

Free From Celery

Winter 09/10 Brochure

Code	Product	Code	Product
Main Meals			
101	Roast Lamb Dinner	254	Vegetable Lasagne
102	Roast Beef Dinner	255	Ricotta & Spinach Cannelloni
103	Roast Pork Dinner	267	Chicken Curry & Rice
104	Roast Chicken Dinner	275	Lamb Hotpot
105	Roast Turkey Dinner	276	Minced Beef & Mash
111	Beef in Ale	279	Bacon, Leek & Mushroom Hotpot
112	Beef in Peppercorn & Brandy Sauce	284	Chicken Breast Wrapped in Bacon
113	Beef Bourguignon & Basmati Rice	285	Beef & Vegetable Hotpot
114	Beef Goulash	297	Chicken & Thyme Risotto
115	Beef Stroganoff & Rice	298	Beef Cannelloni
117	Beef in Red Wine	302	Roast Chicken & Chips
119	Chicken with Leek & Bacon	303	Corned Beef Hash
120	Chicken in Tomato & Basil Sauce	304	Cottage Pie
123	Mediterranean Chicken	305	Lancashire Hotpot
124	Chicken in Mushroom Sauce	306	Fish Pie
125	Chicken with Honey & Ginger Sauce	307	Gammon & Cumberland Sauce
128	Salmon in Dill Sauce	324	Fish in Parsley Sauce
129	Battered Cod Fillet & Chips	326	Fish in Butter Sauce
130	Chicken & Broccoli in Stilton Sauce	327	Cod & Prawn Bake
131	Chicken & Mushroom in White Wine	328	Salmon in Watercress Sauce
133	Lamb & Bean Casserole	329	Salmon & Broccoli Bake
134	Chicken & Mushroom with Puff Pastry	330	Pork Tenderloin with Dolcelatte Sauce
137	Herb Pork Steak with Thyme Gravy	331	Smoked Salmon & Asparagus Gratin
142	Coq Au Vin	332	Omelette, Chips & Peas
145	Smoked Haddock & Vegetable Bake	333	Quiche Lorraine, Potatoes & Beans
146	Salmon in a Creamy White Wine Sauce	343	Beef & Potato Casserole
147	Beef & Ale with Herb Dumplings	344	Shanghai Beef
149	Salmon & Asparagus	345	Honey & Apricot Lamb
151	Pork & Vegetable Casserole	346	Shrewsbury Lamb
152	Liver & Sausages	348	Pork & Lentil Casserole
153	Beef & Kidney Casserole	349	Chicken in Creamy Madeira Sauce
201	Minced Beef Hotpot	350	Chicken with Cheese & Bacon
202	Macaroni Cheese	351	Hong Kong Chicken
204	Beef Lasagne	352	Hunters Chicken
207	Spaghetti Bolognese	353	Red Thai Chicken
208	Beef & Kidney Pie	354	Fragrant Chicken Curry
211	Cottage Pie Meal	359	Gnocchi with Butternut Squash & Spinach
212	Rigatoni Bolognese	361	Beef In Red Wine with Puff Pastry
214	Yorkshire Pudding with Beef	363	Moussaka
216	Beef Stew & Dumpling	366	All Day Breakfast
217	Lamb Steaklet Meal	370	Spaghetti Carbonara
221	Sausages & Mash	371	Mushroom Stroganoff & Rice
222	Pork Faggot & Onion Gravy	375	Roasted Vegetables in Arrabiata Sauce
223	Yorkshire Pudding with Sausage	376	Liver & Onions
224	Sausages, Chips & Beans	377	Liver & Bacon Hotpot
225	Pork Steak with Honey & Ginger Sauce	378	Pork in Mushroom & Brandy Sauce
228	Gammon & Pineapple	379	Italian Meatballs in Tomato Sauce
230	Chicken Supreme & Rice	384	Vegetable Chilli & Rice
232	Chicken Korma & Rice	385	Vegetable Curry & Rice
237	Chicken Breast Platter	387	Chicken with Stir-fried Vegetables
240	Cod, Chips & Peas	388	Duck Breast in Orange Sauce
243	Breaded Scampi & Chips	389	Vegetarian All Day Breakfast
		390	Chicken in Pancetta & Wild Mushroom Sauce

