



Oakhouse
FOODS

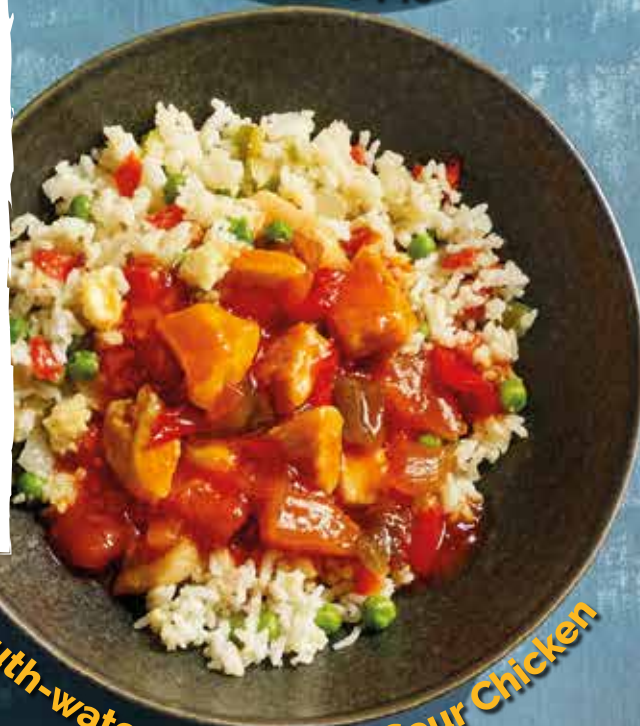
Frozen Meals with you in mind

Mouth-watering
NEW dishes inside

Over 350 dishes

AUTUMN 2021

Tart & Zesty Lemon Meringue Pie



Mouth-watering Sweet & Sour Chicken

Gastropub Favourite Fish Pie



Satisfying Mini Cottage Pie



To get our delicious meals delivered direct to your home, order now:

 **0118 975 6565** (LOCAL RATE)

 **oakhousefoods.co.uk**



We've sold over 30 million meals. Why not give us a try and join the thousands of happy customers who enjoy delicious and easy Oakhouse meals every week!

Mouth-watering Meals for you

A very warm welcome to Autumn.

At Oakhouse Foods, our chefs are always thinking about food and which delicious meals you might want to try next. And we think they've come up trumps again (we've tried them, we know!). With mouth-watering new mains, minis, desserts and sides to tempt every palate. The only question is – which one do you want to try first?

Let us tantalise your tastebuds with classics and more.

**Warmest wishes,
The Team at Oakhouse**



**See a selection of
our NEW dishes overleaf**

Products on the left from the top, 657 Beef Bourguignon found on page 23, 489 Roasted Vegetable Lasagne see page 43 & 424 Pork with a Port & Plum Sauce can be found on page 39.

Autumn 2021 Contents...

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An Autumnal Feast

Our chefs are always full of ideas as the seasons change and we think that this year, they've outdone themselves. Introducing our **NEW** meals...



1 1354 - Beef Casserole

Melt-in-the-mouth beef with potatoes, silverskin onions and wholesome root vegetables simmered in a rich red wine casserole.

See page 23

2 1029 - Mini Lancashire Hotpot

Diced leg of lamb, steam cooked for extra tenderness. Cooked with carrots, leeks and swede in a lamb and beef gravy and topped with sliced potato.

See page 57

3 1025 - Mini Steak & Mushroom Pie

Tender pieces of steak with potato and mushrooms in a rich beef, red wine and onion gravy. Cooked in handmade shortcrust pastry.

See page 49



4

4 1031 - Ham & Cheese Toastie

Gammon ham and Cheddar cheese with a white sauce in toasted white bread.

See page 70



5

5 1355 - Gammon, Pineapple Relish & Vegetable Crush

Succulent gammon in a pork gravy with a root vegetable crush, edamame beans, sweetcorn and lightly spiced pineapple relish.

See page 41



6

6 1030 - Hunter's Chicken Panini

Sliced Chicken, Bacon and Cheddar with BBQ sauce in a ciabatta roll.

See page 69





Something extra special

JUST FOR YOU

Things have been different over the last couple of years so at Oakhouse, we feel that treats are the order of the day. We've picked some of our favourite dishes to help you make any meal a special occasion, just 'because'.



**424 - Pork with
a Port & Plum
Sauce**

**"Excellent,
very tasty
meal"**

Page 39



593 - Cod in Parsley

**"Lovely sauce,
fresh & delicious"**

Page 33



 **Trustpilot**

We're really proud to work with Trustpilot to gather our fantastic reviews. Every review on this page comes from our lovely customers. You can see more on our website.

Reviews correct at time of going to print: August 2021



657 - Beef Bourguignon

"A very tasty meal,
a pleasure to eat"

Page 23



**489 - Roasted
Vegetable Lasagne**

"Very tasty"

Page 43



1309 - Luxury Roast Lamb Dinner

"Always delicious, tender
meat & good variety of veg"

Page 36





Chef's Choice

We work alongside some fantastic chefs - like Rob in Devon who develops many of our gorgeous desserts.

“ I was thrilled to be asked to share my favourite Oakhouse Foods desserts to inspire you! Bon Appetit. ”

Rob Waldron



732 - Lemon Meringue Pie

This is the perfect Lemon Meringue Pie! With a delicious pie crust, tart and smooth lemon filling and a fluffy oven baked meringue topping, just like you would make at home.

PAGE 79



626 - Sticky Toffee Pudding

This Sticky Toffee Pudding is the perfect marriage of richness and sweetness covered in luxurious butterscotch sauce. The perfect dessert to warm you up on a cold winter's night!

PAGE 74



824 - Honeycomb Ice Cream

Hands down my favourite flavour of ice cream; rich and smooth dairy ice cream filled with crunchy honeycomb pieces. A simple yet perfect combination you just can't resist!

PAGE 82

Our Gastropub Favourites

895
Mini
Cottage Pie
page 48

At Oakhouse, we love a classic
- these are our top sellers!

306
Fish Pie
page 32

1300
Roast Beef
Dinner
page 20

Top 10 dishes

TO TRY THIS AUTUMN



Main Meals Full of Flavour

We've pulled together our top mains for you to try - we're confident you'll love them! Join the thousands who buy these every week.



477 - Chicken & Mushroom Pie With Vegetables - see page 27



**1326 - Lamb Casserole
see page 37**



424 - Pork with a Port & Plum Sauce - see page 39

Handmade
in the Lake
District



**587 - Strawberry Tart
see page 80**



609 - Apple Crumble with Custard - see page 75

Delectable Desserts

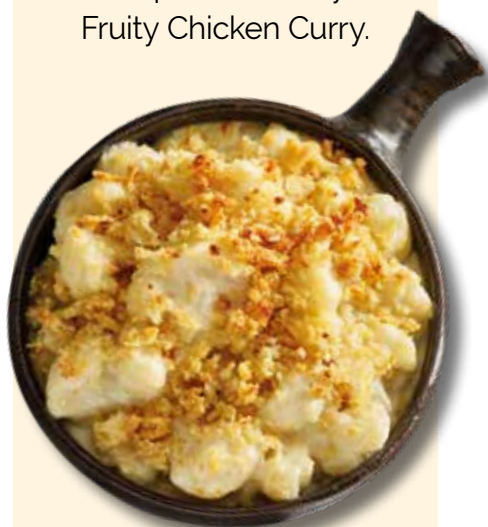
We're so fortunate that most of our gorgeous desserts are hand-finished in Devon and the Lake District. With surroundings like that, it's no wonder they're so tasty!



1329 - Chicken Samosas
see page 87

Dreamy Side Dishes

Sometimes want just a bit more? Usually our mains are plenty on their own, but on those rare occasions, why not choose one of our carefully selected sides? Like our Hand made Chicken Samosas - the perfect accompaniment to your Fruity Chicken Curry.



472 - Cauliflower Cheese
see page 87



339 - Mini Fruity Chicken Curry - see page 54



895 - Mini Cottage Pie
see page 48



466 - Mini Spaghetti Bolognese
see page 50

Mighty Mini Meals

Whether for lunch or just when you fancy a smaller dinner, our mini meals are very popular. From Fruity Chicken Curry to Cottage Pie, we've got you covered.

TOP PICK

Look out for our Top Pick flag; it highlights our best sellers!



Easy Ordering with Oakhouse

Delivering direct to your door

**Ordering
with us is as
easy as 1, 2, 3**



Step 1

Browse our meals -
order by phone, online
or fill out an order form.



Step 2

Our friendly local
delivery driver will
bring your meals to
your home.



Step 3

Quick and easy to
cook in your oven
or microwave.

**Meet
Carla**

delivering
in Wessex



Trusted to deliver delicious meals by thousands of happy customers every week

We make ordering meals extra easy. You can order either online or over the phone, the choice is yours! Plus, there are no contracts, so you can order as often or as little as you like.

Ordering on the web

If you fancy quick, easy and secure ordering, whatever time of day, then you can shop online 24/7 with **oakhousefoods.co.uk**.

Compatible with your computer, phone or tablet, enjoy finding meals which are perfect for you. (Plus you can check out without registering an account if you prefer). Looking for something specific? Try our dietary filters to find the dishes that suit your diet.

Ordering on the phone

If you prefer to speak with someone on the phone, your local team is waiting to help you place your order and assist you with anything you need. Simply call the number on the front of the brochure to get in touch with the local team who are looking forward to having a chat.

Once you have placed your order, one of our local delivery drivers will bring it directly to you.

Orders of £30 or more are delivered FREE. For orders below £30, the delivery charge is just £1.



This is Darren from our North East branch

Our drivers are even happy to pack away your order if you request it. All of our drivers are following the latest government guidance on social distancing. Keep an eye on our website for our latest coronavirus delivery information at oakhousefoods.co.uk.

Easy payment methods

Pay over the phone or online.

We accept the following payment methods:



Or you can pay your driver. Simply pay by cash or cheque when your food is delivered.

Perfect, no matter your appetite

Whatever your tastes, appetite or dietary requirements, Oakhouse has the dishes you love

Smaller appetite?

Then visit our Mini Meal section which features smaller portions of all your favourite meals from page 46.



The majority of our mini meals weigh 240g and the majority of our main meals weigh 400g.

Looking for a little bit more?

Then add a side to your meal. See our full selection of sides from page 84.

Looking for low sugar or gluten free dishes?

We have outlined the dishes suitable for these diets from page 94.

Free from lists

We can create a bespoke list of dishes based on your specific allergens or preferences. So please get in touch with your local team and we will do our best to accommodate your needs.



Look out for these flags

The **NEW** symbol means it's a brand new dish to try, so why not add one to your next order.

We've marked some of our **5★ FAVOURITES** with a flag - these are just some of the many dishes which receive 5★ ratings on Trustpilot. They're definitely worth a try and you can see more reviews online.

Our best sellers are labelled with a **TOP PICK** badge!

At Oakhouse, we're always looking to improve our dishes - we would love to hear your feedback, so speak to your local team if you have any suggestions or ideas. It's much appreciated!



Dietary symbols

You'll find dietary symbols clearly displayed next to the dishes in our range to give you a quick snapshot of any key information about each one.



VEGETARIAN

Free from meat, fish and their derivatives. May contain dairy products.



VEGAN

Free from meat, eggs, dairy products and all other animal-derived ingredients.



SOURCE OF FIBRE

Contains at least 3g of fibre per 100g or at least 1.5g of fibre per 100 kcal.



HIGH PROTEIN

At least 20% of the energy value of the food is provided by protein.



LOW FAT

3g of fat per 100g or less.



LOW SALT

0.3g per 100g or less.



1 OF YOUR 5 A DAY

80g of fresh, canned or frozen fruit and vegetables or 30g of dried fruit.



GLUTEN FREE

Free from traces of gluten in accordance with the legal threshold (<20ppm). Our products are made to Gluten Free recipes, however the factories that make them do handle gluten.



LOW SUGAR

Less than 5g of sugar per 100g.



Less than 200 calories for a dessert.



Less than 400 calories for a meal.



Dinner Winners

Delivered to your Door

Over the Summer, Oakhouse Foods were delighted to be included in the Daily Express* feature 'Dinner Winners Delivered to your Door', an article which took a closer look at next generation dining services.

As part of this feature, a selection of meals from Oakhouse Foods were trialled alongside meals from five other ready meal delivery companies.

Each of the meals were scored on nutrition, taste, cost and value for money.

Sophie Medin, Consultant Dietitian and Director of City Dietitians, reviewed all of the meals and we're proud to say that the meals from Oakhouse Foods came out on top, scoring a fantastic 4.5 out of 5 rating.

Here's what Sophie had to say about our meals...

“ Attractive presentation, Mushroom Stroganoff had creamy sauce, Fish Pie had creamy mash and generous chunks of fish. Great range of healthy options with clear low salt, low fat and sugar labelling on the website. ”

Sophie Medin, Consultant Dietitian



306 Fish Pie



523 Sweet & Sour Chicken



**1341 Mushroom Stroganoff
with Rice**

DAILY EXPRESS Dinner Winners, 1341 Mushroom Stroganoff with Rice see page 45, 523 Sweet & Sour Chicken see page 30 & 306 Fish Pie can be found on page 32.



Recycling our packaging

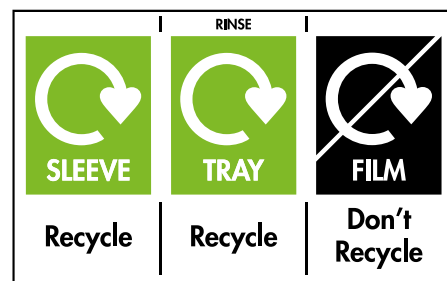
We all know that recycling is important. We wanted to explain a little more so that it's clear what we're doing to ensure our packaging is as recyclable as possible.

We are thrilled to announce that our plastic trays are now fully recyclable. This is thanks to new developments in recycling technology: with the introduction of new dye pigment in our black trays, plus new machinery in recycling centres.

This means both our plastic trays (including the black trays) and card sleeves are fully recyclable!

So you can enjoy delicious mealtimes, knowing that your Oakhouse meals are more environmentally friendly.

We are also members of the On-Pack Recycling Label scheme, which means we aim to label the recyclability of our packaging as clearly as possible. You will see these labels on all of our new meals and desserts and as we update our existing designs.



At Oakhouse, we are committed to finding new ways to lessen our environmental impact.

If you have any questions, please feel free to contact us.



TOP PICK

Cumberland Pie

Code 530 • Page 21



Main Meals

From comforting classics to takeaway treats, we've got a great range of dishes for those days you just don't fancy cooking.

**Pollock Mornay with
Parmentier Potatoes**
Code: 1327 • Page 33

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Vegetarian Dishes
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★ Trustpilot ★★★★★



Our **Lamb & Vegetable Medley (1348)** has proven so popular, we've brought it back. Try it before it's gone!

See page 37



Our chef's have really gone to town on our **Pork & Leek Sausages with a Cauliflower Cheese Mash (1350)**. You must try it.

See page 40



Spaghetti Bolognese (660), a true Italian classic: perfectly cooked spaghetti with a red wine, Bolognese sauce.

See page 24

Beef Dishes

Tuck into our tasty and satisfying beef and venison meals.
Let us know which is your favourite on Facebook!



1300 - Roast Beef Dinner

Sliced topside of beef in a rich gravy. Served with roast potatoes, carrots, peas and roast parsnips.

£5.80

400g

LS S 1 HP F



1307 - Luxury Roast Beef Dinner

Sliced topside of beef in a rich and luxurious beef gravy. Served with roast potatoes, roast parsnips, carrots, cauliflower and broccoli cheese, and a Yorkshire pudding. **OVEN ONLY**

£6.00

500g

LS 1



1313 - Beef Platter

Sliced topside of beef in gravy. Served with mashed potato, green beans and carrots.

£5.20

400g

LS ♥ C S 1 HP F



Extra gravy?

See our grocery brochure for full product information.

oakhousefoods.co.uk/groceries



173 - Hunter's Pie

Tender minced venison, carrots, peas and pancetta in a rich red wine gravy. Topped with a layer of mashed potato and lightly grilled mature Cheddar cheese.

£5.60

400g

LS HP



211 - Cottage Pie Meal

Lean minced beef, slow cooked in a beef & Worcestershire sauce gravy, topped with buttery mashed potato. Served with green beans, sweetcorn and diced carrots.

£4.15

395g

LS C 1 HP



TOP PICK

304 - Cottage Pie

Minced beef, diced carrots and peas in rich onion gravy topped with mashed potato.

£3.99

400g

LS C 1 HP



TOP PICK

530 - Cumberland Pie

Minced beef with turnip, onion and swede in a rich red wine gravy, topped with mashed potato.

£3.99

400g

LS 1 HP



276 - Minced Beef & Mash

Minced beef and carrots in a beef and onion gravy seasoned with a hint of nutmeg. Served with smooth mashed potato.

£3.90

400g

LS S



832 - Luxury Cottage Pie

Tender beef, slow cooked in a rich red wine and herb sauce, topped with creamy mashed potato and finished with a mix of Cheddar cheese, Parmesan cheese, parsley & breadcrumbs.

OVEN ONLY

£5.20

435g

LS HP



985 - Rustic Cottage Pie

Tender pieces of braised beef in a rich red wine gravy, topped with potatoes and carrots. Garnished with a sprinkling of Cheddar cheese.

£3.65

400g

LS 1



474 - Steak & Mushroom Pie

Chunks of tender beef with chestnut mushrooms in a red wine sauce. Topped with puff pastry and served with mashed potato, green beans and sliced carrots.

£4.99

420g

LS 1 HP



208 - Beef & Kidney Pie

Slow cooked chunky cut beef and kidney pieces in red wine gravy. Topped with a puff pastry lid and served with mashed potato and baked beans.

£4.15

360g

LS HP



407 - Steak & Kidney Pudding

A handmade steamed suet pudding filled with tender pieces of beef and kidney in a rich gravy.

**MICROWAVE ONLY
DEFROST BEFORE
COOKING**

£2.99

190g

LS



493 - Minced Beef Pie

Minced beef and button mushrooms in a tomato and red wine sauce topped with puff pastry. Served with sauté potatoes and mushy pea purée.

£4.50

460g

LS S 1



244 - Steak Pie

Tender pieces of steak in a rich beef, red wine and mustard gravy. Cooked in handmade shortcrust pastry.

**TWIN PACK - OVEN
ONLY**

£6.50

2 x 255g

LS



421 - Beef au Poivre

Tender beef brisket in a creamy brandy and pepper sauce. Served with roast potatoes, baton carrots and green beans mixed with shallots and bacon.

£6.50

415g

LS 1



NEW

1354 - Beef Casserole

Beef, potato, silverskin onions and wholesome root vegetables, simmered in red wine.

£5.80

400g

LS C GF 1 HP



286 - Beef Stew & Dumpling

Made with tender chunks of beef, leeks, carrots, swede, mushrooms and onions in a red wine gravy. Served with a baked parsley, thyme and sage dumpling.

£5.99

420g

LS 1



303 - Corned Beef Hash

A combination of corned beef, baked beans and onions in a rich tomato sauce. Served with sauté potatoes.

