



Free From Yeast & Yeast Extracts

Winter 09/10 Brochure

Code	Product
Main Meals	
111	Beef in Ale
115	Beef Stroganoff & Rice
123	Mediterranean Chicken
129	Battered Cod Fillet & Chips
145	Smoked Haddock & Vegetable Bake
153	Beef & Kidney Casserole
202	Macaroni Cheese
204	Beef Lasagne
212	Rigatoni Bolognese
221	Sausages & Mash
222	Pork Faggot & Onion Gravy
223	Yorkshire Pudding with Sausage
224	Sausages, Chips & Beans
228	Gammon & Pineapple
229	Sweet & Sour Pork with Rice
231	Chicken Tikka Masala & Rice
232	Chicken Korma & Rice
233	Sweet & Sour Chicken with Rice
254	Vegetable Lasagne
255	Ricotta & Spinach Cannelloni
256	Chilli Con Carne & Rice
267	Chicken Curry & Rice
275	Lamb Hotpot
302	Roast Chicken & Chips
304	Cottage Pie
324	Fish in Parsley Sauce
326	Fish in Butter Sauce
327	Cod & Prawn Bake
329	Salmon & Broccoli Bake
332	Omelette, Chips & Peas
345	Honey & Apricot Lamb
346	Shrewsbury Lamb
348	Pork & Lentil Casserole
349	Chicken in Creamy Madeira Sauce
351	Hong Kong Chicken
352	Hunters Chicken
354	Fragrant Chicken Curry
356	Kedgeriee
361	Beef In Red Wine with Puff Pastry
363	Moussaka
366	All Day Breakfast
371	Mushroom Stroganoff & Rice
375	Roasted Vegetables in Arrabiata Sauce
376	Liver & Onions
384	Vegetable Chilli & Rice
385	Vegetable Curry & Rice
387	Chicken with Stir-fried Vegetables
390	Chicken in Pancetta & Wild Mushroom Sauce
392	Cheese & Ham Omelette Meal
938	Lamb Rogan Josh & Basmati Rice

Code	Product
939	Beef Curry & Basmati Rice
Mini Meals	
315	Mini Pasta Bolognese
323	Mini Filled Potato Skin with Cottage Pie Sauce
334	Mini Beef & Barley Casserole
930	Mini Roast Beef Dinner
935	Mini Steak & Ale Pie
942	Mini Chilli Con Carne & Rice
342	Mini Salmon in Tomato Sauce
931	Mini Roast Lamb Dinner
929	Mini Sausages & Mash
336	Mini Chicken Chasseur
337	Mini Chicken in Peppercorn Sauce
338	Mini Chicken Tikka Masala
339	Mini Fruity Chicken Curry
340	Mini Poacher's Chicken
936	Mini Chicken & Vegetable Pie
940	Mini Chicken & Tomato Pasta
321	Mini Filled Potato Skin with Baked Beans & Cheese
Entrées	
404	Sliced Cotswold Ham
563	Kipper Fillets
566	Steak & Kidney Pudding
568	Sliced Chicken Breast
Veg and Potatoes	
522	Parisienne Potatoes
525	Broccoli
526	Creamed Leeks
527	Creamed Spinach
542	Colcannon Mash
553	Ratatouille
556	Green Vegetables in a Wild Garlic & Herb Butter
558	Roast Potatoes
559	Mashed Potatoes
560	Baby Carrots
561	Petits Pois
562	Potato & Vegetable Medley
Hot Desserts	
603	Spotted Dick & Custard
608	Jam Sponge & Custard
613	Apple & Cinnamon Pudding
615	Apple Strudel
619	Pineapple Pancakes
620	Rice Pudding
621	Semolina Pudding
622	Black Cherry Pancakes
623	Apple & Raisin Pancakes

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624	Chocolate Pudding
625	Treacle Pudding
626	Sticky Toffee Pudding
627	Lemon Pudding with Lemon Custard
628	Jam Roly Poly & Custard
629	Summer Berry Crumble
631	Apple & Sultana Crumble
632	Rhubarb Crumble
633	Low Sugar Apple Crumble
634	Low Sugar Blackberry & Apple Crumble
635	Pineapple Upside Down Pudding
637	Stewed Apple & Summer Berries
638	Rhubarb & Custard

Cold Desserts

701	Strawberry Gateau
702	Black Forest Gateau
704	Raspberry Trifle
705	Luxury Fruit Salad
716	Lemon Cake
720	Bananas & Custard
722	Raspberries
723	Lemon Charlotte
724	Chocolate & Hazelnut Truffle
725	Double Cream Crème Caramel
727	Toffee & Pecan Oatie Cheesecake
728	Chocolate & Caramel Parfait
733	Raspberry Cheesecake
734	Lemon Cheesecake
735	Blackcurrant Cheesecake
736	Toffee Fudge Cake
737	Victoria Sponge
738	Carrot Cake
739	Coffee Cake
740	Ginger & Lime Cheesecake
742	Sherry Trifle
752	Apricot & Ginger Brulée
753	Bramley Apple Pie
754	Bakewell Tart
755	Pear & Chocolate Tart
756	Profiteroles
757	Chocolate Cake
759	Eton Mess

Patisserie

712	Mini Chocolate Eclairs
729	Chocolate & Caramel Tarts
730	Banoffee Tarts
732	Lemon Meringue Pies
743	Bramley Apple Puff
744	Eccles Cakes

Code	Product
746	Fruit Scones

Ice Cream

801	Sugar Free Strawberry Yoghurt
810	Sugar Free Strawberry Ice Cream
813	Sugar Free Vanilla Ice Cream
816	Low Calorie Vanilla & Choc Cones
817	Clotted Cream Vanilla Ice Cream
818	Chunky Ginger Ice Cream
819	Clotted Cream & Strawberry Ice Cream
820	Mint Chocolate Crisp Ice Cream
821	Crunchy Toffee Ice Cream
822	Chocolate Fudge Ice Cream
823	Rum & Raisin Ice Cream
824	Honeycomb Ice Cream
825	Lemon Sorbet
826	Raspberry Sorbet