

Free From Milk & Milk Derivatives*

*i.e. Cream, Butter, Cheese, Yoghurt, Milk Powders, Caseinates, Lactose & Whey

Summer 2010 Brochure

Code	Product
Main Meals	
101	Roast Lamb Dinner
103	Roast Pork Dinner
104	Roast Chicken Dinner
111	Beef in Ale
113	Beef Bourguignon & Basmati Rice
117	Beef in Red Wine
120	Chicken in Tomato & Basil Sauce
125	Chicken with Honey & Ginger Sauce
129	Battered Cod Fillet & Chips
137	Herb Pork Steak with Thyme Gravy
147	Beef & Ale with Herb Dumplings
148	Chicken & Bacon Casserole with Dumplings
151	Pork & Vegetable Casserole
152	Liver & Sausages
153	Beef & Kidney Casserole
201	Minced Beef Hotpot
207	Spaghetti Bolognese
208	Beef & Kidney Pie
216	Beef Stew & Dumpling
217	Lamb Steaklet Meal
224	Sausages, Chips & Beans
225	Pork Steak with Honey & Ginger Sauce
228	Gammon & Pineapple
229	Sweet & Sour Pork with Rice
233	Sweet & Sour Chicken with Rice
237	Chicken Breast Platter
240	Cod, Chips & Peas
243	Breaded Scampi & Chips
256	Chilli con Carne & Rice
267	Chicken Curry & Rice
269	Tuscan Bean Casserole
272	Beef Casserole
274	Steak & Ale Hotpot
285	Beef & Vegetable Hotpot
302	Roast Chicken & Chips
303	Corned Beef Hash
305	Lancashire Hotpot
307	Gammon & Cumberland Sauce
343	Beef & Potato Casserole
344	Shanghai Beef
345	Honey & Apricot Lamb
346	Shrewsbury Lamb
348	Pork & Lentil Casserole
357	Seafood Paella
364	Honey Glazed Belly Pork
377	Liver & Bacon Hotpot
379	Italian Meatballs in Tomato Sauce
383	Nut & Mushroom Roast
384	Vegetable Chilli & Rice
385	Vegetable Curry & Rice
387	Chicken with Stir-Fried Vegetables
388	Duck Breast in Orange Sauce

Code	Product
396	Vegetarian Sausages, Chips & Beans
900	Turkey Platter
913	Beef and Stout Casserole with Dumpling
925	Salmon & Cod Fishcakes & Chips
926	Beef Burger & Chips
Mini Meals	
311	Corned Beef Hash
313	Minced Lamb Hotpot
315	Pasta Bolognese
319	Beef & Ale Casserole
320	Chicken Casserole with Dumpling
334	Beef & Barley Casserole
336	Chicken Chasseur
569	Breaded Chicken Fillet & Chips
927	Chicken & Vegetables in Gravy
931	Roast Lamb Dinner
932	Roast Pork Dinner
933	Roast Chicken Dinner
Entrées	
404	Sliced Cotswold Ham
554	Lemon Breaded Sole
563	Kipper Fillets
565	Beef & Mushrooms in Redcurrant Gravy
566	Steak & Kidney Pudding
567	Lamb & Mint Pudding
568	Sliced Chicken Breast
Veg and Potatoes	
522	Parisienne Potatoes
525	Broccoli
553	Ratatouille
558	Roast Potatoes
560	Baby Carrots
561	Petits Pois
562	Potato & Vegetable Medley
Cold Desserts	
753	Bramley Apple Pie
754	Bakewell Tart
769	Fruit Salad
770	Raspberries
Hot Desserts	
615	Apple Strudel
629	Summer Berry Crumble
631	Apple & Sultana Crumble
633	Low Sugar Apple Crumble
634	Low Sugar Blackberry & Apple Crumble
637	Stewed Apple & Summer Berries