£4.10

375g

LS HP F



TOP PICK

667 - Steak Diane

Tender beef brisket and slices of chestnut mushrooms in a creamy sauce with a hint of brandy. Served with rich dauphinoise potatoes and green beans.

£5.99

350g

LS C HP



285 - Beef & Vegetable Hotpot

Braised beef, carrots, peas, onions, swede and parsnips in a beef gravy. Topped with golden sauté potatoes.

£4.75

400g

LS C 1 HP F



TOP PICK

657 - Beef Bourguignon

Marinated beef with slices of chestnut mushrooms in a rich, herby red wine sauce. Served with dauphinoise potatoes and green beans.

£6.50

400g

LS 1 HP



135 - BBQ Beef Brisket with Carrots & Potatoes

Made with slow cooked beef brisket for extra tenderness, in a smoky BBQ sauce. Served with seasoned potatoes and carrots.

£6.50

400g

1



1331 - Beef Bolognese Pasta Bake

Penne pasta and minced beef in a classic tomato sauce sprinkled with Mozzarella and Cheddar cheese.

£4.30

400g

LS



TOP PICK

168 - Beef Lasagne

A full-flavoured Bolognese made with chopped tomatoes, carrots and onions. Layered with sheets of pasta and topped with a béchamel sauce and a cheese and parsley crumb.

£4.40

400g

LS 1 HP



TOP PICK

660 - Spaghetti Bolognese

A rich Bolognese sauce made with beef, tomatoes, onions and mushrooms in a red wine sauce. Served with spaghetti and topped with cheese.

£4.30

400g

LS HP



668 - Beef & Wild Mushroom Lasagne

Layers of rich Bolognese sauce and pasta sheets topped with a creamy wild mushroom sauce.

£5.20

420g

LS 1



991 - Macaroni Bolognese

A rich beef and pork Bolognese layered with macaroni in a cheese sauce. Topped with mature Cheddar cheese.

£3.30

350g

LS



TOP PICK

175 - Chilli con Carne

Minced lean beef and kidney beans in a tomato and red pepper sauce mildly spiced with smoked paprika, chilli and jalapeños. Served with white rice.

£3.90

380g

LS S



115 - Beef Stroganoff

Sautéed strips of beef, in a rich cream and brandy sauce. Served with white rice.

£5.75

400g

LS ♥ S HP



606 - Teriyaki Beef Noodles

Beef strips with red peppers and spring onions in a teriyaki style sauce, served with egg noodles.

£4.95

325g

LS ♥ C HP



1332 - Beef in Black Bean Sauce

Beef slices in a black bean sauce with red peppers, water chestnuts and onion, served with egg fried rice with red and green peppers.

£5.20

400g

LS ♥ C 1 HP



215 - Beef Curry

Pieces of marinated beef, onions and peppers in a masala based curry sauce. Served with white rice sprinkled with coriander.

£5.70

400g

LS GF S HP



344 - Shanghai Beef

Strips of beef with thick udon noodles, asparagus and red pepper in a warming chilli sauce.

£5.40

400g

S 1

Chicken & Turkey Dishes

Chicken and turkey dishes to tantalise your tastebuds
- which meals have you tried?



1308 - Luxury Roast Chicken Dinner

Premium slices of chicken in a rich and luxurious gravy. Served with roast potatoes, broccoli florets, Brussels sprouts, roast parsnips, roasted carrots, Yorkshire pudding, stuffing and a pig in blanket. **OVEN ONLY**

£6.00

500g

LS 1 HP F



1317 - Turkey Platter

Slices of turkey in a rich gravy. Served with mashed potato, green beans, carrots and stuffing.

£4.95

400g

LS ♥ C 1 HP F



1314 - Chicken Breast Platter

Premium slices of chicken breast in a rich chicken gravy. Served with mashed potato, green beans, carrots and stuffing.

£4.95

400g

LS ♥ C 1 HP F



1304 - Roast Turkey Dinner

Slices of turkey in a rich gravy. Served with roast potatoes, carrots, peas, honey roast parsnips and stuffing.

£5.45

400g

LS 1 HP F



1311 - Luxury Roast Turkey Dinner

Slices of turkey in a rich gravy. Served with roast potatoes, broccoli florets, Brussels sprouts, roast parsnips, roasted carrots, stuffing, pig in blanket and Yorkshire pudding. **OVEN ONLY**

£6.00

500g

LS 1 HP F

TOP PICK



1301 - Roast Chicken Dinner

Premium slices of chicken in a rich gravy. Served with roast potatoes, carrots, peas, roast parsnips and stuffing.

£5.45

400g

LS 1 HP F

TOP PICK



879 - Chicken in Mushroom Sauce

Tender chicken breast smothered in a lightly seasoned, creamy mushroom sauce. Served with herby sauté potatoes, green beans and whole baby carrots.

£4.75

380g

LS 1 HP



284 - Chicken Breast Wrapped in Bacon

A chicken breast wrapped in streaky bacon, topped with an onion and thyme sauce, sweetened with apricot jam. Served with mashed potato and green beans.

£5.99

435g

LS 1 HP



477 - Chicken & Mushroom Pie with Vegetables

Chicken breast and mushrooms in a creamy chicken and mushroom sauce topped with puff pastry. With mashed potato, carrots, peas, green beans, broad beans & sweetcorn.

£4.75

420g

LS 1 HP



658 - Coq au Vin

Tender chunks of chicken breast, ham and chicken livers in a herby red wine and brandy sauce. Served with creamy dauphinoise potatoes and broccoli florets.

£5.99

400g

LS 1 HP



108 - Chicken, Leek & Bacon Pie

Chicken coated in a creamy leek and bacon sauce topped with pastry. Served with mashed potato and chantenay carrots.

OVEN ONLY

£4.90

450g

LS 1

TOP PICK



179 - Chicken Supreme

Tender pieces of chicken breast, button mushrooms and ham in a creamy sauce. Served with rice mixed with peas and sweetcorn.

£4.15

400g

LS ♥ HP



1323 - Chicken Casserole with Vegetable Mash

Chicken with mushrooms, leeks and mixed peppers in a red wine sauce. Served with carrot and potato mash and green beans.

£4.90

400g

LS C 1 HP F



645 - Woodland Chicken

Chicken breast marinated in basil, garlic and lemon juice with mushrooms and asparagus in a creamy mascarpone, white wine and herb sauce. Served with Basmati & wild rice.

£5.99

375g

LS 1 HP



252 - Chicken Casserole with Dumpling

Chicken thigh pieces with onions, carrots, swede and leeks in a chicken, red wine and herb gravy. Topped off with a tasty sage and thyme dumpling.

£4.99

400g

LS 1 HP



278 - Chicken in a Creamy Garlic Sauce

Chicken breast in a creamy garlic butter sauce, topped with a Parmesan crumb. Served with chunky cut oven chips.

OVEN ONLY

£5.90

400g

LS



140 - Chicken with Onion-Topped Mash

Slices of chicken breast in a cider gravy and mashed potato topped with fried onions. Served with ham, peas and leeks in a creamy cheese sauce.

£5.20

450g

LS HP

TOP PICK



167 - BBQ Chicken Bake

Tender chicken breast strips in a tangy handmade barbecue sauce, topped with smoky bacon rashers, grated Monterey Jack cheese and crispy hash brown bites.

£5.15

400g



352 - Hunter's Chicken

A tender chicken breast in a tasty barbecue sauce. Served with whole roasted cherry tomatoes and diced sauté potatoes.

£5.20

400g



1325 - Chicken & Vegetable Stew

Chicken, potatoes, carrots, onions, peas, leeks and edamame beans in a vegetable broth.

£4.50

400g



841 - Chicken & Cider Hotpot

Tender chicken pieces with vegetables, steeped in a cider, cream and sage sauce. Served with golden sauté potatoes and topped with West Country Cheddar cheese.

£4.80

360g



139 - Chicken & Stuffing Bake

Tender chicken breast pieces, sage and onion stuffing, herby potatoes, carrots and leeks in a rich savoury sauce. Topped with crispy grilled bacon rashers.

£5.10

450g



417 - Honey & Mustard Chicken Hotpot

Chicken with carrots, parsnips, swede, leeks and herby potatoes in a creamy honey and mustard sauce.

£5.70

440g



EVEN BETTER FOR YOU

These dishes are not only delicious,
but also low in sugar, salt and fat
& contain 1 of your 5 a day.



1336 - Chinese Style Chicken Noodles

Noodles with vegetables and chunks of chicken breast in a savoury ginger, garlic and sesame sauce.

£3.99

400g

LS ♥ C S 1 HP F

EVEN BETTER FOR YOU

These dishes are not only delicious,
but also low in sugar, salt and fat
& contain 1 of your 5 a day.



1334 - Chicken Arrabiata

Penne pasta and chunks of chicken in a tomato and bean sauce with spinach and basil, garnished with cherry tomatoes.

£3.99

400g

LS ♥ C S 1 HP F



1333 - Chicken & Chorizo Paella

Spiced rice with a tomato, wine and herb sauce, chargrilled marinated chicken breast, red peppers and roasted chorizo slices.

£4.95

400g

LS ♥ 1 HP



351 - Hong Kong Chicken

A fruity sweet & sour dish of chicken, pineapple, red peppers, broccoli, spring onions, red chillies, ginger and garlic. Served with egg noodles.

£4.90

400g

♥ HP



523 - Sweet & Sour Chicken

Chunks of chicken breast, onion and pineapple pieces in a sweet and sour sauce. Served with egg-fried rice mixed with peas and red and green peppers.

£3.99

400g

1



387 - Chicken Stir-Fry

Chicken breast, carrots, peppers and red chillies in a tangy Oriental style sauce. Served with noodles.

£5.15

430g

LS ♥ C 1 HP



1878 - Chicken Curry & Rice

Chicken in a mild curry sauce. Served with rice.

£4.15

400g

LS



1335 - Chicken Madras with Pilau Rice

Chicken breast pieces in a medium spiced madras sauce made with onion, tomato, coconut, cashew nut and spices served with pilau rice.

£4.60

400g

LS 1 HP F



1138 - Chicken Jalfrezi

Tender chunks of chicken with green and red peppers in a medium heat jalfrezi sauce. Served with rice.

£4.15

400g

LS HP



1330 - Fruity Chicken Curry

Chicken breast pieces mixed with apricots, pineapple and sultanas in a mild and fruity curry sauce. Served with rice.

£4.95

400g

1



652 - Butter Chicken Curry

Chunks of chicken breast and onions in a mild, buttery curry sauce made with cream, tomato and ginger purée and seasoned with spices. Served with rice.

£4.90

400g

LS GF HP



1874 - Chicken Tikka Masala

Chunks of chicken breast in a medium spiced masala sauce. Served with rice.

£4.75

400g

LS GF 1 HP



1873 - Chicken Korma

Chicken breast pieces in a mild creamy korma sauce, topped with flaked almonds. Served with rice.

£4.95

400g

LS HP



1521 - Thai Green Chicken Curry

Chicken breast pieces in a spicy coconut and lemon grass sauce with peppers and green beans. Served with rice.

£4.15

400g

LS HP

Fish & Dishes

We know fish is traditionally eaten on a Friday, but we could eat these gorgeous fish dishes every day of the week!



306 - Fish Pie

Pollock and salmon flakes with prawns and peas in a creamy cheese and parsley sauce. Topped with smooth mashed potato, Cheddar and breadcrumbs.

£4.75

400g

LS 1 HP



327 - Cod & Prawn Bake

Cod, prawns and sweetcorn in a light cheese sauce seasoned with mustard and parsley. Topped with sauté potatoes.

£4.99

340g

LS GF HP



983 - Fish & Potato Gratin

A tasty mix of prawns, smoked haddock, hoki and cod, in a light cheese and herb sauce. Topped with sauté potatoes, sprinkled with mature Cheddar cheese.

£5.30

400g

LS HP



684 - Smoked Haddock Florentine

A chunky smoked haddock fillet with a Cheddar cheese sauce and tasty parsley breadcrumbs. Served on a bed of spinach with thinly sliced potatoes.

£5.99

415g

LS HP



419 - Smoked Haddock & Bacon Gratin

Chunky smoked haddock and minced gammon with sweetcorn and broccoli in a creamy cheese and white wine sauce. Topped with sauté potatoes, breadcrumbs and cheese.

£5.70

400g

LS HP



329 - Salmon & Broccoli Bake

Salmon, onion and broccoli cooked in a dill sauce. Topped with sauté potatoes.

£5.50

400g

LS S 1 HP



593 - Cod in Parsley

North Atlantic cod loin fillet and garden peas in a creamy Madeira wine sauce. Served with mashed potato.

£5.99

430g

LS ♥ C HP



136 - Smoked Haddock with Cheese & Sweetcorn

Oak and beech smoked, sustainable haddock with peas and juicy sweetcorn in a rich Cheddar cheese sauce. Served with buttery mashed potato.

£5.20

400g

LS HP



1327 - Pollock Mornay with Parmentier Potatoes

Pollock in a Mornay sauce served with parmentier potatoes, peas & green beans.

£5.10

400g

LS C 1 HP F



592 - Salmon in White Wine

Scottish salmon in a creamy white wine sauce. Served with whole green beans and halved baby new potatoes.

£5.40

400g

LS GF HP F



TOP PICK

240 - Cod, Chips & Peas

A portion of flaky cod in golden breadcrumbs. Served with chips and peas.

£4.40

300g

LS S



1322 - Salmon en Croute

Salmon on a bed of stuffing, topped with a cheese sauce, encased in puff pastry.

OVEN ONLY

£6.70

335g

LS



884 - Smoked Haddock Fishcake & Chips

A smoked haddock fishcake in a light, herby crumb coating. Served with thick cut chips.

OVEN ONLY

£4.40

314g

LS



Perfect combo!

Partner with our Super Crunchy Oven Chips on page 86

464 - Breaded Haddock Fillet

Flaky haddock fillets encased in golden breadcrumbs.

2 SERVINGS - OVEN ONLY

£4.80

250g

LS C HP



883 - Breaded Scampi & Chips

Whole tail scampi in crisp breadcrumbs. Served with thick cut chips.

OVEN ONLY

£5.40

300g

LS

👍

C



882 - Beer Battered Cod & Chips

Crispy beer battered cod. Served with golden, chunky cut chips.

OVEN ONLY

£5.10

340g

LS

Why not add Tartar Sauce?

The perfect complement
to a good fish dish



See our grocery brochure for
full product information.

oakhousefoods.co.uk/groceries



842 - Salmon Pasta Bake

Flakes of salmon, spinach
and penne pasta in a
creamy cheese sauce.
Topped with a crispy herb
crumb.

£4.70

405g

LS



977 - Prawn Curry

Prawns, roasted red and
yellow peppers, butternut
squash and red onions in
a mild creamy coconut
curried sauce. Served
with white rice.

£5.70

400g

LS HP



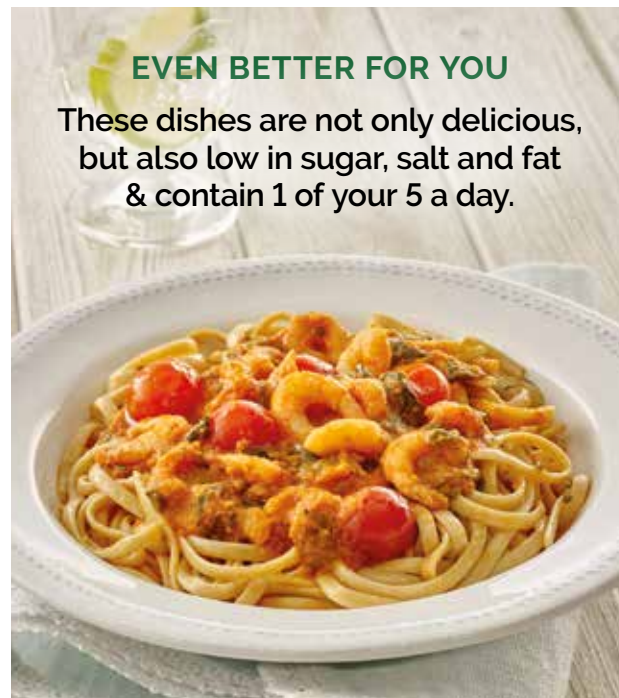
1339 - Prawn Mango Masala & Pilau Rice

Succulent prawns in a creamy tomato and mango
masala sauce. Served with pilau rice.

£4.60

400g

LS ♥ 1



EVEN BETTER FOR YOU

These dishes are not only delicious,
but also low in sugar, salt and fat
& contain 1 of your 5 a day.

1338 - Prawn Linguine

Linguine with prawns in a rich tomato and chilli
sauce, topped with cherry tomatoes.

£4.30

400g

LS ♥ C S 1

Lamb Dishes

Tasty lamb dishes for any day of the week -
from classics to stunning new flavours



1309 - Luxury Roast Lamb Dinner

Sliced leg of lamb in a rich gravy. Served with roast potatoes, red cabbage and apple, sugar snap peas, roast parsnips, carrots and Yorkshire pudding. **OVEN ONLY**

£6.70

500g

LS S 1 HP



TOP PICK

218 - Shepherd's Pie

Made with lean minced lamb slow cooked in a lamb and vegetable gravy. Topped with mashed potato, sprinkled with mature Cheddar cheese and served with green beans.

£4.70

390g

LS C 1 HP F



1302 - Roast Lamb Dinner

Sliced leg of lamb in a rich gravy. Served with roast potatoes, carrots, red cabbage with apple and roast parsnips.

£5.99

400g

LS S 1 HP



1315 - Lamb Platter

Sliced leg of lamb in a rich gravy. Served with mashed potato, green beans and carrots.

£5.70

400g

LS C S 1 HP F



1348 - Lamb & Vegetable Medley

Lamb with new potatoes, red cabbage, carrots, peas and onion in a red wine gravy.

£5.95

400g

LS C GF 1 HP



663 - Liver & Onions

Slices of slow cooked lamb's liver, in a tasty onion gravy. Accompanied by buttery mashed potato and peas.

£3.80

400g

LS ♥ C HP F



659 - Liver & Bacon with Colcannon Mash

Tender slices of slow steam cooked lamb's liver and bacon in a rich onion gravy. Served with colcannon mashed potato.

£4.40

400g

LS HP



305 - Lancashire Hotpot

Diced leg of lamb, steam cooked for extra tenderness. Cooked with carrots, leeks and swede in a lamb and beef gravy. Topped with sliced potato.

£5.70

400g

LS C 1 HP



1326 - Lamb Casserole

Lamb with baby potatoes, carrots, silverskin onions and peas in a rich gravy.

£5.70

400g

LS ♥ C 1 HP F



205 - Lamb Stew

Chunky pieces of lamb with peas, butternut squash, carrots, swede, parsnips and pearl barley in a rich lamb gravy. Served with a herb dumpling, mashed potato and peas.

£5.80

450g

S 1



833 - Luxury Shepherd's Pie

Tender lamb, slow cooked in a rich red wine sauce, topped with creamy mashed potato and sprinkled with cheese. Finished with a parsley and breadcrumb topping.

