



Free From Garlic

Winter 09/10 Brochure

Code	Product
Main Meals	
101	Roast Lamb Dinner
102	Roast Beef Dinner
103	Roast Pork Dinner
104	Roast Chicken Dinner
105	Roast Turkey Dinner
111	Beef in Ale
115	Beef Stroganoff & Rice
119	Chicken with Leek & Bacon
129	Battered Cod Fillet & Chips
130	Chicken & Broccoli in Stilton Sauce
131	Chicken & Mushroom in White Wine
134	Chicken & Mushroom with Puff Pastry
145	Smoked Haddock & Vegetable Bake
149	Salmon & Asparagus
202	Macaroni Cheese
203	Cauliflower Cheese
208	Beef & Kidney Pie
214	Yorkshire Pudding with Beef
217	Lamb Steaklet Meal
221	Sausages & Mash
222	Pork Faggot & Onion Gravy
223	Yorkshire Pudding with Sausage
224	Sausages, Chips & Beans
228	Gammon & Pineapple
230	Chicken Supreme & Rice
237	Chicken Breast Platter
240	Cod, Chips & Peas
243	Breaded Scampi & Chips
275	Lamb Hotpot
276	Minced Beef & Mash
284	Chicken Breast Wrapped in Bacon
297	Chicken & Thyme Risotto
302	Roast Chicken & Chips
306	Fish Pie
307	Gammon & Cumberland Sauce
324	Fish in Parsley Sauce
326	Fish in Butter Sauce
327	Cod & Prawn Bake
328	Salmon in Watercress Sauce
329	Salmon & Broccoli Bake
331	Smoked Salmon & Asparagus Gratin
332	Omelette, Chips & Peas
350	Chicken with Cheese & Bacon
359	Gnocchi with Butternut Squash & Spinach
364	Honey Glazed Belly Pork
366	All Day Breakfast
376	Liver & Onions
377	Liver & Bacon Hotpot
382	Fish in Creamy Sauce with Puff Pastry
388	Duck Breast in Orange Sauce
389	Vegetarian All Day Breakfast
392	Cheese & Ham Omelette Meal

Code	Product
393	Vegetarian Sausages & Mash
394	Sausage Roll & Chips
396	Vegetarian Sausages, Chips & Beans
397	Pork Platter
398	Lamb Platter
399	Beef Platter
900	Turkey Platter
901	Atlantic Cod Fishcakes with Pea Purée
902	Smoked Haddock Loin in Cheddar & Leek Sauce
904	Scottish Salmon & Haddock Mornay
905	Smoked Haddock Florentine
908	Venison Casserole with Horseradish Mash
909	Venison Sausages with Red Wine & Onion Gravy
914	Salmon with a Honey & Parsnip Crust
915	Sole Fillet Rolled with Smoked Haddock
923	Beef Pasty & Chips
924	Cheese & Onion Pasty & Chips
925	Salmon & Cod Fishcakes & Chips
926	Beef Burger & Chips
937	Mackerel Fillets with Oat Crumb & Horseradish Mash
Mini Meals	
930	Mini Roast Beef Dinner
935	Mini Steak & Ale Pie
310	Mini Fisherman's Pie
341	Mini Haddock Smokie
931	Mini Roast Lamb Dinner
308	Mini Sausages with Red Onion Gravy
322	Mini Filled Potato Skin with Gammon & Cheese Sauce
929	Mini Sausages & Mash
932	Mini Roast Pork Dinner
316	Mini Creamy Chicken & Mushroom Hotpot
569	Mini Breaded Chicken Fillet & Chips
927	Mini Chicken & Vegetables in Gravy
933	Mini Roast Chicken Dinner
936	Mini Chicken & Vegetable Pie
317	Mini Cauliflower Cheese & Sauté Potatoes
321	Mini Filled Potato Skin with Baked Beans & Cheese
928	Mini Macaroni Cheese & Broccoli
Entrées	
401	Cheese & Onion Quiche
403	Quiche Lorraine Slice
404	Sliced Cotswold Ham
433	Scottish Salmon & Mozzarella Fishcakes
512	Haddock Toppers
554	Lemon Breaded Sole
555	Breaded Haddock
563	Kipper Fillets
566	Steak & Kidney Pudding
568	Sliced Chicken Breast

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Code	Product	Code	Product
Veg and Potatoes		734	Lemon Cheesecake
522	Parisienne Potatoes	735	Blackcurrant Cheesecake
525	Broccoli	736	Toffee Fudge Cake
526	Creamed Leeks	737	Victoria Sponge
527	Creamed Spinach	738	Carrot Cake
542	Colcannon Mash	739	Coffee Cake
557	Cauliflower & Broccoli Cheese	740	Ginger & Lime Cheesecake
558	Roast Potatoes	742	Sherry Trifle
559	Mashed Potatoes	750	Irish Cream & Chocolate Gateau
560	Baby Carrots	752	Apricot & Ginger Brulée
561	Petits Pois	753	Bramley Apple Pie
562	Potato & Vegetable Medley	754	Bakewell Tart
Hot Desserts		755	Pear & Chocolate Tart
603	Spotted Dick & Custard	756	Profiteroles
604	Bread & Butter Pudding	757	Chocolate Cake
608	Jam Sponge & Custard	758	Cherry Cheesecake
613	Apple & Cinnamon Pudding	759	Eton Mess
615	Apple Strudel	Patisserie	
619	Pineapple Pancakes	712	Mini Chocolate Eclairs
620	Rice Pudding	729	Chocolate & Caramel Tarts
621	Semolina Pudding	730	Banoffee Tarts
622	Black Cherry Pancakes	731	Treacle Tarts
623	Apple & Raisin Pancakes	732	Lemon Meringue Pies
624	Chocolate Pudding	743	Bramley Apple Puff
625	Treacle Pudding	744	Eccles Cakes
626	Sticky Toffee Pudding	745	Teacakes
627	Lemon Pudding with Lemon Custard	746	Fruit Scones
628	Jam Roly Poly & Custard	747	Fruit Danish
629	Summer Berry Crumble	748	Bramley Apple Danish
631	Apple & Sultana Crumble	749	Jam Doughnuts
632	Rhubarb Crumble	Ice Creams	
633	Low Sugar Apple Crumble	801	Sugar Free Strawberry Yoghurt
634	Low Sugar Blackberry & Apple Crumble	810	Sugar Free Strawberry Ice Cream
635	Pineapple Upside Down Pudding	813	Sugar Free Vanilla Ice Cream
637	Stewed Apple & Summer Berries	816	Low Calorie Vanilla & Choc Cones
638	Rhubarb & Custard	817	Clotted Cream Vanilla Ice Cream
Cold Desserts		818	Chunky Ginger Ice Cream
701	Strawberry Gateau	819	Clotted Cream & Strawberry Ice Cream
702	Black Forest Gateau	820	Mint Chocolate Crisp Ice Cream
704	Raspberry Trifle	821	Crunchy Toffee Ice Cream
705	Luxury Fruit Salad	822	Chocolate Fudge Ice Cream
716	Lemon Cake	823	Rum & Raisin Ice Cream
720	Bananas & Custard	824	Honeycomb Ice Cream
722	Raspberries	825	Lemon Sorbet
723	Lemon Charlotte	826	Raspberry Sorbet
724	Chocolate & Hazelnut Truffle		
725	Double Cream Crème Caramel		
727	Toffee & Pecan Oatie Cheesecake		
728	Chocolate & Caramel Parfait		
733	Raspberry Cheesecake		