



Free From Sulphur Dioxide & Sulphites*

*(less than 10mg/kg or per litre)

Summer 2010 Brochure

Code	Product	Code	Product
Main Meals			
101	Roast Lamb Dinner	240	Cod, Chips & Peas
102	Roast Beef Dinner	243	Breaded Scampi & Chips
103	Roast Pork Dinner	254	Vegetable Lasagne
104	Roast Chicken Dinner	255	Ricotta & Spinach Cannelloni
105	Roast Turkey Dinner	256	Chilli con Carne & Rice
111	Beef in Ale	267	Chicken Curry & Rice
112	Beef in Peppercorn & Brandy Sauce	269	Tuscan Bean Casserole
114	Beef Goulash	272	Beef Casserole
115	Beef Stroganoff & Rice	274	Steak & Ale Hotpot
117	Beef in Red Wine	275	Lamb Hotpot
119	Chicken with Leek & Bacon	276	Minced Beef & Mash
120	Chicken in Tomato & Basil Sauce	277	Creamy Cheese & Broccoli Bake
123	Mediterranean Chicken	278	Mediterranean Vegetables & Pasta
124	Chicken in Mushroom Sauce	279	Bacon, Leek & Mushroom Hotpot
125	Chicken with Honey & Ginger Sauce	285	Beef & Vegetable Hotpot
128	Salmon in Dill Sauce	297	Chicken & Thyme Risotto
129	Battered Cod Fillet & Chips	298	Beef Cannelloni
130	Chicken & Broccoli in Stilton Sauce	299	Chicken Casserole with Herby Mash
134	Chicken & Mushroom with Puff Pastry	300	Creamy Potato & Leek Bake
137	Herb Pork Steak with Thyme Gravy	302	Roast Chicken & Chips
145	Smoked Haddock & Vegetable Bake	303	Corned Beef Hash
146	Salmon in a Creamy White Wine Sauce	304	Cottage Pie
147	Beef & Ale with Herb Dumplings	305	Lancashire Hotpot
148	Chicken & Bacon Casserole with Dumplings	306	Fish Pie
149	Salmon & Asparagus	307	Gammon & Cumberland Sauce
151	Pork & Vegetable Casserole	327	Cod & Prawn Bake
152	Liver & Sausages	329	Salmon & Broccoli Bake
153	Beef & Kidney Casserole	330	Pork Tenderloin with Dolcelatte Sauce
154	Sausage Casserole	331	Smoked Salmon & Asparagus Gratin
155	Liver & Bacon with Colcannon Mash	332	Omelette, Chips & Peas
156	Vegetable Hotpot	333	Quiche Lorraine, Potatoes & Beans
201	Minced Beef Hotpot	343	Beef & Potato Casserole
202	Macaroni Cheese	348	Pork & Lentil Casserole
203	Cauliflower Cheese	350	Chicken with Cheese & Bacon
204	Beef Lasagne	351	Hong Kong Chicken
207	Spaghetti Bolognese	352	Hunter's Chicken
208	Beef & Kidney Pie	356	Kedgeree
210	Beef Steaklet Meal	357	Seafood Paella
212	Rigatoni Bolognese	359	Gnocchi with Butternut Squash & Spinach
214	Yorkshire Pudding with Beef	361	Beef In Red Wine with Puff Pastry
216	Beef Stew & Dumpling	363	Moussaka
217	Lamb Steaklet Meal	366	All Day Breakfast
223	Yorkshire Pudding with Sausage	370	Spaghetti Carbonara
224	Sausages, Chips & Beans	371	Mushroom Stroganoff & Rice
225	Pork Steak with Honey & Ginger Sauce	375	Roasted Vegetables in Arrabiata Sauce
228	Gammon & Pineapple	377	Liver & Bacon Hotpot
229	Sweet & Sour Pork with Rice	378	Pork in Mushroom & Brandy Sauce
230	Chicken Supreme & Rice	379	Italian Meatballs in Tomato Sauce
231	Chicken Tikka Masala & Rice	381	Vegetables in a Tomato Sauce with Puff Pastry
232	Chicken Korma & Rice	382	Fish in Creamy Sauce with Puff Pastry
233	Sweet & Sour Chicken with Rice	383	Nut & Mushroom Roast
237	Chicken Breast Platter	384	Vegetable Chilli & Rice
		385	Vegetable Curry & Rice