OVEN ONLY

£5.70

410g

LS HP



266 - Moussaka

Minced lamb in a traditionally seasoned rich tomato sauce. Topped with thinly sliced aubergines, sauté potatoes and a creamy cheese sauce with nutmeg.

£4.99

400g

LS HP



405 - Lamb Bhuna

Lamb in a rich curry sauce with tomatoes and onions, served with Basmati rice.

£5.70

400g

LS GF 1

Hot and spicy,
meat really tender.

MARY

★ Trustpilot

★★★★★

Pork Dishes

Pork, glorious pork! From roast to sausages and gammon to bacon - plenty of customer favourites to choose from.



424 - Pork with a Port & Plum Sauce

Pork with port & plum sauce. Served with broccoli florets, sliced carrots, roasted parsnips and roast potatoes.

£6.55

545g

1



1303 - Roast Pork Dinner

Slices of pork in a rich gravy. Served with roast potatoes, Savoy cabbage, whole green beans, honey roast parsnips and stuffing.

£5.30

400g

LS 1 HP F



1310 - Luxury Roast Pork Dinner

Slices of pork in a rich gravy. Served with roast potatoes, cauliflower cheese, Savoy cabbage, roast parsnips, roasted carrots, stuffing and Yorkshire pudding.

OVEN ONLY

£6.00

500g

LS 1 HP



423 - Pork with a Mulled Apple Sauce

Pork & mulled apple with roast potatoes, crushed carrots & swede with buttered Savoy cabbage in a rich mulled apple sauce.

£6.35

470g

1



1316 - Pork Platter

Slices of pork in gravy. Served with mashed potato, green beans, carrots and stuffing.

£4.85

400g

LS C S 1 HP F



1350 - Pork & Leek Sausages with Cauliflower Cheese Mash

Delicious pork and leek sausages served with a cauliflower cheese and potato mash, in a rich cider and apple sauce.

£4.90

400g

LS HP



221 - Sausages & Mash

Two great quality pork sausages in a rich tomato and onion gravy. Served with buttery mash and peas.

£3.90

400g

LS 1



944 - Cumberland Sausages with Colcannon Mash

Seasoned Cumberland sausages with onion gravy. Served with tasty colcannon mashed potato and peas.

£4.70

380g

LS 1 F



250 - Sausages in Caramelised Onion Gravy

Pork sausages in a cider and caramelised onion gravy. Served with Cheddar & mustard mashed potato and peas.

£4.10

440g

LS 1



248 - Pork & Leek Sausage Casserole

Pork and leek sausages with halved baby new potatoes, leeks, red onions and sliced Bramley apples in a creamy apple, mustard and cider sauce.

£4.80

400g

LS HP



224 - Sausages, Chips & Beans

Two pork sausages served with golden chips and baked beans.

£3.95

380g

LS F



392 - Cheese & Ham Omelette

Cheddar cheese and smoked ham omelette with crisp sauté potatoes and baked beans.

£4.65

400g

LS GF F



596 - Pork Faggot with Mashed Potato & Peas

A tender pork faggot in a roast onion and red wine gravy. Served with buttery mashed potato and peas.

£3.90

420g

LS 1 F



1355 - Gammon, Pineapple Relish & Vegetable Crush

Succulent gammon in a pork gravy with a root vegetable crush, edamame beans, sweetcorn and lightly spiced pineapple relish.

£6.20

400g

LS C GF 1 F HP



887 - Spaghetti Carbonara

Spaghetti smothered in a rich and creamy cheese sauce, topped with pancetta and a cheese and herb crumb.

£4.80

400g

LS



616 - Sweet & Sour Pork

Pork, pineapple and onions in a sweet and sour sauce, served with egg-fried rice mixed with red and green peppers.

£4.50

400g

S 1 HP



287 - Macaroni Cheese with Bacon

Pasta coated in a cheese sauce with butternut squash, cherry tomatoes, bacon pieces and a Cheddar & parsley crumb topping.

£4.99

375g

LS C HP



875 - Italian Meatballs in Tomato Sauce

Italian style pork & beef meatballs, onions & herbs cooked in a rich tomato sauce with a hint of chilli. Topped with a cheese & herb crumb, served on a bed of spaghetti.

£4.99

435g

LS HP

Vegetarian Dishes

Our chefs prove that meat-free doesn't need to be boring. So many gorgeous veggie options - which will you try first?

TOP PICK



332 - Omelette, Chips & Peas

A cheese & tomato omelette, served with chips and peas.

£3.95

305g

LS V GF S



1305 - Vegetarian Roast Dinner

Roast of parsnips, lentils, red peppers and mushrooms in a vegetable gravy. With roast potatoes, carrot batons, roast parsnips, peas and Yorkshire pudding. **OVEN ONLY**

£5.45

400g

LS V 1 F



1312 - Luxury Vegetarian Roast Dinner

Mushroom wellington slice served with roast potatoes, caramelised carrots, roast parsnips, cauliflower & broccoli cheese, gravy and a Yorkshire pudding.

OVEN ONLY

£6.00

500g

LS V 1 F



166 - Creamy Leek & Potato Bake

Chopped leeks, onions and spring onions in a cream cheese and mustard sauce. Covered with crisp sauté potatoes and mature Cheddar cheese.

£4.15

460g

LS V



325 - Vegetable Hotpot

Vegetables and sauté potatoes in a savoury gravy topped with Mozzarella and Cheddar cheese.

£3.75

420g

LS V 1



524 - Quorn & Vegetable Pie

Quorn, carrots and peas in a red wine gravy topped with buttery mashed potato, finished off with breadcrumbs, Cheddar cheese and flat leaf parsley.

£4.70

420g

LS ♡ C V F



1324 - Vegetable Stew

Potatoes, carrots, silver skin onions, peas, leeks and edamame beans in a vegetable broth.

£4.10

400g

LS ♡ C V 1 F



472 - Cauliflower Cheese

Tender cauliflower florets in a tasty cheese sauce. Finished with breadcrumbs and grated mature Cheddar cheese.

£3.80

400g

LS C V 1



257 - Butternut Squash & Vegetable Lasagne

Butternut squash, sweet potato, red onions, spinach, slow roasted tomatoes & lentils in a rich tomato sauce layered with wholewheat pasta in a creamy cheese sauce. Topped with mature Cheddar cheese.

£4.70

400g

LS V 1 F



TOP PICK

489 - Roasted Vegetable Lasagne

Roasted vegetables in a sunblush tomato and red wine sauce. Layered with egg pasta and topped with a cheese sauce and a parsley crumb.

£5.75

420g

V 1



577 - Wild Mushroom & Butternut Squash Risotto

Forest mushrooms and butternut squash in Arborio rice, with cream, vegetable and mushroom stock & white wine. Sprinkled with Regato cheese.

£5.45

400g

LS V GF



889 - Macaroni Cheese

Macaroni pasta tubes in a rich three cheese sauce. Finished with a layer of mature Cheddar cheese.

£4.70

400g

LS V HP



1337 - Vegetable Sweet & Sour

Peppers, sweet potato, broccoli and carrots served in a sweet and sour sauce. Served with egg-fried rice mixed with peas.

£4.15

400g

♥ C V S 1



294 - Ratatouille

Courgettes, red and green peppers, slow roasted cherry tomatoes and onions in a tomato sauce. Topped with Mozzarella and Cheddar cheese.

£4.65

350g

LS C V GF 1 F



288 - Vegetable Rigatoni

Rigatoni pasta in a rich sauce with marinated, slow roasted tomatoes, asparagus and basil, butternut squash and onion with Italian style hard cheese.

£4.60

375g

LS V 1



1341 - Mushroom Stroganoff with Rice

Roasted button mushrooms in a mushroom and white wine sauce, served with a flavoursome blend of rice and peas.

£4.40

400g

LS ♥ C V VE 1 F



602 - Roasted Vegetable & Chickpea Curry

Peppers and onions mixed with chickpeas in a mild curry sauce, served with white rice.

£4.15

375g

LS ♥ V VE 1 F



1342 - No Chicken Tikka Masala & Pilau Rice

Roasted soya protein strips in a medium spiced tikka masala sauce made with coconut, tomato and cashew nut, served with cooked pilau rice.

£4.40

400g

LS V VE 1



1340 - Chilli Non Carne with Rice

Textured wheat and soya protein in a spicy kidney bean, tomato and pepper sauce, served with rice, peas and sweetcorn.

£4.40

400g

LS V VE 1 F



256 - Vegetable Tikka

Courgettes, butternut squash, cauliflower and spinach in a medium spiced masala sauce made with coconut cream, Madras paste and ground almonds. Served with basmati rice.

£4.70

500g

LS V GF 1

TOP PICK

Mini Beef Lasagne

Code: 220 • Page 50



Mini Meals

All your favourites and more in a smaller portion size.
Choose from over 70 recipes in the range.

Mini Cottage Pie
Code: 895 • Page 48



★ Trustpilot ★★★★★

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Try our gorgeous new **Mini Lancashire Hotpot (1029)** today - warming, rich and delicious, it's a Sunday favourite at Oakhouse HQ!

See page 57



Our **Mini Lamb & Vegetable Medley (1018)** has proven so popular, we've brought it back. Try it before it's gone!

See page 58



Mini Beef Stew with Bubble & Squeak (258). What a treat - rich, red wine beef stew with a bubble & squeak topping.

See page 48

Mini Beef

All your favourite beef dishes, in smaller portions for days when you fancy just a little less, without compromising on great taste!



1000 - Mini Roast Beef Dinner

Sliced topside of beef in a rich gravy. Served with roast potatoes, peas, roast parsnips and a Yorkshire pudding.

£4.15

240g

LS C 1 HP F



416 - Mini Minced Beef Yorkshire

Yorkshire pudding with minced beef, carrots and peas in a beef and red wine gravy.

£4.50

290g

LS C HP



895 - Mini Cottage Pie

Minced beef, diced carrots and peas in rich onion gravy topped with mashed potato.

£3.20

240g

LS C 1 HP



311 - Mini Corned Beef Hash

Corned beef and baked beans in a rich tomato sauce seasoned with basil and bay leaf. Topped with sautéed potatoes.

£2.95

240g

LS C GF HP



258 - Mini Beef Stew with Bubble & Squeak

Beef, carrots, peas, swede and parsnips in a red wine and Dijon mustard gravy. Topped with a classic bubble and squeak.

£3.90

240g

LS C S HP



1025 - Mini Steak & Mushroom Pie

Tender pieces of steak with potato and mushrooms in a rich beef, red wine and onion gravy. Cooked in handmade shortcrust pastry.

£3.50

240g

LS HP



314 - Mini Cumberland Pie

Minced beef with turnip, onion and swede in a rich red wine gravy, topped with mashed potato and breadcrumbs.

£2.95

240g

LS C 1



851 - Mini Beef & Vegetable Hotpot

A traditional hotpot made with tender chunks of beef, carrots, onions, swede and parsnips. Cooked in gravy and topped with a layer of sauté potatoes.

£3.45

240g

LS C HP F



144 - Mini Beef & Kidney Stew

Beef and kidney with parsnips, carrots and chestnut mushrooms in a red wine gravy. Seasoned with oregano and Worcestershire sauce. Topped with sauté potatoes.

£3.99

250g

LS C HP



190 - Mini Savoury Minced Mash

Minced beef, carrots and onions in a red wine sauce seasoned with thyme and bay. Topped with buttery wholegrain mustard mashed potato.

£3.80

240g

LS C HP



894 - Mini Braised Beef, Tatties & Neeps

Slow cooked braised beef in a red wine and onion gravy. Topped with chunks of potato and swede.

£3.45

240g

LS C GF S HP



TOP PICK

220 - Mini Beef Lasagne

Made with Bolognese sauce layered between sheets of egg pasta. Topped with a classic béchamel sauce and a sprinkling of mature Cheddar cheese.

£3.45

240g

LS C HP

Delicious I order this meal every week.

ANN

★ Trustpilot



TOP PICK

466 - Mini Spaghetti Bolognese

A rich Bolognese made with minced beef, tomatoes, onions and mushrooms in a tomato and red wine sauce. Served with spaghetti.

£2.95

240g

LS C HP



942 - Mini Chilli con Carne & Rice

Gently spiced chilli of minced beef, sweet red and green peppers and kidney beans, topped with mild Cheddar cheese. Served with rice.

£3.45

240g

LS C GF HP

Mini Chicken

Perfectly portioned mini chicken and turkey dishes -
flavoursome and delicious. What's not to love?



1001 - Mini Roast Chicken Dinner

Premium slices of chicken breast in a rich gravy. Served with roast potatoes, peas, roast parsnips and stuffing.

£3.75

240g

LS ♥ C HP F



1004 - Mini Roast Turkey Dinner

Slices of turkey in a rich gravy. Served with peas, roast potatoes, roast parsnips and stuffing.

£3.99

240g

LS C 1 HP F



1008 - Mini Chicken & Mushroom Pie

Chicken, mushrooms and onions in a creamy sauce, topped with a puff pastry lid. Served with potato and mixed vegetables.

£3.65

240g

LS HP



415 - Mini Chicken, Sage & Onion Yorkshire Pudding

Yorkshire pudding with chicken, carrots and peas in a creamy sage and onion sauce.

£4.50

290g

LS C S 1 HP



196 - Mini Chicken Casserole & Dumpling

Tender chunks of chicken breast with sliced carrots, onions, swede and leeks in a red wine gravy. Served with a sage and parsley dumpling.

£3.90

240g

LS ♥ C HP



198 - Mini Chicken & Vegetable Ragout

Pieces of chicken with peas, carrots and golden potatoes in a chicken and red wine gravy seasoned with redcurrant and thyme. Served with sauté potatoes.

£3.50

240g

LS ♥ C GF HP



945 - Mini Chicken with Mashed Potato

Slices of chicken breast in a roasted garlic gravy. Served with mashed potato, cauliflower & peas.

£3.50

240g

LS ♥ C GF HP F



260 - Mini Chicken & Mushroom Hotpot

Succulent chicken breast with chestnut & button mushrooms in a creamy Madeira wine sauce. Topped with sauté potatoes.

£3.75

250g

LS C S HP



1013 - Mini Hunters chicken

A tender chicken breast in a tasty barbecue sauce. Served with diced roasted potatoes and whole cherry tomatoes.

£3.70

240g

C ♥ 1 HP



510 - Mini Chicken in White Wine & Rarebit Crumb

Chicken in a creamy white wine sauce, topped with cheese and herb breadcrumbs.

£3.90

260g

LS C HP



197 - Mini Poacher's Chicken

Succulent pieces of chicken breast and mushrooms in a tomato, redcurrant jelly and thyme sauce, with new potatoes, carrot batons and mangetout.

£3.60

240g

LS ♥ C GF HP

EVEN BETTER FOR YOU

These dishes are not only delicious,
but also low in sugar, salt and fat
& contain 1 of your 5 a day.



1009 - Mini Chicken Arrabiata

Penne pasta and chunks of chicken in a tomato and bean sauce with spinach and basil, garnished with cherry tomatoes.

£2.95

240g

LS ♥ C S 1 HP F



336 - Mini Chicken Chasseur

Tender pieces of chicken breast and mushrooms in a tomato, white wine and smoked bacon sauce. Served with skin-on sliced potatoes and broccoli florets.

£3.55

240g

LS ♥ C 1 HP



1879 - Mini Creamy Chicken & Basil Pasta

Chicken, green beans, courgettes and pasta in a creamy basil sauce.

£3.40

240g

LS ♥ C 1 HP F



1006 - Mini Chicken Supreme

Chicken breast with mushroom and ham in a creamy sauce. Served with rice mixed with peas and sweetcorn.

£3.45

240g

LS ♥ HP



191 - Mini Madeira Chicken

Chicken breast strips in a fragrant whole peppercorn and Madeira wine sauce. Served with sauté potatoes seasoned with oregano, parsley and paprika.

£3.99

240g

LS



312 - Mini Chicken & Mixed Peppers in a Creamy Sauce

Diced chicken, mushrooms and sweet red and green peppers cooked in a cream and sherry sauce. Served with white basmati rice.

£3.20

240g

LS ♥ C GF HP



TOP PICK

339 - Mini Fruity Chicken Curry

Chicken breast pieces mixed with apricots, pineapple and sultanas with in a mild and fruity curry sauce, served with basmati rice.

£3.55

240g

C 1

My favourite by far. Very mild curry that tastes of coconut & fruit.

EMMA

★ Trustpilot



EVEN BETTER FOR YOU

These dishes are not only delicious, but also low in sugar, salt and fat & contain 1 of your 5 a day.



1010 - Mini Chinese Style Chicken Noodles

Noodles with vegetables and chunks of chicken breast in a savoury ginger, garlic and sesame sauce.

£2.95

240g

LS ♥ C S 1 HP



338 - Mini Chicken Tikka Masala

Chargrilled marinated chicken breast pieces in a medium spiced tikka masala sauce made with tomato, cream, yogurt, coriander and spices. Served with pilau rice.

£3.40

240g

LS C 1



291 - Mini Sweet & Sour Chicken

Chunks of chicken breast, onion and pineapple pieces in a sweet and sour sauce. Served with egg fried rice mixed with red and green peppers.

£2.95

240g

C 1

Mini Fish

All your favourite fish dishes, but for days when you fancy a little less.
From fish pies to prawn linguine; which have you tried?



1017 - Mini Fish Pie

Pollock and salmon flakes with prawns and peas in a creamy cheese and parsley sauce. Topped with smooth mashed potato, Cheddar and breadcrumbs.

£3.60

240g

LS C 1 HP



528 - Mini Cod, Chips & Peas

A portion of flaky cod in golden breadcrumbs. Served with chips and peas.

£3.40

240g

LS F



310 - Mini Fisherman's Pie

Pollock and peas in a light, creamy cheese and parsley sauce. Topped with mashed potato.

£3.20

240g

LS C HP



498 - Mini Fish Pie with a Crumble Topping

Chunks of hoki, smoked haddock, salmon and tuna flakes in a creamy Madeira sauce, finished off with a mature Cheddar crumble topping.

£3.90

250g

LS HP



849 - Mini Cod & Prawn Bake

Chunks of cod, prawns and sweetcorn in a cheesy béchamel sauce. Topped with sautéed potatoes and mature Cheddar cheese.

£3.60

240g

LS C HP

EVEN BETTER FOR YOU

These dishes are not only delicious,
but also low in sugar, salt and fat
& contain 1 of your 5 a day.



1014 - Mini Prawn Linguine

Linguine pasta with prawns in a tomato, spinach and red chilli sauce, topped with cherry tomatoes.

£3.30

240g

LS ♥ C S 1 HP

TOP PICK



341 - Mini Haddock Smokie

Smoked haddock, smoked bacon, mushrooms and peas in a creamy lemon and parsley sauce. Topped with grilled, skin-on sliced potatoes.

£3.90

240g

LS C HP



1007 - Mini Salmon & Broccoli Bake

Salmon, onion and broccoli cooked in a dill sauce.
Topped with sauté potatoes.

£3.70

240g

LS C S 1 HP



848 - Mini Tuna Pasta Bake

Pasta seashells, tuna and sweetcorn in a creamy béchamel sauce.
Sprinkled with grated mature Cheddar cheese.

