.80</b>		
<b>G3132</b>	Colman's Mint Sauce	165g	<b>£1.80</b>		
<b>G3129</b>	Colman's Tartare Sauce	144g	<b>£1.80</b>		
<b>G3130</b>	Colman's Bramley Apple Sauce	155g	<b>£1.80</b>		

## Chutneys & Pickles

<b>G3139</b>	Branston Original Pickle	360g	<b>£3.50</b>		
<b>G3026</b>	Sharwood Mango Chutney	227g	<b>£2.50</b>		
<b>G3121</b>	Baxters Sliced Beetroot	340g	<b>£1.90</b>		

## Desserts

<b>G3165</b>	Ambrosia Custard	400g	<b>£1.85</b>		
<b>G3166</b>	Ambrosia Creamed Rice	400g	<b>£1.85</b>		
<b>G3179</b>	Nestlé Carnation Evaporated Milk	170g	<b>£1.10</b>		

<b>G3143</b>	Princes Fruit Cocktail in Syrup	410g	<b>£1.70</b>		
<b>G3036</b>	Princes Peach Slices in Juice	410g	<b>£1.70</b>		
<b>G3142</b>	Princes Pear Halves in Juice	410g	<b>£1.70</b>		
<b>G3035</b>	Princes Pineapple Chunks in Juice	227g	<b>£1.30</b>		
<b>G3071</b>	Princes Prunes in Light Syrup	420g	<b>£1.70</b>		
<b>G3123</b>	Hartley's Strawberry Flavour Jelly	125g	<b>£1.10</b>		

## Cakes

<b>G3204</b>	Becky's Bakery Sultana Scones	Pack of 4	<b>£1.55</b>		
<b>G3034</b>	McVitie's Jamaica Ginger Cake	200g	<b>£1.95</b>		
<b>G3150</b>	McVitie's Jaffa Cakes	Pack of 18	<b>£2.50</b>		
<b>G3227</b>	Tunnock's Teacakes	Pack of 6	<b>£1.45</b>		
<b>G3199</b>	Bakewell Slices	Pack of 6	<b>£2.85</b>		

## Biscuits & Biscuit Bars

<b>G3072</b>	McVitie's Bourbon Creams	300g	<b>£1.40</b>		
<b>G3080</b>	McVitie's Shortbread	200g	<b>£1.75</b>		
<b>G3099</b>	McVitie's Rich Tea Biscuits	300g	<b>£2.20</b>		
<b>G3100</b>	McVitie's Digestive Biscuits	400g	<b>£2.25</b>		
<b>G3162</b>	McVitie's Fruit Shortcake	200g	<b>£1.70</b>		
<b>G3050</b>	McVitie's Ginger Nuts	250g	<b>£2.05</b>		
<b>G3203</b>	McVitie's Hobnobs	300g	<b>£1.70</b>		
<b>G3067</b>	McVitie's Digestives Milk Chocolate	266g	<b>£1.99</b>		
<b>G3108</b>	KitKat 2 Finger Milk Chocolate Biscuit Bar	Pack of 5	<b>£1.80</b>		
<b>G3027</b>	McVitie's Club Mint Bars	Pack of 6	<b>£1.80</b>		
<b>G3028</b>	McVitie's Club Orange Bars	Pack of 6	<b>£1.80</b>		
<b>G3025</b>	McVitie's Penguin Original	Pack of 6	<b>£1.80</b>		
<b>G3065</b>	Twix Fingers Single Bar	Pack of 9	<b>£2.95</b>		

## Savoury Biscuits & Crackers

<b>G3168</b>	Jacob's Cream Crackers	200g	<b>£1.70</b>		
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<b>G3181</b>	Jacob's Cheddars	150g	<b>£1.75</b>		
<b>G3180</b>	Jacob's TUC Original	150g	<b>£1.85</b>		

### Crisps & Nuts

<b>G3102</b>	Walkers Ready Salted Crisps	Pack of 6	<b>£2.40</b>		
<b>G3101</b>	Walkers Salt & Vinegar Crisps	Pack of 6	<b>£2.40</b>		
<b>G3107</b>	Walkers Cheese & Onion Crisps	Pack of 6	<b>£2.40</b>		
<b>G3054</b>	KP Salted Peanuts	90g	<b>£1.45</b>		