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387	Chicken with Stir-Fried Vegetables
388	Duck Breast in Orange Sauce
390	Chicken in Pancetta & Wild Mushroom Sauce
391	Minced Beef & Onion Pie with Chips
392	Cheese & Ham Omelette Meal
398	Lamb Platter
900	Turkey Platter
903	Cheese and Vegetable Bakes
905	Smoked Haddock Florentine
914	Salmon with a Honey & Parsnip Crust
915	Sole Fillet Rolled with Smoked Haddock
920	Aubergine & Potato Stack
921	Stilton & Walnut Cannelloni
924	Cheese & Onion Pasty & Chips
925	Salmon & Cod Fishcakes & Chips
926	Beef Burger & Chips
937	Mackerel Fillets with Oat Crumb & Horseradish Mash
Mini Meals	
309	Faggot, Mash & Peas
310	Fisherman's Pie
311	Corned Beef Hash
313	Minced Lamb Hotpot
314	Cumberland Pie
315	Pasta Bolognese
316	Creamy Chicken & Mushroom Hotpot
317	Cauliflower Cheese & Sauté Potatoes
318	Gammon & Creamy Onion Sauce
319	Beef & Ale Casserole
320	Chicken Casserole with Dumpling
321	Filled Potato Skin with Baked Beans & Cheese
322	Filled Potato Skin with Gammon & Cheese Sauce
323	Filled Potato Skin with Cottage Pie Sauce
334	Beef & Barley Casserole
335	Spaghetti & Meatballs
337	Chicken in Peppercorn Sauce
338	Chicken Tikka Masala
342	Salmon in Tomato Sauce
564	Gardener's Pie
569	Breaded Chicken Fillet & Chips
927	Chicken & Vegetables in Gravy
928	Macaroni Cheese & Broccoli
929	Sausages & Mash
930	Roast Beef Dinner
931	Roast Lamb Dinner
932	Roast Pork Dinner
933	Roast Chicken Dinner
935	Steak & Ale Pie
936	Chicken & Vegetable Pie
940	Chicken & Tomato Pasta
941	Mixed Bean Bake
942	Chilli con Carne & Rice
943	Vegetable Lasagne

Code	Product
Entrées	
404	Sliced Cotswold Ham
420	Garlic Baguettes
433	Scottish Salmon & Mozzarella Fishcakes
435	Chicken Breast with a Mixed Pepper Crumb
436	BBQ Chicken Breast with a Cheddar Crumb
438	Chicken en Croute
512	Haddock Toppers
554	Lemon Breaded Sole
555	Breaded Haddock
563	Kipper Fillets
565	Beef & Mushrooms in Redcurrant Gravy
566	Steak & Kidney Pudding
567	Lamb & Mint Pudding
568	Sliced Chicken Breast
Veg and Potatoes	
522	Parisienne Potatoes
525	Broccoli
526	Creamed Leeks
527	Creamed Spinach
549	Sauté Potatoes with Cheese & Rosemary
552	Dauphinoise Potatoes
553	Ratatouille
556	Green Vegetables in a Wild Garlic & Herb Butter
557	Cauliflower & Broccoli Cheese
558	Roast Potatoes
559	Mashed Potatoes
560	Baby Carrots
561	Petits Pois
562	Potato & Vegetable Medley
Ice Cream	
801	Sugar Free Strawberry Yoghurt
810	Sugar Free Strawberry Ice Cream
813	Sugar Free Vanilla Ice Cream
816	Low Calorie Vanilla & Choc Cones
817	Clotted Cream Vanilla Ice Cream
818	Chunky Ginger Ice Cream
819	Clotted Cream & Strawberry Ice Cream
820	Mint Chocolate Crisp Ice Cream
821	Crunchy Toffee Ice Cream
822	Chocolate Fudge Ice Cream
823	Rum & Raisin Ice Cream
824	Honeycomb Ice Cream
825	Lemon Sorbet
826	Raspberry Sorbet



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Code	Product
Cold Desserts	
701	Strawberry Gateau
702	Black Forest Gateau
704	Raspberry Trifle
716	Lemon Cake
720	Bananas & Custard
723	Lemon Charlotte
724	Chocolate & Hazelnut Truffle
727	Toffee & Pecan Oatie Cheesecake
728	Chocolate & Caramel Parfait
733	Raspberry Cheesecake
734	Lemon Cheesecake
735	Blackcurrant Cheesecake
736	Toffee Fudge Cake
737	Victoria Sponge
738	Carrot Cake
739	Coffee Cake
742	Sherry Trifle
754	Bakewell Tart
755	Pear & Chocolate Tart
756	Profiteroles
757	Chocolate Cake
758	Cherry Cheesecake
759	Eton Mess
769	Fruit Salad
770	Raspberries
Patisserie	
712	Mini Chocolate Eclairs
729	Chocolate & Caramel Tarts
730	Banoffee Tarts
731	Treacle Tarts
732	Lemon Meringue Pies
745	Teacakes
746	Fruit Scones
749	Jam Doughnuts
Hot Desserts	
603	Spotted Dick & Custard
604	Bread & Butter Pudding
608	Jam Sponge & Custard
619	Pineapple Pancakes
620	Rice Pudding
621	Semolina Pudding
622	Black Cherry Pancakes
623	Apple & Raisin Pancakes
625	Treacle Pudding
626	Sticky Toffee Pudding
627	Lemon Pudding with Lemon Custard
628	Jam Roly Poly & Custard
629	Summer Berry Crumble
631	Apple & Sultana Crumble
632	Rhubarb Crumble

Code	Product
633	Low Sugar Apple Crumble
634	Low Sugar Blackberry & Apple Crumble
635	Pineapple Upside Down Pudding
637	Stewed Apple & Summer Berries
638	Rhubarb & Custard
760	Low Sugar Bread Pudding & Custard
761	Low Sugar Jam Sponge & Custard
762	Low Sugar Lemon Curd Pudding & Custard
763	Low Sugar Date Sponge & Custard
764	Low Sugar Apple Pudding & Custard
765	Low Sugar Banana Pudding & Custard
766	Low Sugar Apple Pie & Custard
767	Low Sugar Apple & Blackberry Pie & Custard
768	Low Sugar Summer Berry Pie & Custard