£3.90

240g

LS C HP



804 - Mini Creamy Salmon & Pea Pasta

Salmon & peas in a creamy cheese sauce with spinach and slow roasted tomatoes in penne pasta.

£3.90

240g

LS

Mini Lamb

Succulent lamb dishes in mini size. From roast lamb to liver and onions. Some of our favourites are right here...



NEW

1029 - Mini Lancashire Hotpot

Diced leg of lamb with carrots and leeks in gravy, topped with sliced potato.

£4.75

240g

LS C HP



1002 - Mini Roast Lamb Dinner

Slices of lamb in gravy with roast potatoes, peas and roast parsnips.

£4.55

240g

LS C S HP F



281 - Mini Lamb in Cider Sauce

Minced lamb, carrots, onions and peas, in a lamb and cider gravy. Topped with creamy, mature Cheddar and parsley mashed potato.

£3.99

240g

LS C



947 - Mini Lamb In Mint Gravy

Succulent slices of lamb with a flavourful mint gravy. Served with mashed potato, green beans and carrots.

£4.75

240g

LS C GF HP F



579 - Mini Liver & Onions

English lamb's liver and onions with carrots and peas in a meaty gravy. Served with mashed potato.

£3.40

240g

LS C GF HP



1026 - Mini Lamb Casserole

Lamb with baby potato halves, silverskin onions and wholesome root vegetables, simmered in red wine.

£3.70

240g

LS C GF 1 HP



1018 - Mini Lamb & Vegetable Medley

Lamb with new potatoes, red cabbage, carrots, peas and onion in a red wine gravy.

£4.55

240g

LS C GF 1 HP



259 - Mini Lamb, Redcurrant & Cranberry Hotpot

Diced leg of lamb, parsnips, carrots, swede and cranberries in a lamb, mint and redcurrant gravy. Topped with sauté potatoes.

£3.99

250g

C GF S HP



858 - Mini Shepherd's Pie

Minced lamb, carrots and onions in a rich gravy. Topped with mashed potato and mature Cheddar cheese.

£3.45

240g

LS C HP



893 - Mini Liver & Bacon Hotpot

Tender lamb's liver cooked with onions, peas, carrots and smokey pancetta in a rich gravy. Topped with grilled potato slices.

£3.65

240g

LS C HP



313 - Mini Minced Lamb Hotpot

Minced lamb, onions, swede, carrots and leeks in a rich lamb and beef gravy. Topped with grilled, skin-on sliced potatoes.

£3.65

240g

C HP

Mini Pork

Mini pork meals to make your mouth water.
Which is your favourite?



1012 - Mini Sausage, Beans & Chips

A pork sausage with chips and baked beans in a tomato sauce.

£2.95

240g

LS C F



853 - Mini Sausage Casserole

Cocktail sausages with celery, onions, turnips, swede and carrots in a rich gravy. Served with buttery mashed potato on the side.

£2.95

270g

LS C 1



929 - Mini Sausages & Mash

Four tasty pork cocktail sausages in a rich beef gravy. Served with buttery mashed potato and peas.

£2.95

240g

LS C



1003 - Mini Roast Pork Dinner

Slices of pork in a rich gravy. Served with roast potatoes, carrots, Savoy cabbage and stuffing.

£3.90

240g

LS C HP F



598 - Mini Sausages with Red Onion Gravy

Pork cocktail sausages and roasted red onion wedges in a fruity redcurrant and Chianti gravy. Served with diced sauté potatoes.

£3.20

240g

LS C



309 - Mini Faggot, Mash & Peas

A pork faggot seasoned with oregano, basil, parsley and paprika in a red wine, Madeira and redcurrant gravy. Served with buttery mashed potato and peas.

£2.95

240g

LS C



282 - Mini Pork & Apple Crumble

Pork shoulder, sliced Bramley apples and red onions in a creamy cider sauce. Topped with a mature Cheddar cheese crumb.

£3.99

250g

LS HP



318 - Mini Gammon & Creamy Onion Sauce

Tender gammon pieces smothered in a creamy onion sauce seasoned with garlic, parsley, thyme, nutmeg and bay leaf. Served with mashed potato and broad beans.

£3.55

240g

LS C HP



295 - Mini Sweet & Sour Pork

Pork, pineapple and onions in a sweet and sour sauce, served with egg-fried rice mixed with red and green peppers.

£3.50

240g

C S 1 HP



335 - Mini Italian Style Meatballs in Tomato Sauce

Minced beef and pork meatballs in a rich tomato and basil sauce, served with spaghetti and topped with cheese.

£3.99

240g

LS C HP



581 - Mini Macaroni Cheese & Pulled Ham

Macaroni cheese with English pulled ham hock in a Regato cheese and béchamel sauce. Topped with mature Cheddar cheese.

£3.99

240g

LS C HP

Mini Vegetarian

Smaller but still immensely satisfying -
our meat-free minis are the perfect lunch or dinner.



1005 - Mini Vegetarian Roast Dinner

Vegetarian roast of parsnips, lentils, red peppers and mushrooms in a vegetable gravy. Served with roast potatoes, carrot batons, roast parsnips and peas.

£3.99

240g

LS C V 1 F



1016 - Mini Vegetable Hotpot

Vegetables and sautéed potatoes in a savoury gravy with a sprinkle of Mozzarella and Cheddar cheese.

£2.95

240g

C V 1



226 - Mini Macaroni Cheese

Macaroni in a rich cheese sauce with mustard, nutmeg, paprika and bay leaf. Sprinkled with Cheddar cheese and a parsley crumb.

£3.40

240g

LS V



317 - Mini Cauliflower Cheese & Sauté Potatoes

Cauliflower florets and diced sauté potatoes in a rich cheese sauce. Topped with a parsley & cheese crumb.

£3.35

240g

V



557 - Cauliflower & Broccoli Cheese

Tender cauliflower and broccoli florets in a smooth, creamy Cheddar cheese sauce.

MICROWAVE ONLY

£2.40

200g

LS C V 1



1015 - Mini Mushroom Stroganoff with Rice

Roasted button mushrooms in a mushroom and white wine sauce, served with a flavoursome blend of rice and peas.

£3.20

240g

LS ♥ C V VE 1 F



195 - Mini Cheese & Broccoli Pasta

Spiral pasta and tender broccoli florets in a creamy Cheddar cheese sauce seasoned with mustard, bay leaf and cloves.

£3.40

240g

LS C V HP



1011 - Mini Vegetable Sweet & Sour

Peppers, sweet potato, broccoli and carrots served in a sweet and sour sauce. Served with egg-fried rice mixed with peas.

£2.95

240g

♥ C V S 1



943 - Mini Vegetable Lasagne

Mediterranean vegetables in a herby tomato sauce between layers of egg pasta and béchamel sauce, topped with Cheddar cheese.

£3.35

240g

LS C V S 1



502 - Mini Cheese & Tomato Macaroni Pasta Bake

Macaroni in a cheese and tomato sauce with cherry tomatoes, topped with a cheese, breadcrumb and parsley topping.

£3.40

240g

LS V

Excellent Food & Service

But don't just take our word for it, see just a handful of our five star customer reviews on Trustpilot

“ Good quality meals also great variety of dishes. Our delivery girl is always cheerful and pleased to help. ”

Jenny

“ Excellent service, interesting dishes. ”

Janet

“ Oakhouse Foods are my favourite ready meals. Their range is very extensive; their quality is high and their portions are ample. ”

Nick

“ I changed to Oakhouse Foods from another company that messed me about with deliveries. Oakhouse Foods have lovely meals and desserts. I get the Mini Meals and they are enough for me. Lovely company. ”

Jean

“ Simply the best. I've tried the competition and Oakhouse came top in all areas, in particular so friendly, helpful & cheerful delivery people. Always arrives when expected. ”

Elsie



 **Trustpilot**



Rating at time of writing,
August 2021



NEW

Ham & Cheese Toastie

Code: 1031 • Page 70

Soups & Light Meals

From delicious soups to a slice of quiche, these options are perfect for lunch or a light dinner.

**Cheese & Beans
Loaded Jacket Potato**

Code: 1345 • Page 66



★ Trustpilot ★★★★★

Contents

Jacket Potatoes
Page 66

Soups & Broth
Page 67

Paninis
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Light Bites
Page 70



TOP PICK

Whether it's for a light lunch or to sit alongside a salad and baked potato, our **Quiche Lorraine (213)** is a firm favourite.

See page 70



TOP PICK

Our **Carrot & Coriander Soup (988)**, perfect for when the nights draw in or for those rainy days when you don't fancy going out.

See page 67



NEW

Our new **Hunter's Chicken Panini (1030)** is based on our best-selling Hunter's Chicken main - if you like the main, you'll love this.

See page 69

Jacket Potatoes

Fluffy potatoes, plain or topped



1343 - Broccoli & Cauliflower Cheese Loaded Jacket Potato

Traditionally oven baked potato filled with broccoli and cauliflower cheese.

£4.00

375g

LS V GF



1345 - Cheese & Beans Loaded Jacket Potato

Traditionally oven baked potato filled with cheese and beans.

£4.00

375g

V GF F



640 - Jacket Potatoes

A bag of four individual cooked jacket potatoes with crispy skin and fluffy white insides.

4 SERVINGS

£3.50

700g

LS V GF



1346 - Mature Cheddar Loaded Jacket Potato

Traditionally oven baked potato filled with mature Cheddar cheese.

£4.00

375g

V GF

Soups & Broth

Perfect for lunch or a light dinner

TOP PICK



988 - Carrot & Coriander Soup

A smooth, rich blend of sweet carrot and fragrant coriander.

MICROWAVE ONLY

£2.05

280g

LS ♥ C V GF S 1 F



186 - Scotch Broth

A traditional handmade lamb and onion broth made with tender minced lamb, carrots, swede, onion, celery, leeks, Savoy cabbage and pearl barley.

MICROWAVE ONLY

£2.65

285g

LS ♥ C 1 F



989 - Broccoli & Stilton Soup

A thick rich soup of broccoli and tangy Long Clawson Stilton.

MICROWAVE ONLY

£2.65

285g

LS C V GF 1 HP



227 - Chicken & Vegetable Soup

British chicken thigh, onions, peas, leeks and carrots in a chicken broth seasoned with garlic and bay leaf.

MICROWAVE ONLY

£3.15

300g

LS C GF 1 HP F



Soup & bread, the perfect combo...

Go to page 93 for our full bread collection

Mini meals, perfect for lunch!

We have a selection of over 70 smaller sized dishes, perfect for a tasty lunch. Go to page 46 for the full range.



**Mini Beef
Lasagne**
Page 50



Paninis

Tasty snacks or lunchtime bites



NEW

1030 - Hunter's Chicken Panini

Sliced chicken, bacon, Cheddar with BBQ sauce in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

210g

LS HP



TOP PICK

533 - Cheese & Red Onion Panini

Mature Cheddar cheese, Red Leicester cheese, onion and chives with mayonnaise, in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

160g

LS V



534 - Breakfast Panini

Seasoned egg mayonnaise with sundried tomatoes and bacon in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

150g

LS C



993 - Ham, Cheddar & Wholegrain Mustard Panini

Ham and Cheddar with wholegrain mustard in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

175g

LS



588 - Tuna & Red Onion Panini

Tuna and red onion with seasoned mayonnaise in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

160g

LS C

Light Bites

Perfect on their own or add a side to create a whole meal



1031 - Ham & Cheese Toastie

Gammon ham, Cheddar cheese with a white sauce in toasted white bread.

£3.50

175g

LS HP



213 - Quiche Lorraine

Made with Cheddar cheese, ham, onion and bacon in a savoury custard and baked in a shortcrust pastry base.

TWIN PACK - DEFROST & SERVE

£3.75

2 x 116g

LS C



499 - Cheese & Ham Omelette

Omelette with a cheese and smoked ham filling.

TWIN PACK

MICROWAVE ONLY

£3.90

2 x 120g

LS C GF HP



241 - Cheese & Onion Quiche

A shortcrust pastry quiche made with Cheddar cheese, Red Leicester, onions and spring onions baked in a savoury custard.

TWIN PACK

DEFROST & SERVE

£3.75

2 x 116g

LS C V



500 - Cheese & Tomato Omelette

Omelette with a Cheddar cheese & tomato filling.

TWIN PACK

MICROWAVE ONLY

£3.90

2 x 120g

LS C V GF HP



1321 - Sausage Rolls

Seasoned pork sausage meat wrapped in puff pastry.

6 PACK

ENJOY HOT OR COLD

£3.00

240g

LS C F

The best Sausage Rolls I have ever tasted!

DAN

**STAFF
REVIEW**



G1292 - Smoked Sliced Ham

Succulent sliced cured and smoked ham.

4-5 SLICES - DEFROST & SERVE

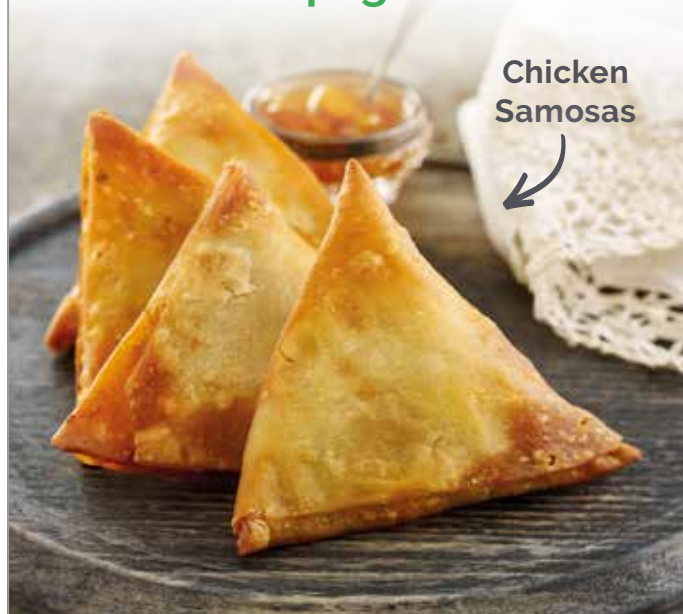
£3.75

200g

LS HP

Indian side dishes

Perfect for snacking
see page 84



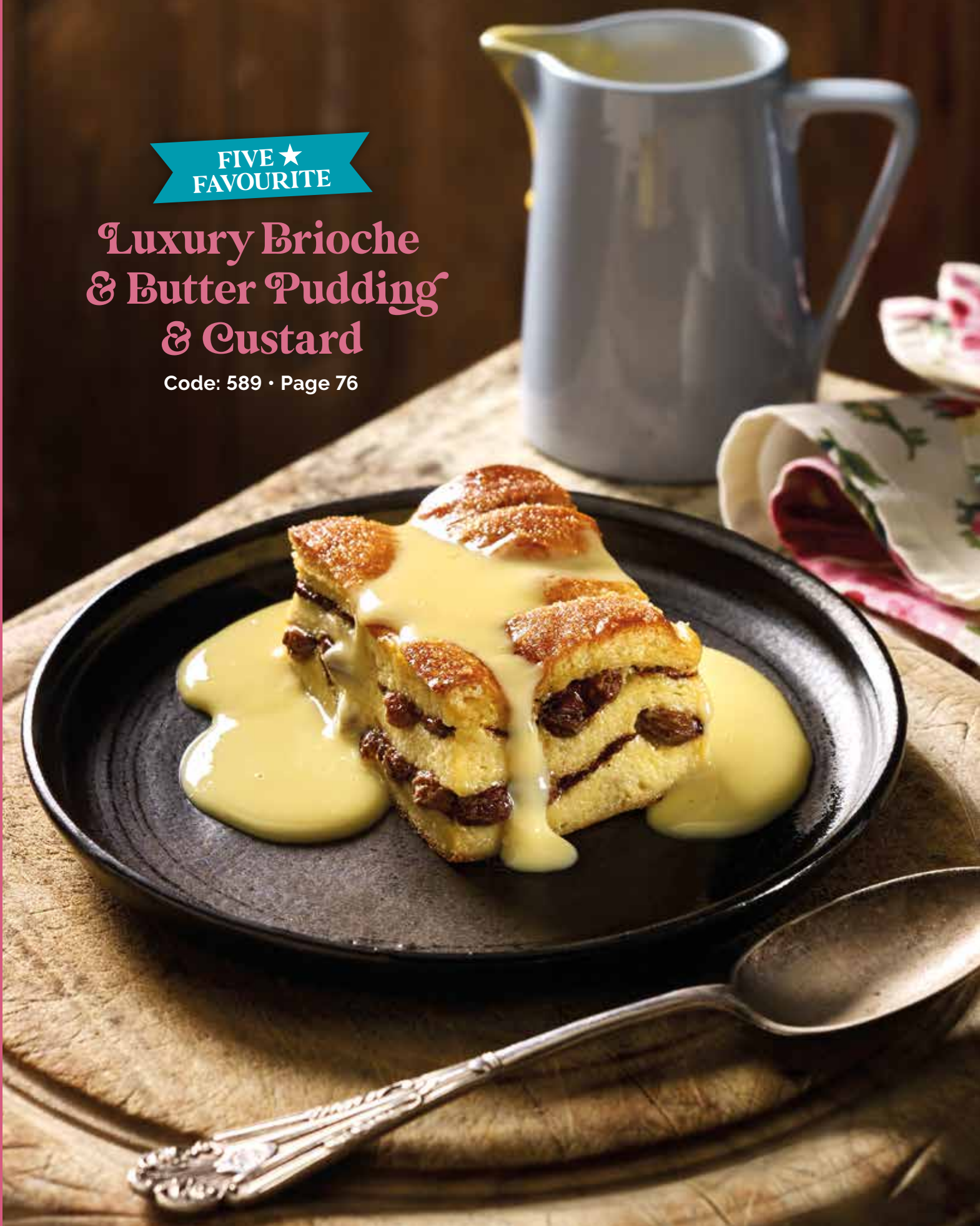
Chicken
Samosas



FIVE ★
FAVOURITE

Luxury Brioche & Butter Pudding & Custard

Code: 589 • Page 76



Desserts

Most of our delicious desserts are made in Devon and the Lake District with love. That's why they're a cut above the rest. Add to that our gloriously creamy ice cream from Cornwall made from dreamy Jersey x Friesian milk, what's not to love?

Sherry Trifle

Code: 742 • Page 80



★ Trustpilot ★★★★★

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Hot Desserts

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Cold Desserts

Page 77

Ice Cream & Fruit

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They are
delicious

JULIE

NEW



Our **Cream & Raspberry Jam Scone (2012)** was so popular the first time around, we ran out! So we've ordered more.

See page 77

TOP PICK



Perfect for a cold day, this **Apple, Raspberry & Cranberry Crumble (2008)** is the perfect winter warmer.

See page 75

TOP PICK



Our **Clotted Cream & Strawberry Ice Cream (819)** is made in Cornwall with the finest ingredients. Dreamy!

See page 82

Hot Desserts

Hearty crumbles • Rich sponge • Tasty custard



771 - Cherry Sponge with Custard

A light sponge pudding with glacé cherries covered in custard.

TWIN PACK - DEFROST BEFORE COOKING

£4.10

2 x 225g



626 - Sticky Toffee Pudding

A moist date sponge covered in butterscotch sauce. Handmade in the Lake District.