### Chocolate

<b>G3069</b>	Cadbury Dairy Milk Chocolate Bar	110g	<b>£1.95</b>		
<b>G3040</b>	Cadbury Dairy Milk Fruit and Nut	110g	<b>£1.95</b>		
<b>G3005</b>	Maltesers	110g	<b>£2.40</b>		

### Sweets & Mints

<b>G3056</b>	Werther's Original	135g	<b>£1.75</b>		
<b>G3055</b>	Trebor Softmints Peppermint	Pack of 4	<b>£2.35</b>		
<b>G3169</b>	Haribo Starmix	190g	<b>£1.65</b>		
<b>G3156</b>	Maynards Bassetts Jelly Babies	165g	<b>£1.99</b>		
<b>G3229</b>	Bassett Murray Mints	193g	<b>£2.35</b>		
<b>G3230</b>	Bassett Sherbert Lemons	200g	<b>£2.35</b>		

## DRINKS

### Coffee

<b>G3158</b>	Kenco Really Smooth Coffee	100g	<b>£5.85</b>		
<b>G3159</b>	Kenco Decaf Instant Coffee	100g	<b>£5.90</b>		
<b>G3157</b>	Nescafé Original	200g	<b>£6.99</b>		
<b>G3047</b>	Coffee Mate	200g	<b>£2.99</b>		

### Tea

<b>G3094</b>	PG Tips Tea Bags	Pack of 80	<b>£4.00</b>		
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<b>G3160</b>	Taylor's of Harrogate Yorkshire Tea Bags	Pack of 80	<b>£4.85</b>		
<b>G3161</b>	PG Tips Decaf Tea Bags	Pack of 70	<b>£3.75</b>		

### Chocolate

<b>G3046</b>	Cadbury Drinking Hot Chocolate	250g	<b>£2.75</b>		
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### Longlife Milk

<b>G3198</b>	Long Life UHT Semi Skimmed Milk	1 Litre	<b>£1.30</b>		
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### Squash

<b>G3176</b>	Robinsons Summerfruits Fruit & Barley	1 Litre	<b>£2.05</b>		
<b>G3175</b>	Robinsons Real Orange Fruit & Barley	1 Litre	<b>£2.05</b>		
<b>G3079</b>	Robinsons No Added Sugar Orange	1 Litre	<b>£2.25</b>		

### Fizzy Drinks

<b>G3064</b>	Pepsi Diet	2 Litre	<b>£2.85</b>		
<b>G3018</b>	Pepsi Original	1.5 Litre	<b>£2.90</b>		
<b>G3135</b>	R Whites Lemonade	2 Litre	<b>£1.99</b>		
<b>G3122</b>	R Whites Diet Lemonade	2 Litre	<b>£1.99</b>		
<b>G3120</b>	Coca Cola Cans	6 x 330ml	<b>£5.45</b>		

### Mixers

<b>G3202</b>	Schweppes Tonic Water	1 Litre	<b>£2.30</b>		
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### Fruit Juice

<b>G3119</b>	Ocean Spray Cranberry Classic Juice	1 Litre	<b>£2.15</b>		
<b>G3141</b>	Rubicon Mango Juice	1 Litre	<b>£1.60</b>		
<b>G3144</b>	Tropicana Smooth Orange Juice	1.35 Litre	<b>£4.50</b>		

### Water

<b>G3011</b>	Brecon Sparkling Water	1.5 Litre	<b>£1.05</b>		
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<b>G3117</b>	Brecon Still Water	2 Litre	<b>£1.05</b>		
<b>G3106</b>	Nestlé Pure Life Still Spring Water	10 x 330ml	<b>£3.10</b>		
<b>G3015</b>	Volvic Touch of Fruits Summer Fruits Water	1.5 Litre	<b>£1.50</b>		
<b>G3017</b>	Volvic Touch of Fruits Lemon & Lime Water	1.5 Litre	<b>£1.50</b>		