TWIN PACK DEFROST BEFORE COOKING

£3.60

2 x 150g



624 - Chocolate Pudding

Rich chocolate cake served with vanilla custard. Handmade in the Lake District.

TWIN PACK DEFROST BEFORE COOKING

£4.10

2 x 225g



625 - Treacle Pudding with Custard

Light golden and black treacle sponge served with vanilla custard. Handmade in the Lake District.

TWIN PACK - DEFROST BEFORE COOKING

£4.10

2 x 220g



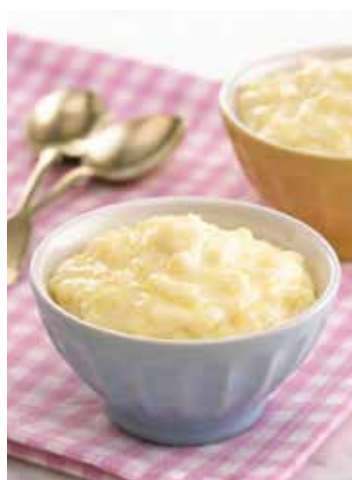
627 - Lemon Pudding with Lemon Custard

A light, citrusy sponge served with zesty lemon custard. Handmade in the Lake District.

TWIN PACK DEFROST BEFORE COOKING

£4.10

2 x 225g



620 - Rice Pudding

Traditional creamy rice pudding.

TWIN PACK

£3.15

2 x 150g





2009 - Apple & Pear Crumble with Chocolate Custard

Apple and pear in an apple compote, topped with a chocolate chip oat crumble and chocolate custard.

£3.00

240g

V S 1



2008 - Apple, Raspberry & Cranberry Crumble

Cooked apple, raspberry and cranberry pieces in an apple sauce with a jumbo oat crumble topping. Served with custard.

£3.00

240g

V S



632 - Rhubarb Crumble

A handmade crumble of stewed rhubarb with a sweet and crunchy oaty topping.

TWIN PACK

£3.75

2 x 200g

V S 1



633 - Apple Crumble

A handmade crumble of soft, stewed apples and cinnamon with an oaty topping. Contains sugar & sweetener.

TWIN PACK

£3.75

2 x 150g

V VE S 1



634 - Blackberry & Apple Crumble

A handmade crumble of blackberries and apples with an oaty topping. Contains sugar & sweetener.

TWIN PACK

£3.75

2 x 150g

V VE S 1



609 - Apple Crumble with Custard

A classic dessert of apples topped with an oaty crumble served with vanilla custard. Contains sweetener & sugar.

£3.00

240g

V S 1



615 - Apple Strudel

A blend of apples, raisins, sultanas and hazelnuts baked in puff pastry with a hint of spice. Handmade in the Lake District.

TWIN PACK

£4.10

2 x 125g

V VE



199 - Spotted Dick

Traditional suet pudding with raisins, covered in smooth vanilla custard. Handmade in the Lake District.

TWIN PACK - DEFROST BEFORE COOKING

£4.10

2 x 238g



635 - Pineapple Upside-Down Pudding

A golden sponge baked with a layer of sweet, tangy pineapple, served with custard.

TWIN PACK

DEFROST BEFORE COOKING

£4.10

2 x 225g



970 - Steamed Jam Pudding

Steamed suet pudding swirled with traditional raspberry jam. Served with a generous helping of smooth custard.

TWIN PACK

£4.10

2 x 195g



200 - Bread & Butter Pudding

Buttery bread layered with cream and sultanas and topped with vanilla custard. Handmade in the Lake District.

TWIN PACK - DEFROST BEFORE COOKING

£4.10

2 x 220g



608 - Jam Sponge & Custard

A light sponge with raspberry jam, topped with creamy custard. Handmade in the Lake District.

TWIN PACK

DEFROST BEFORE COOKING

£4.10

2 x 225g



589 - Luxury Brioche & Butter Pudding & Custard

A bread and butter pudding of baked vanilla brioche with mixed spice layered with raisins, sultanas and custard.

£3.40

250g



638 - Rhubarb & Custard

Tangy rhubarb compote covered in sweet vanilla custard. Handmade in the Lake District.

TWIN PACK

**Can be served cold
DEFROST BEFORE COOKING**

£3.75

2 x 185g



Cold Desserts

Indulge in our sweet treats



2012 - Cream & Raspberry Jam Scone

Soft plain scone with a raspberry jam and whipped cream filling.

DEFROST & SERVE

£2.50

120g

V



409 - Luxury Lemon Drizzle Muffin

Moist lemon muffin with a lemon curd centre.

DEFROST & SERVE

£1.75

136g

V



410 - Luxury Salted Caramel Muffin

Salted caramel muffin with smooth salted caramel and chunks of fudge.

DEFROST & SERVE

£1.75

136g

V



511 - Blueberry Muffin

A light and fluffy muffin with blueberries.

DEFROST & SERVE

£1.35

120g

V



160 - Victoria Sponge

A traditional light Victoria sponge, sandwiched with a vanilla cream cheese filling and strawberry jam. Handmade in Devon.

TWIN PACK

DEFROST & SERVE

£4.15

2 x 83g

V



2001 - Low Sugar Victoria Sponge

Vanilla flavoured sponge, filled with strawberry style compote and crème mix, finished with a sweet dusting of sugar. (Contains sugar & sweetener).

TWIN PACK

DEFROST & SERVE

£5.00

2 x 75g

LS V



TOP PICK

702 - Black Forest Gateau

Layers of chocolate sponge, cream and black cherries. Topped with a chocolate curl.

TWIN PACK

DEFROST & SERVE

£4.75

2 x 125g

V S



2005 - Profiteroles with Chocolate Sauce

Dairy cream profiteroles, topped with a rich chocolate sauce.

DEFROST & SERVE

£3.45

130g

V S



712 - Mini Chocolate Eclairs

Choux pastry filled with vanilla cream. Topped and decorated with Belgian chocolate flakes.

PACK OF 12

DEFROST & SERVE

£5.40

200g

C V S



701 - Strawberry Gateau

A golden sponge with cream and a strawberry filling. Sprinkled with white and pink chocolate curls. Handmade in Devon.

TWIN PACK

DEFROST & SERVE

£4.75

2 x 125g

S



721 - Low Sugar Lemon Drizzle Cake

Low sugar lemon drizzle sponge (contains sweetener).

TWIN PACK

DEFROST & SERVE

£4.50

2 x 60g

LS C V



491 - Chocolate Fudge Cake

Layers of moist chocolate sponge & chocolate fudge finished with chocolate shavings.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 93g

V

Serving suggestion



519 - Millionaire's Flapjack

Oaty flapjack covered in rich caramel & chocolate flavoured coating.

DEFROST & SERVE

£1.35

100g

V S F



537 - Arctic Roll

Dairy vanilla ice cream with a raspberry ripple rolled in sponge cake.

TWIN PACK

£4.30

2 x 85g

V



238 - Strawberry Eton Mess

Golden crisp meringue with cream and strawberry sauce on a biscuit crumb base. Topped with white chocolate shavings.

TWIN PACK

DEFROST & SERVE

£5.55

2 x 80g



239 - Sticky Toffee Meringue

Layers of golden crisp meringue with cream and caramel sauce on a biscuit crumb base. Topped with caramel chocolate curls.

TWIN PACK

DEFROST & SERVE

£5.55

2 x 88g



732 - Lemon Meringue Pie

Rich shortcrust pastry with a zesty lemon filling. Topped with a light meringue.

TWIN PACK

DEFROST & SERVE

£5.00

2 x 105g



159 - Cherry Meringue Pie

Sweet and tangy cherries on a shortcrust pastry base topped with lightly toasted meringue. Handmade in Devon.

TWIN PACK

DEFROST & SERVE

£5.00

2 x 132g



984 - Cherry Pie

A rich and sweet cherry filling encased in shortcrust pastry. Finished with a sprinkling of caster sugar.

TWIN PACK

DEFROST & SERVE

£5.10

2 x 141g



753 - Bramley Apple Pie

Classic shortcrust pastry filled with soft Bramley apples. Handmade in Devon.

TWIN PACK

DEFROST & SERVE

£5.55

2 x 150g



966 - Banoffee Pie

Shortcrust pastry base topped with silky crème pâtissière and fruity banana purée. Topped with golden curls of caramel toffee.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 128g



494 - Apple & Blackberry Pie

Classic shortbread pastry filled with Bramley apple and blackberries. Handmade in Devon.

TWIN PACK

DEFROST & SERVE

£5.10

2 x 145g





2000 - Low Sugar Chocolate & Ginger Torte

Chocolate sponge, with a chocolate crème with stem ginger, finished with cocoa powder (contains sweetener).

TWIN PACK

DEFROST & SERVE

£5.00

2 x 60g

LS V S



830 - Olde English Lemon Tart

A tangy lemon and cream filling on a light shortcrust pastry. Finished with a light dusting of sugar.

TWIN PACK

DEFROST & SERVE

£5.55

2 x 100g

V S



726 - Low Sugar Vanilla Brûlée Cake

Vanilla flavoured sponge, topped with vanilla flavoured crème. Brûléed with demerara sugar. Contains sugar & sweetener.

TWIN PACK

DEFROST & SERVE

£5.00

2 x 75g

LS C V S



754 - Bakewell Tart

Almond sponge with a cherry filling on shortcrust pastry. Topped with flaked almonds.

TWIN PACK

DEFROST & SERVE

£5.55

2 x 100g

V S



587 - Strawberry Tart

Strawberries in a sugar syrup glaze, on crème pâtissière in a sweet, pastry case. Handmade in the Lake District.

DEFROST & SERVE

£3.45

200g

V S



X119 - Spiced Pear & Brandy Trifle

Spiced pear brandy compote with sponge fingers, vanilla custard, whipped cream and flaked almonds. Handmade in the Lake District.

TWIN PACK

DEFROST & SERVE

£4.50

2 x 104g

V S



742 - Sherry Trifle

Raspberry sauce and custard, layered on top of a sherry-laced sponge. Topped with cream and a chocolate swirl.

TWIN PACK

DEFROST & SERVE

£3.90

2 x 175g

V



413 - Raspberry & White Chocolate Panna Cotta

Creamy vanilla panna cotta with raspberry compote.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 100g

TOP PICK



704 - Raspberry Trifle

Raspberry sauce and custard, layered on top of a golden sponge. Topped with cream and milk chocolate swirls.

TWIN PACK

DEFROST & SERVE

£3.70

2 x 175g

V



263 - Tiramisu

Sponge fingers soaked in coffee and Marsala wine. Topped with mascarpone and crème fraîche mousse. Decorated with dark cocoa powder and a coated coffee bean.

TWIN PACK

DEFROST & SERVE

£4.75

2 x 100g

S



2004 - Mixed Berry Cheesecake

Digestive biscuit base, topped with a creamy mixed berry fruit crème.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 110g

V S



860 - Blackcurrant Cheesecake

A creamy blackcurrant and cheese filling on a biscuit base. Topped with a blackcurrant compote.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 127g

V



582 - Lemon Cheesecake

A creamy lemon cheesecake made with cream, cream cheese and lemon juice on a biscuit crumb base. Topped with a zesty lemon compote.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 126g

V



TOP PICK

859 - Irish Cream Cheesecake

Creamy, mildly whiskey-flavoured cheesecake on a biscuit base and garnished with a light dusting of cocoa and a chocolate flake.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 108g

V



492 - Honeycomb & Toffee Cheesecake

Creamy cheesecake filling containing crisp honeycomb pieces and dark chocolate on a toffee topped digestive biscuit.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 120g

V

Ice Cream & Fruit

Delicious and refreshing at any time of the year

TOP PICK



Serving suggestion

819 - Clotted Cream & Strawberry Ice Cream

Strawberry compote swirled through sweet, clotted cream ice cream, with pieces of strawberry.

£1.80

120ml

C V S



Serving suggestion

822 - Chocolate Fudge Ice Cream

Chocolate ice cream with soft pieces of chocolate fudge.

£1.80

120ml

C V S



Serving suggestion

823 - Rum & Raisin Ice Cream

Creamy rum-flavoured ice cream with juicy raisins.

£1.80

120ml

C V S



Serving suggestion

824 - Honeycomb Ice Cream

A delicious blend of smooth ice cream and crisp, sweet honeycomb pieces.

£1.80

120ml

C V S

TOP PICK



Serving suggestion

817 - Clotted Cream Vanilla Ice Cream

Rich vanilla ice cream made with real clotted cream and vanilla.

£1.80

120ml

C V S



826 - Raspberry Sorbet

A light and fruity sorbet made with juicy raspberries.

£1.80

120ml



A terrific raspberry flavour, really enjoyable.

JOHN

★ Trustpilot



818 - Chunky Ginger Ice Cream

Pieces of zingy ginger give this delicious frozen dessert a bit of a kick.

£1.80

120ml



Serving suggestion



769 - Fruit Salad

A refreshing mix of apples, melon, red grapes, mandarin orange and tangy pineapple.

4 SERVINGS - DEFROST & SERVE

£4.45

450g



2006 - Berry Salad

A colourful mix of blackberries, raspberries and redcurrants.

4 SERVINGS

DEFROST & SERVE

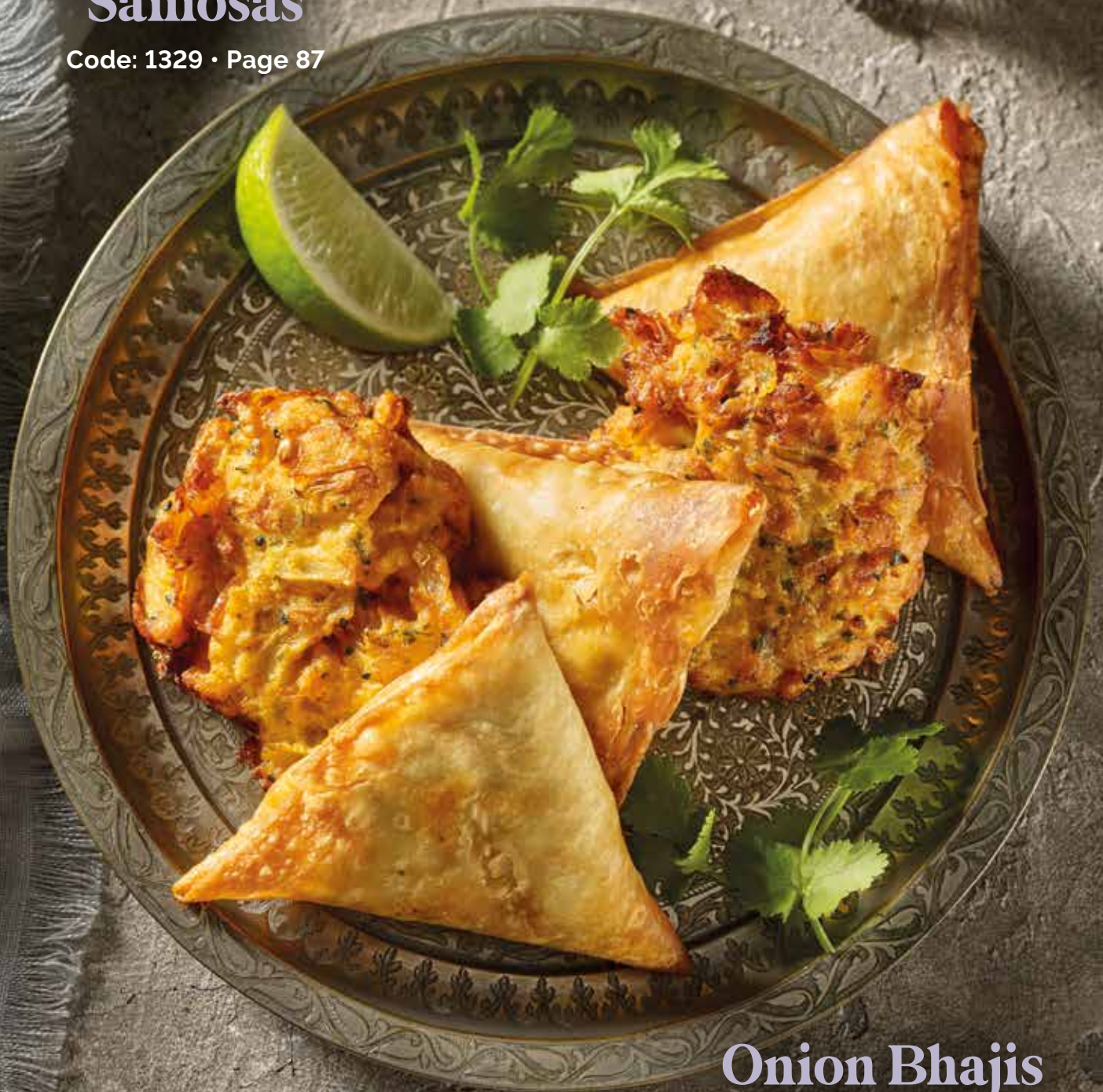
£4.45

500g



Chicken Samosas

Code: 1329 • Page 87



Onion Bhajis

Code: 1328 • Page 87

Side Dishes

Add your own touch to any of our meals with our range of vegetable, potato & Indian side dishes.



**Green Vegetables
in Wild Garlic
& Herb Butter**

Code: 556 • Page 86

★ Trustpilot ★★★★★



Our new **Vegetable Spring Rolls (1027)** are the perfect addition to any of our delicious Chinese Mains.

See page 87



Cauliflower & Broccoli Cheese (557). Our Cauliflower Cheese was so popular, we decided to add our second favourite brassica!

See page 87



Garlic & Rosemary Roasting Potatoes (1344). These roasties are our favourite - just delicious.

See page 86



1344 - Garlic & Rosemary Roasting Potatoes
Bannisters Yorkshire Family Farm garlic & rosemary roasting potatoes. **OVEN ONLY**
2 SERVINGS

£3.75 360g
LS C V VE



807 - Super Crunchy Oven Chips
Golden, crispy, triple cooked, thick cut chips.
6-7 SERVINGS
OVEN ONLY

£2.25 850g
LS V VE F



395 - Mashed Potato
An individual portion of buttery mashed potato, seasoned with salt and pepper.
MICROWAVE ONLY

£1.99 240g
LS C V GF



414 - Mini Dauphinoise Potatoes
Sliced potatoes layered with garlic, onion and cream sauce, topped with Cheddar cheese.

£1.99 240g
LS C V GF



897 - Carrot, Swede & Horseradish Mash
A buttery potato, carrot and swede mash with horseradish.
2 SERVINGS

£2.20 200g
LS C V GF 1 F



400 - Cheese & Spring Onion Mashed Potato
An individual portion of mashed potato with mature Cheddar cheese and spring onion, seasoned with salt and pepper.
MICROWAVE ONLY

£1.99 240g
LS C V GF



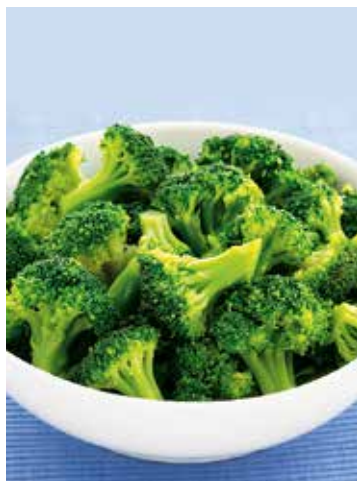
294 - Ratatouille
Roasted courgettes, red and green peppers, slow roasted cherry tomatoes and onions in a tomato sauce. Topped with mozzarella and Cheddar cheese.

£4.65 350g
LS C V GF 1 F



556 - Green Vegetables in Wild Garlic & Herb Butter
Peas, green beans, broccoli and mangetout lightly tossed in a savoury wild garlic, parsley and chive butter.
MICROWAVE ONLY

£2.45 150g
LS C V GF S 1 F



525 - Broccoli

Perfectly cut broccoli florets.

5-6 SERVINGS

MICROWAVE OR PAN COOK

£2.05

450g

LS ♥ C V VE S 1 HP F



560 - Baby Carrots

Small and sweet baby carrots.

5-6 SERVINGS

MICROWAVE OR PAN COOK

£1.60

450g

LS ♥ C V VE S 1 HP F



1027 - Vegetable Spring Rolls

Crispy spring rolls filled with vegetables, rice noodles in a soy and ginger sauce.

£3.75

132g

LS C V VE F



557 - Cauliflower & Broccoli Cheese

Tender cauliflower and broccoli florets in a smooth, creamy Cheddar cheese sauce.

MICROWAVE ONLY

£2.40

200g

LS C V 1



1329 - Chicken Samosas

Handmade samosas with tandoori spiced chicken, potato and onion filling. Easy to break apart and have one at a time.

OVEN ONLY

4 SERVINGS

£3.50

200g

LS C



472 - Cauliflower Cheese

Tender cauliflower florets in a tasty cheese sauce. Finished with breadcrumbs and grated mature Cheddar cheese.

£3.80

400g

LS C V 1



1328 - Onion Bhajis

Lightly spiced fried snack made with onions. Easy to break apart and have one at a time. **OVEN ONLY**

6 SERVINGS

£2.90

300g

C V VE F

TOP PICK

All Day Breakfast

Code: 366 • Page 90



Breakfast

Start your day right with one of our great breakfast dishes, with everything from porridge to an All Day Breakfast.

Breakfast Panini
Code: 534 • Page 91

Contents

Prepared Breakfast
Page 90

Make Your Own
Page 92

A good
quick
breakfast

BRIAN

★ Trustpilot ★★★★★



Apple, Sultana & Cinnamon Porridge (975). A hearty, warming breakfast with filling oats and fruits.

See page 91



Kipper Fillets (563). Delicious oak smoked kipper fillets prepared from North East Atlantic herring. Rich and smokey.

See page 93



Smoked Back Bacon (G1290). One of our favourite breakfast ingredients. Get ready for the perfect sandwich!

See page 92

Prepared Breakfast

Some great ways to start your day

TOP PICK



251 - The Big Breakfast

Two pork and leek sausages and two rashers of bacon with omelette, hash brown, black pudding, cherry tomatoes and baked beans.

£6.05

460g

LS HP

Really large portion, quality product.

TIM

★ Trustpilot



TOP PICK



366 - All Day Breakfast

Two rashers of bacon, a seasoned pork sausage, cheese and tomato omelette, button mushrooms, baked beans and cherry tomatoes.

£5.55

400g

LS HP

TOP PICK



850 - Mini All Day Breakfast

The classic combination of bacon, seasoned pork sausage, sliced button mushrooms, baked beans, cherry tomatoes and sauté potato slices.

£3.15

240g

LS C HP

TOP PICK



975 - Apple, Sultana & Cinnamon Porridge

A rich and creamy handmade porridge topped with a fruity mix of apple, sultanas and a hint of cinnamon.

MICROWAVE ONLY

£2.99

240g



Absolutely gorgeous taste, nice and comforting flavours.

VICKY

★ Trustpilot



534 - Breakfast Panini

Seasoned egg mayonnaise with sundried tomatoes and bacon in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

150g



607 - Banana & Honey Porridge

A rich and creamy handmade porridge topped with banana and honey.

MICROWAVE ONLY

£2.00

175g



Make Your Own

All the breakfast essentials



605 - Cumberland Pork Sausages

Prime pork sausages naturally seasoned with black pepper and spices.

PACK OF 6

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.99

400g

LS GF HP



G1290 - Smoked Back Bacon

Dry cured back bacon rashers made from beechwood smoked premium pork loin.

7-8 RASHERS

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.75

250g

LS HP



G1288 - Olde English Sausages

A succulent blend of prime cuts of pork with thyme, nutmeg, sage & pepper.

PACK OF 6

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.00

400g

LS HP



G1291 - Unsmoked Back Bacon

Dry cured back bacon rashers made from premium pork loin.

7-8 RASHERS

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.75

250g

LS HP



Groceries



G3164

Heinz Tomato
Ketchup
342g



G3186

Lurpak
Spreadable Butter
250g



G3137

Robertson's Golden
Shred Marmalade
454g



G3157

Nescafé
Original
200g

For our full range of groceries, request
a grocery brochure or shop online at
oakhousefoods.co.uk/groceries



563 - Kipper Fillets

Oak smoked kipper fillets, prepared from herring caught
in the North East Atlantic.

£3.15

150g

LS C GF HP



614 - White Sliced Loaf

Pre-sliced white
sandwich bread, frozen
for freshness.

9-10 SERVINGS
DEFROST & SERVE

£2.45

800g

LS ♥ V VE



112 - Wholemeal Sliced Loaf

Pre-sliced wholemeal
loaf, frozen for freshness.

9-10 SERVINGS
DEFROST & SERVE

£2.45

800g

LS ♥ V VE F

Gluten free dishes

A quick guide to all our gluten free meals, desserts & side dishes perfect for coeliacs and people with gluten intolerance.

PLEASE NOTE

Our products are made to Gluten Free recipes, however the factories that make them do handle gluten.

GF

405 - Lamb Bhuna
Page 38



MAIN MEALS

Code	Product	Page
1354	Beef Casserole	23
215	Beef Curry	25
652	Butter Chicken Curry	31
392	Cheese & Ham Omelette	41
327	Cod & Prawn Bake	32
1355	Gammon, Pineapple Relish & Vegetable Crush	41
405	Lamb Bhuna	38
332	Omelette, Chips & Peas	42
294	Ratatouille	44
592	Salmon in White Wine	33
256	Vegetable Tikka	45
577	Wild Mushroom & Butternut Risotto	44

MINI MEALS

Code	Product	Page
894	Mini Braised Beef, Tatties & Neeps	49
312	Mini Chicken & Mixed Peppers in Creamy Sauce	53
198	Mini Chicken & Vegetable Ragout	52
945	Mini Chicken with Mashed Potato	52
942	Mini Chilli con Carne & Rice	50
311	Mini Corned Beef Hash	48
1026	Mini Lamb Casserole	58
947	Mini Lamb in Mint Gravy	57
259	Mini Lamb, Redcurrant & Cranberry Hotpot	58
579	Mini Liver & Onions	57
197	Mini Poachers Chicken	52

SOUP & LIGHT MEALS

Code	Product	Page
1343	Broccoli & Cauliflower Cheese Loaded Jacket Potato	66
989	Broccoli & Stilton Soup	67
988	Carrot & Coriander Soup	67
1345	Cheese & Beans Loaded Jacket Potato	66
499	Cheese & Ham Omelette (2)	70
500	Cheese & Tomato Omelette (2)	70
227	Chicken & Vegetable Soup	67
1346	Mature Cheddar Loaded Jacket Potato	66

DESSERTS

Code	Product	Page
620	Rice Pudding (2)	74
638	Rhubarb & Custard (2)	76

SIDE DISHES

Code	Product	Page
897	Carrot, Swede & Horseradish Mash (2)	86
400	Cheese & Spring Onion Mashed Potato	86
556	Green Vegetables in a Wild Garlic & Herb Butter	86
395	Mashed Potato	86
414	Mini Dauphinoise Potatoes	86
294	Ratatouille	86

BREAKFAST

Code	Product	Page
605	Cumberland Pork Sausages	92
563	Kipper Fillets	93

Low sugar dishes

A low sugar life can still be sweet, all of these meals, desserts & side dishes are low in sugar.



**Mushroom
Stroganoff with Rice**
Page 45



MAIN MEALS

Code	Product	Page	Code	Product	Page
			658	Coq au Vin	27
208	Beef & Kidney Pie	22	303	Corned Beef Hash	23
285	Beef & Vegetable Hotpot	23	304	Cottage Pie	21
668	Beef & Wild Mushroom Lasagne	24	211	Cottage Pie Meal	21
421	Beef au Poivre	22	166	Creamy Leek & Potato Bake	42
1331	Beef Bolognese Pasta Bake	24	530	Cumberland Pie	21
657	Beef Bourguignon	23	944	Cumberland Sausage with Colcannon Mash	40
1354	Beef Casserole	23	983	Fish & Potato Gratin	32
215	Beef Curry	25	306	Fish Pie	32
1332	Beef in Black Bean Sauce	25	1355	Gammon, Pineapple Relish & Vegetable Crush	41
168	Beef Lasagne	24	417	Honey & Mustard Chicken Hotpot	29
1313	Beef Platter	20	173	Hunter's Pie	21
286	Beef Stew & Dumpling	23	875	Italian Style Meatballs in Tomato Sauce	41
115	Beef Stroganoff	25	405	Lamb Bhuna	38
882	Beer Battered Cod & Chips	34	1326	Lamb Casserole	37
464	Breaded Haddock Fillet (2)	34	1348	Lamb & Vegetable Medley	37
883	Breaded Scampi & Chips	34	1315	Lamb Platter	36
652	Butter Chicken Curry	31	305	Lancashire Hotpot	37
257	Butternut Squash & Vegetable Lasagne	43	659	Liver & Bacon with Colcannon Mash	37
472	Cauliflower Cheese	43	663	Liver & Onions	37
392	Cheese & Ham Omelette	41	832	Luxury Cottage Pie	21
1333	Chicken & Chorizo Paella	30	1307	Luxury Roast Beef Dinner	20
841	Chicken & Cider Hotpot	29	1308	Luxury Roast Chicken Dinner	26
477	Chicken & Mushroom Pie with Vegetables	27	1309	Luxury Roast Lamb Dinner	36
139	Chicken & Stuffing Bake	29	1310	Luxury Roast Pork Dinner	39
1325	Chicken & Vegetable Stew	29	1311	Luxury Roast Turkey Dinner	26
1334	Chicken Arrabiata	30	833	Luxury Shepherd's Pie	38
1314	Chicken Breast Platter	26	1312	Luxury Vegetarian Roast Dinner	42
284	Chicken Breast Wrapped in Bacon	27	991	Macaroni Bolognese	24
252	Chicken Casserole with Dumpling	28	889	Macaroni Cheese	44
1323	Chicken Casserole with Vegetable Mash	28	287	Macaroni Cheese with Bacon	41
1878	Chicken Curry & Rice	31	493	Minced Beef Pie	22
278	Chicken in Creamy Garlic Sauce	28	276	Minced Beef & Mash	21
879	Chicken in Mushroom Sauce	53	266	Moussaka	38
1138	Chicken Jalfrezi	31	1341	Mushroom Stroganoff with Rice	45
1873	Chicken Korma	31	1342	No Chicken Tikka Masala & Pilau	45
1335	Chicken Madras with Pilau Rice	31	332	Omelette, Chips & Peas	42
387	Chicken Stir-Fry	30	1327	Pollock Mornay with Parmentier Potatoes	33
179	Chicken Supreme	28	248	Pork & Leek Sausage Casserole	40
1874	Chicken Tikka Masala	31	1350	Pork & Leek Sausages with Cauliflower Cheese Mash	40
140	Chicken with Onion Topped Mash	28	596	Pork Faggot with Mashed Potato & Peas	41
108	Chicken, Leek & Bacon Pie	27	1316	Pork Platter	39
175	Chilli con Carne	25	977	Prawn Curry	35
1340	Chilli Non Carne with Rice	45	1338	Prawn Linguine	35
1336	Chinese Style Chicken Noodles	30	1339	Prawn Mango Masala & Pilau Rice	35
327	Cod & Prawn Bake	32			
240	Cod, Chips & Peas	34			
593	Cod in Parsley	33			

Code	Product	Page	Code	Product	Page
524	Quorn & Vegetable Pie	43	312	Mini Chicken & Mixed Peppers in Creamy Sauce	53
294	Ratatouille	44	260	Mini Chicken & Mushroom Hotpot	52
1300	Roast Beef Dinner	20	1008	Mini Chicken & Mushroom Pie	51
1301	Roast Chicken Dinner	27	198	Mini Chicken & Vegetable Ragout	52
1302	Roast Lamb Dinner	36	196	Mini Chicken Casserole & Dumpling	51
1303	Roast Pork Dinner	39	336	Mini Chicken Chasseur	53
1304	Roast Turkey Dinner	26	510	Mini Chicken in White Wine & Rarebit Crumble	52
602	Roasted Vegetable & Chickpea Curry	45	1006	Mini Chicken Supreme	53
985	Rustic Cottage Pie	21	338	Mini Chicken Tikka Masala	54
329	Salmon & Broccoli Bake	33	945	Mini Chicken with Mashed Potato	52
1322	Salmon en Croûte	34	415	Mini Chicken, Sage & Onion Yorkshire Pudding	51
592	Salmon in White Wine	33	942	Mini Chilli con Carne & Rice	50
842	Salmon Pasta Bake	35	1010	Mini Chinese Style Chicken Noodles	54
221	Sausages & Mash	40	849	Mini Cod & Prawn Bake	55
224	Sausages, Chips & Beans	40	528	Mini Cod, Chips & Peas	55
250	Sausages in Caramelised Onion Gravy	40	311	Mini Corned Beef Hash	48
218	Shepherd's Pie	36	895	Mini Cottage Pie	48
419	Smoked Haddock & Bacon Gratin	32	1879	Mini Creamy Chicken & Basil Pasta	53
884	Smoked Haddock Fishcake & Chips	34	804	Mini Creamy Salmon & Pea Pasta	56
684	Smoked Haddock Florentine	32	314	Mini Cumberland Pie	49
136	Smoked Haddock with Cheese & Sweetcorn	33	309	Mini Faggot, Mash & Peas	60
660	Spaghetti Bolognese	24	498	Mini Fish Pie with Crumble Topping	55
887	Spaghetti Carbonara	41	310	Mini Fisherman's Pie	55
667	Steak Diane	23	1017	Mini Fish Pie	55
407	Steak & Kidney Pudding	22	318	Mini Gammon & Creamy Onion Sauce	60
474	Steak & Mushroom Pie	22	341	Mini Haddock Smokie	56
244	Steak Pie (2)	22	335	Mini Italian Style Meatballs in Tomato Sauce	60
606	Teriyaki Beef Noodles	25	1029	Mini Lancashire Hotpot	57
1521	Thai Green Chicken Curry	31	1026	Mini Lamb Casserole	58
1317	Turkey Platter	26	281	Mini Lamb in Cider Sauce	57
325	Vegetable Hotpot	42	947	Mini Lamb in Mint Gravy	57
288	Vegetable Rigatoni	44	1018	Mini Lamb & Vegetable Medley	58
1324	Vegetable Stew	43	893	Mini Liver & Bacon Hotpot	58
256	Vegetable Tikka	45	579	Mini Liver & Onions	57
1305	Vegetarian Roast Dinner	42	226	Mini Macaroni Cheese	61
577	Wild Mushroom & Butternut Squash Risotto	44	581	Mini Macaroni Cheese & Pulled Ham	60
645	Woodland Chicken	28	191	Mini Madeira Chicken	53
MINI MEALS			416	Mini Minced Beef Yorkshire	48
Code	Product	Page	1015	Mini Mushroom Stroganoff with Rice	62
144	Mini Beef & Kidney Stew	49	197	Mini Poachers Chicken	52
851	Mini Beef & Vegetable Hotpot	49	282	Mini Pork & Apple Crumble	60
220	Mini Beef Lasagne	50	1014	Mini Prawn Linguine	56
258	Mini Beef Stew with Bubble & Squeak	48	1000	Mini Roast Beef Dinner	48
894	Mini Braised Beef, Tatties & Neeps	49	1001	Mini Roast Chicken Dinner	51
195	Mini Cheese & Broccoli Pasta	62	1002	Mini Roast Lamb Dinner	57
502	Mini Cheese & Tomato Macaroni Pasta Bake	62			
1009	Mini Chicken Arrabiata	53			

Code	Product	Page	Code	Product	Page
1003	Mini Roast Pork Dinner	59	472	Cauliflower Cheese	87
1004	Mini Roast Turkey Dinner	51	400	Cheese & Spring Onion Mashed Potato	86
1007	Mini Salmon & Broccoli Bake	56	1329	Chicken Samosas (4)	87
853	Mini Sausage Casserole	59	1344	Garlic & Rosemary Roasting Potatoes	86
929	Mini Sausages & Mash	59	556	Green Vegetables in a Wild Garlic & Herb Butter	86
1012	Mini Sausages, Beans & Chips	59	395	Mashed Potato	86
598	Mini Sausages with Red Onion Gravy	59	414	Mini Dauphinoise Potatoes	86
190	Mini Savoury Minced Mash	49	294	Ratatouille	86
858	Mini Shepherd's Pie	58	807	Super Crunchy Oven Chips	86
466	Mini Spaghetti Bolognese	50	1027	Vegetable Spring Rolls (6)	87
1025	Mini Steak & Mushroom Pie	49			
848	Mini Tuna Pasta Bake	56			
943	Mini Vegetable Lasagne	62			
1005	Mini Vegetarian Roast Dinner	61			

SOUPS & LIGHT MEALS

Code	Product	Page
1343	Broccoli & Cauliflower Cheese Loaded Jacket Potato	66
989	Broccoli & Stilton Soup	67
988	Carrot & Coriander Soup	67
499	Cheese & Ham Omelette (2)	70
241	Cheese & Onion Quiche (2)	70
533	Cheese & Red Onion Panini	69
500	Cheese & Tomato Omelette (2)	70
227	Chicken & Vegetable Soup	67
1031	Ham & Cheese Toastie	70
1030	Hunter's Chicken Panini	69
640	Jacket Potatoes (4)	66
213	Quiche Lorraine (2)	70
1321	Sausage Rolls (6)	71
186	Scotch Broth	67
G1292	Smoked Sliced Ham	71
588	Tuna & Red Onion Panini	69

DESSERTS

Code	Product	Page
2000	Low Sugar Chocolate & Ginger Torte (2)	80
721	Low Sugar Lemon Drizzle Cake (2)	78
726	Low Sugar Vanilla Brulee Cake (2)	80
2001	Low Sugar Victoria Sponge (2)	77

SIDES

Code	Product	Page
560	Baby Carrots (5-6)	87
525	Broccoli (5-6)	87
897	Carrot, Swede & Horseradish Mash (2)	86
557	Cauliflower & Broccoli Cheese	87

BREAKFAST

Code	Product	Page
366	All Day Breakfast	90
534	Breakfast Panini	91
605	Cumberland Pork Sausages	92
563	Kipper Fillets	93
850	Mini All Day Breakfast	90
G1288	Olde English Sausages	92
G1290	Smoked Back Bacon	92
251	The Big Breakfast	90
G1291	Unsmoked Back Bacon	92
614	White Sliced Loaf	93
112	Wholemeal Sliced Loaf	93

Introducing EverWell Supplements

Here at Oakhouse Foods, we are excited to share something **NEW** with you.