## HOUSEHOLD ESSENTIALS

### Kitchen

<b>G3076</b>	Swing Bin Liners 50L	Pack of 16	<b>£1.50</b>		
<b>G3010</b>	Bacofoil Original Foil	30cm x 5m	<b>£3.20</b>		
<b>G3038</b>	Fairy Original Washing Up Liquid	433ml	<b>£1.90</b>		
<b>G3075</b>	Marigold Kitchen Gloves Medium	1 Pair	<b>£3.60</b>		
<b>G3078</b>	Regina Heart Kitchen Towels	2 Rolls	<b>£2.10</b>		

### Cleaning & Washing

<b>G3127</b>	Domestos Original Bleach	750ml	<b>£1.65</b>		
<b>G3023</b>	Flash Anti-Bacterial Wipes	48 Wipes	<b>£2.40</b>		
<b>G3233</b>	Flash Ultra Power Anti-Bacterial Cleaning Spray	500ml	<b>£2.99</b>		
<b>G3091</b>	Zoflora Disinfectant	120ml	<b>£1.95</b>		
<b>G3090</b>	Marigold Cleaning Cloth	Pack of 2	<b>£1.95</b>		
<b>G3173</b>	Persil Non-Bio Washing Capsules	15 Washes	<b>£6.50</b>		
<b>G3096</b>	Persil Bio Washing Capsules	15 Washes	<b>£6.50</b>		
<b>G3152</b>	Comfort Original Blue Fabric Conditioner	21 Washses	<b>£2.95</b>		

### Bathroom

<b>G3116</b>	Carex Handwash	250ml	<b>£2.15</b>		
<b>G3062</b>	Imperial Leather Soap Bar	Pack of 2	<b>£1.80</b>		



<b>G3009</b>	Radox Shower Gel	250ml	<b>£1.55</b>		
<b>G3019</b>	Johnson's Baby Powder	200g	<b>£1.95</b>		

### Tissues & Toilet Roll

<b>G3063</b>	Tempo Regular White Tissues	Pack of 80	<b>£1.99</b>		
<b>G3201</b>	3 Ply Quilted Toilet Roll	9 Rolls	<b>£5.50</b>		

### Air Fresheners

<b>G3190</b>	Febreze Cotton Fresh Spray	300ml	<b>£3.35</b>		
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### Batteries

<b>G3073</b>	Energizer Max AA batteries	Pack of 4	<b>£3.65</b>		
<b>G3074</b>	Energizer Max AAA batteries	Pack of 4	<b>£3.65</b>		

## HEALTH & MEDICINES

### Oralcare

<b>G3004</b>	Colgate Cavity Protection Toothpaste	75ml	<b>£1.40</b>		
<b>G3041</b>	Oral B Complete Mouthwash	250ml	<b>£1.55</b>		
<b>G3224</b>	Fixodent Original Denture Cream	40g	<b>£3.90</b>		
<b>G3114</b>	Colgate Extra Clean Medium Toothbrush	Pack of 3	<b>£1.95</b>		

### Deodorant

<b>G3234</b>	Dove Original Deodorant Spray	150ml	<b>£4.20</b>		
<b>G3118</b>	Right Guard Extra Fresh Spray	150ml	<b>£1.65</b>		
<b>G3021</b>	Impulse Spray	75ml	<b>£1.70</b>		

### Feminine Hygiene

<b>G3171</b>	Tena Lady Normal	Pack of 12	<b>£3.90</b>		
<b>G3212</b>	Tena Lady Extra	Pack of 10	<b>£3.90</b>		

## Shampoo

<b>G3113</b>	Alberto Balsam Raspberry Shampoo	350ml	<b>£1.70</b>		
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## Skincare

<b>G3077</b>	Johnson's Baby Cotton Buds	Pack of 100	<b>£1.45</b>		
<b>G3060</b>	Wilkinson Sword Women's Razor	Pack of 4	<b>£5.10</b>		
<b>G3059</b>	Wilkinson Sword Men's Razor	Pack of 4	<b>£5.10</b>		
<b>G3020</b>	Gillette Classic Men's Sensitive Shaving Foam	200ml	<b>£1.99</b>		
<b>G3061</b>	Pampers Sensitive Wipes	52 Wipes	<b>£1.40</b>		
<b>G3195</b>	Simple Cleansing Facial Wipes	25 Wipes	<b>£3.05</b>		
<b>G3032</b>	Nivea Crème	50ml	<b>£1.95</b>		
<b>G3083</b>	E45 Cream	50g	<b>£4.05</b>		