We all know that good food and a balanced lifestyle is key for a happy life, however as we get older, our ability to digest and absorb key nutrients from our food starts to decline.

That is why some people choose to take additional supplements to meet their nutritional needs, as supplements can give you extra support to help you feel your best each day.

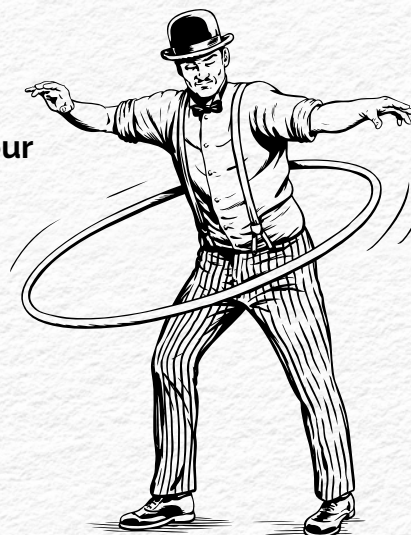
Here at Oakhouse Foods, we understand that the supplements market can be very complex, with too many options and not enough easy to understand information.

That's why we're **DELIGHTED** to partner with EverWell Supplements who create specific, targeted formulations for those wanting to enjoy their **GOLDEN YEARS**.



As we want to make your life easier,
your local **FRIENDLY** drivers can deliver your
EverWell Supplements with your
Oakhouse Foods order.

EverWellTM
supplements



EverWell Supplements aim to make **SUPPLEMENTS** simple through easy to understand science and targeted formulations, all **DESIGNED** with **YOU** in mind.

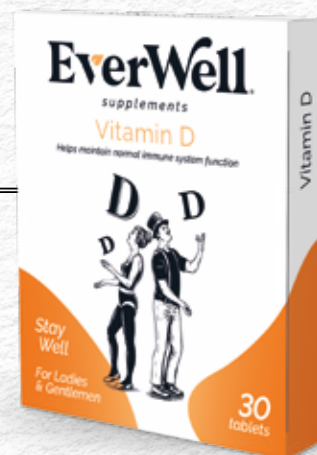
With EverWell **SUPPLEMENTS**, you can *enjoy...*

- Supplements designed by leading nutritional experts, and manufactured to the highest standard in the **UK**.
- Supplements with clever combinations of key ingredients designed to give you a little boost.
- Supplements made **responsibly** with sustainable sourcing and manufacturing.

So whether you're looking to take care of your *general well-being* or looking for help with a specific health need, EverWell Supplements can help you to carry on living your **LIFE** *to the* **FULL**.



50% OFF



EverWell Supplements has an exclusive offer for Oakhouse Foods customers - enjoy **50%** off your first EverWell order!*

If ordering online, add discount code **EW50** at checkout.
Alternatively, quote code **EW50** when ordering on the phone.

**SO DON'T FORGET TO ADD EVERWELL SUPPLEMENTS
TO YOUR NEXT OAKHOUSE FOODS ORDER!**

*Discount can only be applied to 3 packs max of each EverWell Supplement. Minimum order spend of £15 still required, after discount applied. Only one discounted order per household. For T/Cs, go to oakhousefoods.co.uk

See our 5 BRAND NEW EverWell Supplements on the next page

Stay Well

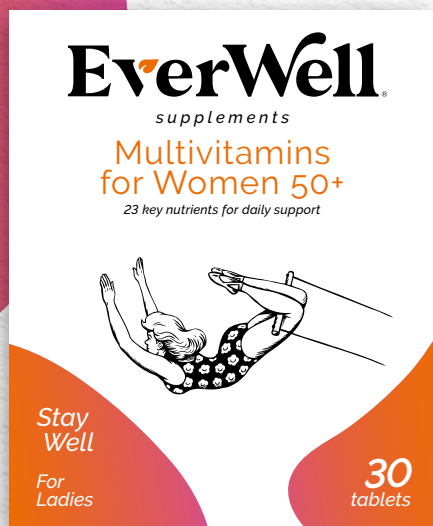
WITH **EverWell**™



"As we move into winter, it is **MORE IMPORTANT** than ever to look after ourselves. That is why I recommend EverWell Supplements, to help you live your life to the full".

Natalie, our EverWell Supplements Nutritional Therapist

MORE OPTIONS coming soon



E04

Multivitamins for Women 50+ Stay Well

This advanced, multi-tasking, multi-nutrient formula is specifically designed for ladies over the age of 50.

This clever combination consists of 23 key nutrients, all working closely together. Vitamin C and Zinc contribute to the normal functioning of the immune system, Pantothenic Acid to normal mental performance, and Vitamin B6 & B12 to the reduction of tiredness and fatigue.

1 x daily

30 tablets

£9.15

E03

Multivitamins for Men 50+ Stay Well

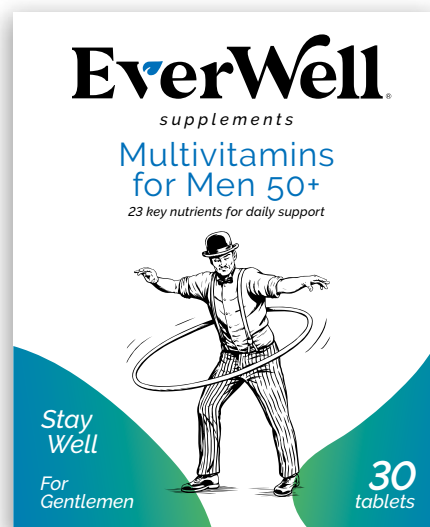
This advanced, multi-tasking, multi-nutrient formula is specifically designed for gentlemen over the age of 50.

This clever combination consists of 23 key nutrients, all working closely together. Vitamin C and Zinc contribute to the normal functioning of the immune system, Pantothenic Acid to normal mental performance, and Vitamin B6 & B12 to the reduction of tiredness and fatigue.

1 x daily

30 tablets

£9.15

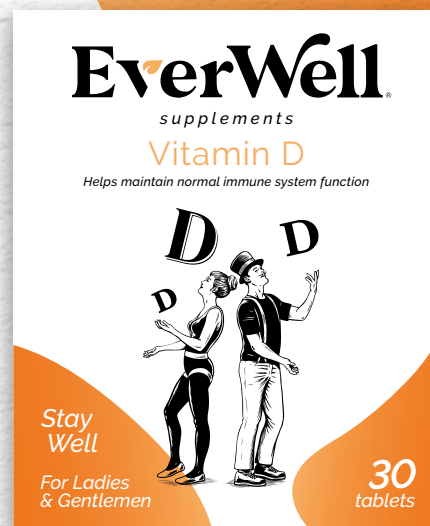


Order online at Oakhousefoods.co.uk or call your local team to order

E02**Vitamin D** *Stay Well*

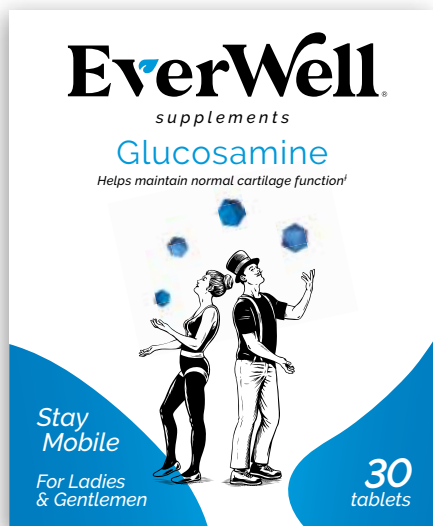
This supplement contains 25µg of Vitamin D3 as cholecalciferol, the active form used in the body. This 'sunshine vitamin' is most well-known for its contribution to the normal function of the immune system.

Vitamin D also plays an essential role in the maintenance of normal blood calcium levels by contributing to normal absorption and utilisation, which in turn contributes to the maintenance of bones, teeth and muscles.

1 x daily**30 tablets****£4.00****E07****Glucosamine** *Stay Mobile*

Glucosamine occurs naturally in the human body and is found in the connective tissues in joint cartilage, as well as bones, skin and blood vessels. This supplement helps to maintain normal cartilage function. Looking after our joint cartilage is important for mobility as it cushions joints, allowing bones to move against each other more easily.

This EverWell Glucosamine supplement also contains Vitamin C, contributing to normal collagen formation which also supports the normal function of cartilage, bones, skin and blood vessels.

1-2 x daily**30 tablets****£6.00****E06****Cod Liver Oil** *Stay Mobile*

Cod Liver Oil is an all-time classic, containing essential omega-3 fatty acids. Omega-3 is known as an "essential" fatty acid because the human body is unable to make it, meaning we need to get it from food or from supplements. Vitamin D contributes to the maintenance of muscles and bones. Cod Liver Oil contains EPA and DHA, which contributes to the maintenance of normal vision and brain function when 250mg of DHA (which forms part of omega-3 fatty acids) is taken daily.

1 x daily**30 capsules****£4.20**

Order online at Oakhousefoods.co.uk or call your local team to order

Food Supplements should not be used as a substitute for a varied, balanced diet and healthy lifestyles



**IT'S
MADE FOR
YOU**

Enjoy delicious, nutritious & safe textured modified meals

Delivered straight
to your door

80
Dishes



itsmadeforyou.co.uk

Here at **It's Made For You**, we believe that everyone should look forward to a tasty, nutritionally balanced meal. That's why we have created **It's Made For You**, a brand-new range of meals developed for those with swallowing and chewing difficulties.

We want to help those with swallowing difficulties, through giving them the confidence and the comfort around eating and ensuring everyone can enjoy easy, delicious mealtimes without worry. Our range of meals are made to home-cooked standards and are tasty, full of flavour and

made in the UK. If you would like to learn about dysphagia or It's Made For You, go to itsmadeforyou.co.uk.

Looking for extra support? You can order an It's Made For You Brochure for yourself or a loved one by calling the number on the front of this brochure. We also support Health Care Professionals through providing free educational marketing materials and demonstrations. If you are a Health Care Professional and would like more information on this, simply call the number on the front of the brochure to speak to your local team.

“Delivered to your door, nutritious, easy to prepare, safe and enjoyable to eat. It's for that reason that I recommend It's Made For You for my patients.”

Sandra Robinson (Speech & Language Therapist)

Our Range

Our **It's Made For You** range is available in three different textures:

LEVEL 4

Puréed Meals



Our Level 4 Puréed meals are puréed and smooth with a consistent texture. They are thick enough to eat with a fork and are packed with flavour.

4

LEVEL 5

Minced & Moist Meals



Our Level 5 Minced and Moist meals require minimal chewing but come with a more varied texture.

5

LEVEL 6

Soft & Bite-Sized Meals



Our Level 6 Soft & Bite-Sized meals are suitable for anyone who enjoys their meat and vegetables a little more tender and easier to chew.

6

We are proud Gold Sponsors of the International Dysphagia Diet Standardisation Initiative!

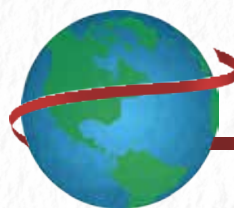
This initiative has developed a global standardised way of describing foods and drinks that are safe for people with feeding, chewing or swallowing problems. It is also the same initiative used by the NHS.

All of our dishes have been developed by a team of experts, to ensure they are compliant with IDDSI, so you or your loved one can enjoy delicious, easy mealtimes.

For more information, go to

 itsmadeforyou.co.uk

PROUD SUPPORTER OF



IDDSI

International Dysphagia Diet
Standardisation Initiative

GOLD SPONSOR

We are proud to support IDDSI, who work to improve the lives of those living with dysphagia worldwide.

LEVEL 4

Puréed Dishes

Breakfast & Lighter Bites

SUITABLE FOR A LEVEL 4 PURÉED DIET

TOP PICK



D132 - Puréed All Day Breakfast

Puréed omelette, puréed sausage and puréed beans served with a tomato sauce.

£4.50

380g

LS F



D169 - Puréed Porridge

Traditional breakfast made with creamy puréed oats.

£1.50

150g

V S



D174 - Puréed Cheese on Toast

A comforting snack of puréed cheese with puréed toast.

OVEN ONLY

£3.50

160g

LS C V



D130 - Puréed Beans on Toast

A comforting snack of puréed beans in tomato sauce with puréed toast.

OVEN ONLY

£3.50

160g

LS C V F



D136 - Puréed Scrambled Egg on Toast

Puréed scrambled egg on puréed toast served with a tomato sauce.

OVEN ONLY

£3.50

160g

LS C V



LEVEL 4

Puréed Dishes

Mini Meals

SUITABLE FOR A LEVEL 4 PURÉED DIET



**FIVE ★
FAVOURITE**



D149 - Mini Puréed Sausage & Mash

Puréed sausage with gravy served with puréed mashed potato and puréed carrots.

£3.95

280g

LS C



D150 - Mini Puréed Chicken & Potato Pie

Puréed chicken and potato in a rich gravy served with puréed broccoli and puréed mashed potato.

£3.95

280g

LS C S HP



D106 - Mini Puréed Beef Casserole

Puréed beef casserole with gravy, served with puréed peas and puréed creamy mashed potato.

£3.95

280g

LS C HP



D105 - Mini Puréed Lamb with Mint

Puréed minted lamb in gravy served with puréed carrots and puréed mashed potato.

£3.95

280g

LS C



D129 - Mini Puréed Fish & Chips

Traditional puréed fish and chips with puréed mushy peas and a tomato sauce.

£3.95

280g

LS C



D104 - Mini Puréed Chicken Casserole

Puréed chicken casserole served with puréed swede, puréed parsnips, puréed creamy mashed potato and gravy.

£3.95

280g

LS C



D172 - Mini Puréed Chicken & Stuffing

Puréed chicken and stuffing served with puréed broccoli, puréed creamed potato and gravy.

£3.95

280g

LS C HP



D139 - Mini Puréed Roast Turkey

Puréed turkey and stuffing with cranberry gravy, puréed creamed parsley potato and puréed swede & parsnip mash.

£3.95

280g

LS C HP



D108 - Mini Puréed Lancashire Hotpot

Puréed Lancashire hotpot in gravy served with puréed carrots and puréed creamy mashed potato.

£3.95

280g

LS C



D173 - Mini Puréed Chicken Tikka Masala

Curried puréed chicken in a masala sauce served with puréed cauliflower and puréed creamed potato.

£3.95

280g

LS C GF



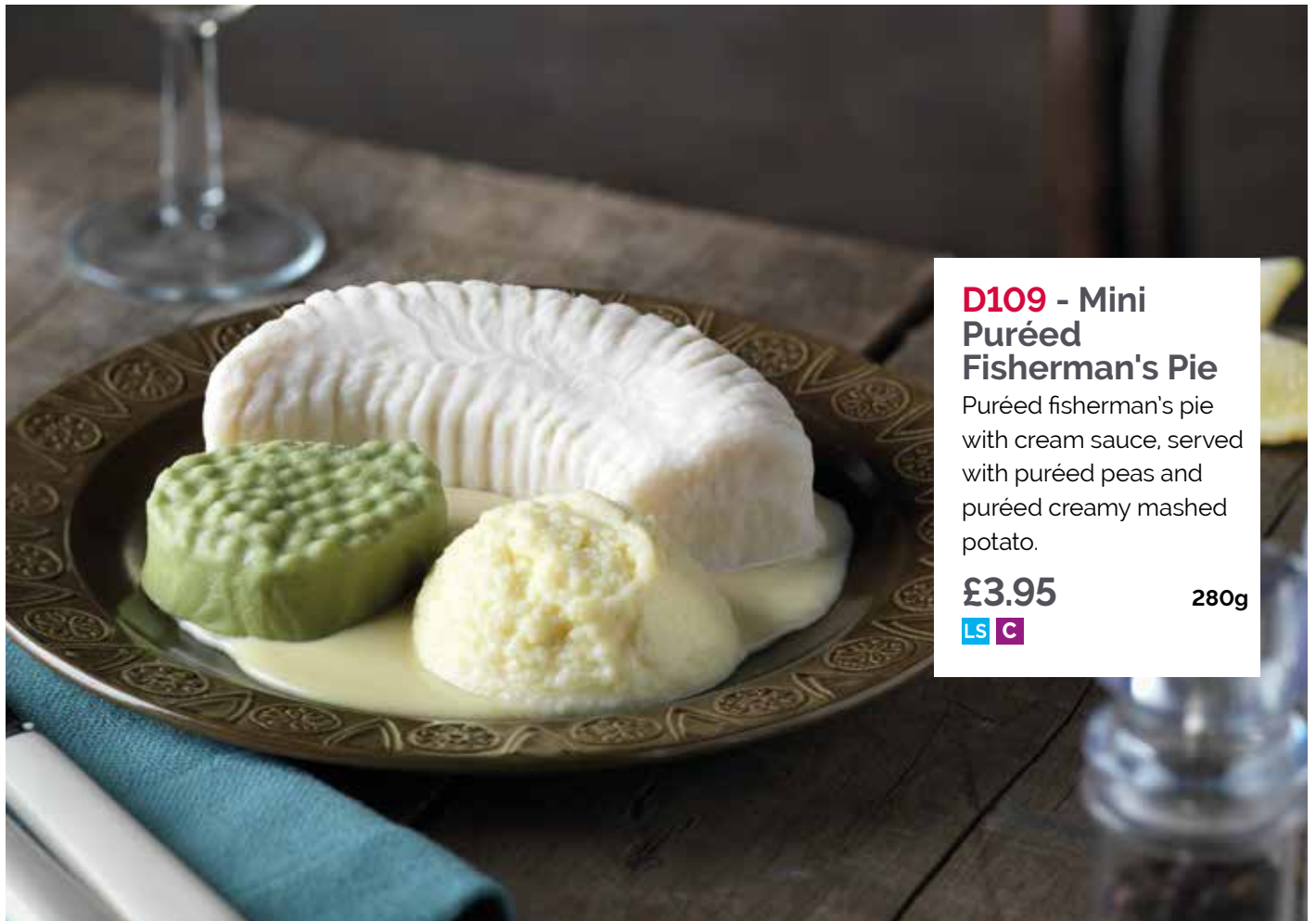
D107 - Mini Puréed Macaroni Cheese

Puréed macaroni in cheese sauce, served with puréed broccoli and puréed mashed potato.

£3.95

280g

LS V



D109 - Mini Puréed Fisherman's Pie

Puréed fisherman's pie with cream sauce, served with puréed peas and puréed creamy mashed potato.

£3.95

280g

LS C



D148 - Mini Puréed Vegetable Lasagne

Puréed courgette, puréed aubergines, puréed lentils, puréed béchamel sauce and puréed pasta in cheese sauce, served with puréed carrots and puréed creamy mashed potato.

£3.95

280g

LS C V F



D151 - Mini Puréed Fish in Cheese Sauce

Puréed poached fish in cheese sauce, served with puréed peas and puréed mashed potato.

£3.95

280g

LS C HP



D141 - Mini Puréed Seasonal Vegetable Casserole

Seasonal puréed casserole with puréed creamed potato, puréed swede and puréed parsnip in a brandy flavoured sauce.

£3.95

280g

LS C V

LEVEL 4

Puréed Dishes

Main Meals

SUITABLE FOR A LEVEL 4 PURÉED DIET



D134 - Puréed Cottage Pie

Puréed beef dish topped with puréed mashed potato and served with puréed carrots, puréed broccoli and gravy.

£4.50

380g

LS



D116 - Puréed Beef Bolognese with Pasta

Puréed beef bolognese with puréed pasta in tomato sauce, with puréed mashed potato, puréed carrots and puréed broccoli.

£4.50

380g

LS



D115 - Puréed Roast Beef & Yorkshire Pudding

Puréed roast beef and Yorkshire pudding with puréed mustard mashed potato, served with puréed carrots, puréed cauliflower and gravy.

£4.50

380g

LS



D114 - Puréed Beef Stew & Dumplings

Puréed beef stew and dumplings in a rich gravy, with puréed creamed mashed potato, puréed carrots and puréed green beans.

£4.50

380g

LS



D143 - Puréed Chicken & Potato Pie

Puréed chicken and potato in a rich gravy served with puréed broccoli, puréed carrots and puréed mashed potato.

£4.50

380g

LS S

TOP PICK



D120 - Puréed Sweet & Sour Chicken

Puréed sweet and sour chicken in a sweet sauce with puréed carrots, puréed green beans and puréed mashed potato.

£4.50

380g

LS



D110 - Puréed Traditional Chicken & Stuffing

Traditional puréed chicken and stuffing with puréed creamy mashed potato, puréed carrots and puréed broccoli.

£4.50

380g

LS



D112 - Puréed Chicken Curry

Puréed chicken curry with masala sauce, puréed creamy mashed potato, puréed cauliflower and puréed peas.

£4.50

380g

LS



D178 - Puréed Chicken Tikka Masala

Curried puréed chicken in a masala sauce served with puréed vegetable masala and puréed Bombay potato.

£4.50

380g

LS GF



D111 - Puréed Hearty Chicken Casserole

Hearty puréed chicken casserole in a rich gravy with puréed mashed potato, puréed peas, puréed swede and puréed parsnips.

£4.50

380g

LS



D138 - Puréed Roast Turkey

Puréed turkey and stuffing with cranberry gravy, puréed creamed parsley potato, puréed swede & parsnip mash and puréed broccoli.

£4.50

380g

LS



D144 - Puréed Sausage & Mash

Puréed sausage in gravy served with puréed mashed potato, puréed carrots and puréed peas.

£4.50

380g

LS



D113 - Puréed Lamb with Mint

Traditional puréed roast lamb with mint in gravy, served with puréed mashed potato, puréed broccoli, puréed carrot and puréed parsnip.

£4.50

380g

LS



D119 - Puréed Lancashire Hotpot

Puréed Lancashire hotpot in gravy, with puréed creamy mashed potato, puréed peas and puréed carrots.

£4.50

380g

LS



D118 - Puréed Salmon in Dill and Cream Sauce

Puréed salmon in dill and cream sauce. Served with puréed carrots, puréed peas and puréed mashed potato.

£4.50

380g

LS



D133 - Puréed Shepherd's Pie

Puréed Shepherd's pie served with puréed carrots, puréed peas and puréed gravy.

£4.50

380g

LS



D117 - Puréed Fish in Cream Cheese Sauce

Puréed fish in creamy cheese sauce with puréed mashed potato, puréed carrots and puréed peas.

£4.50

380g

LS

TOP PICK



D135 - Puréed Omelette in Cheese Sauce

A lighter dish of puréed omelette, puréed beans and a cheese sauce served with puréed mashed potato.

£4.50

380g

LS V



D121 - Puréed Macaroni Cheese

Puréed macaroni in a cheese sauce, with puréed creamy mashed potato, puréed carrots and puréed broccoli.

£4.50

380g

LS V S



D146 - Puréed Fisherman's Pie

Puréed fisherman's pie with cream sauce, served with puréed peas, puréed carrots and puréed creamy mashed potato.

£4.50

380g

LS



D153 - Puréed Vegetable Tikka Masala

Puréed vegetable tikka masala in tomato sauce with puréed mashed potato, puréed cauliflower and puréed peas.

£4.50

380g

LS V GF F



D140 - Puréed Seasonal Vegetable Casserole

Seasonal puréed casserole with puréed creamed potato, puréed swede, puréed parsnip and puréed broccoli in a brandy flavoured sauce.

£4.50

380g

LS V F



D142 - Puréed Vegetable Lasagne

Puréed courgette, puréed aubergines, puréed lentils, béchamel sauce & puréed pasta in cheese sauce, served with puréed carrots, puréed green beans & puréed creamy mashed potato.

£4.50

380g

LS V



LEVEL 4

Puréed Dishes



Allergen Aware Main Meals

A selection of Puréed meals suitable for a level 4 diet that do not include the 14 known allergens.



TOP PICK

D176 - Allergen Aware Puréed Beef Casserole

Puréed beef casserole with onion gravy, served with puréed peas, puréed root vegetables and puréed smooth potato mash.

£4.50

380g

LS C GF HP F



D179 - Allergen Aware Puréed Roast Lamb

Minted puréed lamb in gravy served with puréed peas, puréed root vegetables and puréed potato mash.

£4.50

380g

LS ♥ C GF



D177 - Allergen Aware Puréed Chickpea Stew

Puréed chickpea stew in tomato sauce served with puréed peas, puréed root vegetables and puréed smooth potato mash.

£4.50

380g

LS C S F



D175 - Allergen Aware Puréed Chicken Casserole

Hearty puréed chicken casserole served with puréed peas and puréed root vegetables with puréed potato mash and a rich onion gravy

£4.50

380g

LS C GF HP F



LEVEL 4

Puréed Dishes

Desserts

SUITABLE FOR A LEVEL 4 PURÉED DIET





D103 - Puréed Spiced Apple & Custard

Delicately spiced puréed apple with puréed sponge and puréed custard.

ENJOY HOT

£1.25

150g

C V S



D125 - Puréed Chocolate Orange Sponge with Custard

Indulgent orange and chocolate flavoured puréed dessert.

ENJOY HOT

£1.25

150g

V



D126 - Puréed Banoffee Pie

Tempting classic banana flavoured puréed sponge dessert, topped with toffee sauce.

ENJOY HOT

£1.25

150g

V



D102 - Puréed Chocolate Sponge and Custard

Indulgent chocolate puréed sponge pudding and puréed custard.

ENJOY HOT

£1.25

150g

V S



D124 - Puréed Fruit Cocktail Dessert

A delicious medley of puréed fruit.

DEFROST & SERVE

£1.25

150g

♥ C GF V VE S

**FIVE ★
FAVOURITE**



D100 - Puréed Lemon Sponge & Custard

Tangy lemon dessert, made with puréed sponge and puréed custard. **ENJOY HOT**

£1.25

150g

V S



D170 - Puréed Lemon Mousse

A delicious puréed lemon mousse dessert.

DEFROST & SERVE

£1.25

100g

C V



D123 - Puréed Peach Dessert

Sweet puréed peach dessert.

DEFROST & SERVE

£1.25

150g

♥ C V VE GF S



D101 - Puréed Rice Pudding

Creamy puréed rice pudding.

ENJOY HOT

£1.25

150g

♥ C V S



D127 - Puréed Sticky Toffee Pudding

Rich toffee flavoured puréed sponge dessert.

ENJOY HOT

£1.25

150g

V S



D171 - Puréed Custard Cream with Cream Tea

Custard cream purée biscuit snack with creamed tea.

ENJOY HOT

£1.25

150g

C V S



LEVEL 5

Minced & Moist Meals

Main Meals

SUITABLE FOR A LEVEL 5 MINCED & MOIST DIET





M404 - Minced and Moist Cottage Pie

Minced beef with creamy mashed potato topping, served with cauliflower in a cheese sauce, carrots and swede.

£4.50

380g

LS GF



M400 - Minced and Moist Chicken Casserole

Minced chicken and gravy casserole served with mashed potato, carrot and swede.

£4.50

380g

LS GF



M403 - Minced and Moist Beef Bolognese

Minced beef with pasta in a tomato sauce served with mashed potato, carrot & swede.

£4.50

380g

LS



M406 - Minced and Moist Chicken Curry

Minced chicken in masala sauce, served with Bombay potatoes and lentil daal.

£4.50

380g

LS GF



M405 - Minced and Moist Roast Lamb and Mint

Minced roast lamb and mint, served with mashed potato and swede.

£4.50

LS GF

380g



FIVE ★ FAVOURITE

M401 - Minced and Moist Fish Pie

Minced fish pie served with mushy peas and carrots.

£4.50

380g

LS GF



M402 - Minced and Moist Vegetable Lasagne

Minced vegetable lasagne, served with mashed potato and carrots.

£4.50

380g

LS V



LEVEL 6
Soft & Bite-Sized Dishes



Main Meals

SUITABLE FOR A LEVEL 6 SOFT & BITE-SIZED DIET



F101 - Soft & Bite-Sized Cottage Pie

Beef, carrots and onion in gravy with a potato topping, served with cauliflower in a cheese sauce and carrot and swede mash.

£4.50

380g

LS C GF HP



F107 - Soft & Bite-Sized Beef Stew & Dumplings

Beef stew and dumplings in a rich gravy served with parsley potatoes and carrots.

£4.50

380g

LS C S



F100 - Soft & Bite-Sized Beef Bolognese

Beef Bolognese with crushed parsley potatoes and carrots.

£4.50

380g

LS C HP



F110 - Soft & Bite-Sized Roast Beef

Beef in gravy, served with diced potatoes in a mustard sauce and cauliflower cheese.

£4.50

380g

LS C GF



F108 - Soft & Bite-Sized Traditional Chicken & Stuffing

Chicken and stuffing served with diced potatoes in a parsley sauce and swede.

£4.50

380g

LS C



F106 - Soft & Bite-Sized Macaroni Cheese

Macaroni cheese with mustard mash, carrots and swede.

£4.50

380g

LS V



F104 - Soft & Bite-Sized Chicken Casserole

Chicken casserole with mashed potato and carrots.

£4.50

380g

LS C GF



F103 - Soft & Bite-Sized Lamb Casserole

A minced lamb, carrot and onion casserole with minted mashed potato and mushy peas.

£4.50

380g

LS GF HP



F102 - Soft & Bite-Sized Fisherman's Pie

White fish, salmon and smoked haddock in a cream sauce topped with mashed potato. Served with carrots and mushy peas.

£4.50

380g

LS C HP F



F111 - Soft & Bite-Sized Roast Lamb & Mint

Minced lamb in a minted gravy served with swede and diced potato in a parsley sauce.

£4.50

380g

LS C GF



F109 - Soft & Bite-Sized Chicken Curry

Chicken in masala sauce, served with Bombay potatoes and lentil daal.

£4.50

380g

LS C



F105 - Soft & Bite-Sized Vegetable Cottage Pie

Vegetable cottage pie with a potato top, served with carrots and peas.

£4.50

380g

LS C V F



LEVEL 6

Soft & Bite-Sized Dishes



Desserts

SUITABLE FOR A LEVEL 6 SOFT & BITE-SIZED DIET



TOP PICK

F112 - Soft & Bite-Sized Jam Sponge & Custard

Traditional sponge pudding with custard and jam.

ENJOY HOT

£1.25 **150g**

V



F113 - Soft & Bite-Sized Chocolate Sponge & Custard

Traditional chocolate sponge served with custard.

ENJOY HOT

£1.25 **150g**

V S



F114 - Soft & Bite-Sized Rice Pudding

Satisfying creamy rice pudding.

ENJOY HOT

£1.25 **150g**

LS ♥ C V GF S



**MADE
IT'S
FOR
YOU**

Softer Foods



Easy Order Packs

Our Easy Order Packs make it simple to choose a selection of delicious meals and desserts. Don't like a meal or dessert? Simply let us know and we'll be happy to swap it for something else (this may affect the price).

LEVEL 4 Puréed Best Sellers Pack



Puréed Mains

1. All Day Breakfast
2. Hearty Chicken Casserole
3. Beef Stew & Dumplings
4. Lamb with Mint
5. Traditional Chicken & Stuffing
6. Salmon in Dill and Cream Sauce
7. Roast Beef with Yorkshire Pudding

Puréed Desserts

8. Lemon Sponge & Custard
9. Chocolate Orange Sponge with Custard
10. Spiced Apple & Custard
11. Chocolate Sponge & Custard
12. Sticky Toffee Pudding
13. Banoffee Pie
14. Rice Pudding

Meals only

Code: P210 **£31.50**

Meals & Desserts

Code: P211 **£40.25**

LEVEL 4

Mini Puréed Best Sellers Pack



Mini Puréed Mains

1. Beef Casserole
2. Chicken & Potato Pie
3. Fisherman's Pie
4. Macaroni Cheese
5. Vegetable Lasagne
6. Sausage & Mash
7. Lamb with Mint

Code: P26g **£27.65**

LEVEL 5

Minced & Moist Taster Pack



Minced & Moist Mains

1. Chicken Casserole
2. Fish Pie
3. Vegetable Lasagne
4. Beef Bolognese
5. Cottage Pie
6. Roast Lamb
7. Chicken Curry

Code: P270 **£31.50**

LEVEL 6

Soft & Bite-Sized Taster Pack



Soft & Bite-Sized Mains

1. Chicken Casserole
2. Roast Lamb & Mint
3. Fisherman's Pie
4. Beef Bolognese
5. Cottage Pie
6. Roast Beef
7. Macaroni Cheese

Code: P271 **£31.50**



A selection of
meals from our
**Bestsellers
Pack**

Code: P206 • Page 126

Easy order packs

Our Easy Order Packs make it simple to choose a selection of delicious, varied meals & desserts.

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Mini Bumper Pack

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Cumberland Pie

featured in our
Bumper Pack
Page 128

Don't like a meal or dessert?

If there's something in a pack you don't like, simply let us know and we'll be happy to swap it for something else (this may affect the price).

Best Sellers Pack

The perfect pack to ensure you have a whole week of great dinners ready to go in your freezer. We've pulled all our best sellers together to offer you an easy to order option. Plus, of course, some desserts for those days you want a little something sweet to round off your meal!



Main meals

1. Fish Pie
2. Cottage Pie
3. Sweet & Sour Chicken
4. Roast Chicken Dinner
5. Sausages & Mash
6. Cod, Chips & Peas
7. Spaghetti Bolognese

Desserts

8. Black Forest Gateau (2)
9. Apple Crumble (2)
10. Sherry Trifle (2)
11. Clotted Cream Vanilla Ice Cream

Mains only

Code: P206

£30.75

Mains & Desserts

Code: P207

£44.95

Mini Best Sellers Pack

Our mini best sellers pack - a whole weeks worth of our mini best sellers to enjoy. This pack comes with some of our favourite desserts to - perfect for when you fancy something sweet to round off your meal!



Mini Meals

1. Sweet & Sour Chicken
2. Cottage Pie
3. Roast Chicken Dinner
4. Fisherman's Pie
5. Shepherd's Pie
6. Fruity Chicken Curry
7. Cumberland Pie

Desserts

8. Black Forest Gateau (2)
9. Apple Crumble (2)
10. Sherry Trifle (2)
11. Clotted Cream Vanilla Ice Cream

Minis only

Code: P208

£22.95

Minis & Desserts

Code: P209

£37.15

Bumper Pack

10%
OFF

Whether you already know you love Oakhouse meals, you want to try them, or want a freezerful ready for those days you don't fancy cooking, our Bumper Pack is ideal. 14 of our best selling meals plus desserts to ensure you have all you fancy ready to go.





Main meals

1. Spaghetti Bolognese
2. Roast Pork Dinner
3. Roast Chicken Dinner
4. Shepherd's Pie
5. Sausages & Mash
6. Sweet & Sour Chicken
7. Cod, Chips & Peas
8. Fruity Chicken Curry
9. Omelette, Chips & Peas
10. Cottage Pie
11. Fish Pie
12. Hunter's Chicken
13. Cumberland Pie
14. Chicken & Mushroom Pie With Vegetables

Desserts

15. Apple Crumble (2)
16. Sticky Toffee Pudding (2)
17. Bread & Butter Pudding (2)
18. Black Forest Gateau (2)
19. Lemon Pudding with Lemon Custard (2)
20. Apple & Blackberry Pie (2)
21. Sherry Trifle (2)

**10%
OFF**

Mains only

Code: P219

Was £63.62 Now £57.25

Mains & Desserts

Code: P220

Was £92.92 Now £83.60

Don't like a meal or dessert?

If there's something in a pack you don't like, simply let us know and we'll be happy to swap it for something else (this may affect the price).

Mini Bumper Pack

10%
OFF

Our bumper mini best sellers pack contains 14 of our best-selling Oakhouse mini meals together with desserts. So you can ensure you have plenty ready for those days when you just want something quick, easy and delicious (for us, that's every day!)





Mini meals

1. Chicken & Mushroom Pie
2. Spaghetti Bolognese
3. Sweet & Sour Chicken
4. Fisherman's Pie
5. Cumberland Pie
6. Fruity Chicken Curry
7. Sausages & Mash
8. Corned Beef Hash
9. Roast Chicken Dinner
10. Shepherd's Pie
11. Cod, Chips & Peas
12. Roast Pork Dinner
13. Mushroom Stroganoff With Rice
14. Cottage Pie

Desserts

15. Apple Crumble (2)
16. Sticky Toffee Pudding (2)
17. Bread & Butter Pudding (2)
18. Black Forest Gateau (2)
19. Lemon Pudding with Lemon Custard (2)
20. Apple & Blackberry Pie (2)
21. Sherry Trifle (2)

**10%
OFF**

Minis only

Code: P221

Was £46.05 Now £41.45

Minis & Desserts

Code: P222

Was £75.35 Now £67.80

Don't like a meal or dessert?

If there's something in a pack you don't like, simply let us know and we'll be happy to swap it for something else (this may affect the price).

Warming & Hearty Lamb Casserole

Best-selling Mini Fruity Chicken Curry



Our Best Sellers Pack

Enjoy a week's worth of delicious meals in one simple order and delivery.

Our Mains Pack:

1. Fish Pie
2. Cottage Pie
3. Sweet & Sour Chicken
4. Roast Chicken Dinner
5. Sausages & Mash
6. Cod, Chips & Peas
7. Spaghetti Bolognese

Code: P206 **£30.75**



**Call to order your pack today, or flip to page 126
to see our mains & desserts pack.**



Call us today on our
local rate number

0118 975 6565

9.00am - 5.00pm Monday - Friday

Local office address

Oakhouse Foods,
Unit 1, 5 Arkwright Road,
Reading,
Berkshire, RG2 0LU

Email

thamesvalley@oakhousefoods.co.uk



Visit our website 24 hours
a day, 7 days a week

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