## Medicine

<b>G3103</b>	Panadol Advance	Pack of 16	<b>£1.99</b>		
<b>G3210</b>	Nurofen Caplets	Pack of 16	<b>£3.25</b>		
<b>G3105</b>	Galpharm Diarrhoea Relief	Pack of 6	<b>£4.10</b>		
<b>G3126</b>	Germolene	30g	<b>£3.45</b>		
<b>G3172</b>	Sudocrem Antiseptic Cream	125g	<b>£4.85</b>		
<b>G3213</b>	Anadin Aspirin Original	Pack of 16	<b>£2.45</b>		
<b>G3214</b>	Ibuprofen Caplets	Pack of 16	<b>£1.15</b>		
<b>G3217</b>	Rennie Spearmint	Pack of 36	<b>£4.05</b>		
<b>G3218</b>	Gaviscon Double Action Liquid	150ml	<b>£6.50</b>		
<b>G3219</b>	Lemsip Cold & Flu Hot Lemon	5 Sachets	<b>£2.85</b>		
<b>G3221</b>	Strepsils Honey & Lemon	Pack of 16	<b>£3.70</b>		
<b>G3226</b>	Paracetamol	Pack of 16	<b>£1.30</b>		

## EverWell Supplements

<b>E18</b>	Bone Health	30 Tablets	<b>£5.50</b>		
<b>E06</b>	Cod Liver Oil	30 Capsules	<b>£4.20</b>		
<b>E21</b>	Cognition	30 Tablets	<b>£7.50</b>		

<b>E08</b>	Garlic	30 Tablets	<b>£5.40</b>		
<b>E07</b>	Glucosamine	30 Tablets	<b>£6.00</b>		
<b>E14</b>	Healthy Heart	30 Capsules	<b>£7.50</b>		
<b>E01</b>	Immunity Support	30 Tablets	<b>£7.50</b>		
<b>E09</b>	Iron	30 Tablets	<b>£4.20</b>		
<b>E19</b>	Joint Health	30 Tablets	<b>£7.50</b>		
<b>E11</b>	Magnesium	30 Tablets	<b>£5.75</b>		
<b>E03</b>	Multivitamins For Men 50+	30 Tablets	<b>£9.00</b>		
<b>E12</b>	Multivitamins For Men 70+	30 Tablets	<b>£9.00</b>		
<b>E04</b>	Multivitamins For Women 50+	30 Tablets	<b>£9.00</b>		
<b>E13</b>	Multivitamins For Women 70+	30 Tablets	<b>£9.00</b>		
<b>E20</b>	Muscle Support	30 Tablets	<b>£5.50</b>		
<b>E23</b>	Skin, Hair & Nails	30 Tablets	<b>£7.50</b>		
<b>E17</b>	Turmeric	30 Tablets	<b>£7.80</b>		
<b>E22</b>	Vision Support	30 Capsules	<b>£7.50</b>		
<b>E15</b>	Vitamin B	30 Tablets	<b>£4.50</b>		
<b>E16</b>	Vitamin B12	30 Tablets	<b>£4.20</b>		
<b>E05</b>	Vitamin C	30 Tablets	<b>£5.40</b>		
<b>E02</b>	Vitamin D	30 Tablets	<b>£4.00</b>		
<b>E10</b>	Zinc	30 Tablets	<b>£3.50</b>		

## PETS

### Cats

<b>G3134</b>	Whiskas Complete Chicken	340g	<b>£2.10</b>		
<b>G3115</b>	Felix Mixed Selection in Jelly	12 x 100g	<b>£6.30</b>		
<b>G3104</b>	Felight Cat Litter	10 Litre	<b>£6.15</b>		

### Dogs

<b>G3044</b>	Winalot Pouches Chunks in Jelly Perfect Portions	Pack of 12	<b>£6.99</b>		
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**Grand total**

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