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391	Minced Beef & Onion Pie with Chips
392	Cheese & Ham Omelette Meal
393	Vegetarian Sausages & Mash
396	Vegetarian Sausages, Chips & Beans
397	Pork Platter
398	Lamb Platter
399	Beef Platter
900	Turkey Platter
901	Atlantic Cod Fishcakes with Pea Purée
902	Smoked Haddock Loin in Cheddar & Leek Sauce
903	Cheese and Vegetable Bakes
904	Scottish Salmon & Haddock Mornay
905	Smoked Haddock Florentine
906	Ocean Pie
908	Venison Casserole with Horseradish Mash
909	Venison Sausages with Red Wine & Onion Gravy
912	Gammon in Wholegrain Mustard Sauce
913	Beef and Stout Casserole with Dumpling
914	Salmon with a Honey & Parsnip Crust
915	Sole Fillet Rolled with Smoked Haddock
916	Salmon & Prawn Tagliatelle
918	Cheddar & Ale Topped Beef
924	Cheese & Onion Pasty & Chips
925	Salmon & Cod Fishcakes & Chips
926	Beef Burger & Chips
937	Mackerel Fillets with Oat Crumb & Horseradish Mash

Mini Meals

311	Mini Corned Beef Hash
314	Mini Cumberland Pie
315	Mini Pasta Bolognese
319	Mini Beef & Ale Casserole
323	Mini Filled Potato Skin with Cottage Pie Sauce
334	Mini Beef & Barley Casserole
335	Mini Spaghetti & Meatballs
930	Mini Roast Beef Dinner
942	Mini Chilli Con Carne & Rice
310	Mini Fisherman's Pie
341	Mini Haddock Smokie
342	Mini Salmon in Tomato Sauce
313	Mini Minced Lamb Hotpot
931	Mini Roast Lamb Dinner
309	Mini Faggot, Mash & Peas
318	Mini Gammon & Creamy Onion Sauce
322	Mini Filled Potato Skin with Gammon & Cheese Sauce
932	Mini Roast Pork Dinner
312	Mini Chicken & Mixed Peppers in Creamy Sauce
316	Mini Creamy Chicken & Mushroom Hotpot
336	Mini Chicken Chasseur
337	Mini Chicken in Peppercorn Sauce
340	Mini Poacher's Chicken
922	Mini Roast Turkey Dinner
927	Mini Chicken & Vegetables in Gravy

Code	Product
933	Mini Roast Chicken Dinner
940	Mini Chicken & Tomato Pasta
317	Mini Cauliflower Cheese & Sauté Potatoes
321	Mini Filled Potato Skin with Baked Beans & Cheese
564	Mini Gardener's Pie
928	Mini Macaroni Cheese & Broccoli
941	Mini Mixed Bean Bake

Entrées

401	Cheese & Onion Quiche
403	Quiche Lorraine Slice
404	Sliced Cotswold Ham
420	Garlic Baguettes
433	Scottish Salmon & Mozzarella Fishcakes
435	Chicken Breast with a Mixed Pepper Crumb
436	BBQ Chicken Breast with a Cheddar Crumb
438	Chicken en Croute
439	Salmon en Croute
512	Haddock Toppers
554	Lemon Breaded Sole
555	Breaded Haddock
563	Kipper Fillets
565	Beef & Mushrooms in Redcurrant Gravy
568	Sliced Chicken Breast

Veg and Potatoes

522	Parisienne Potatoes
525	Broccoli
526	Creamed Leeks
527	Creamed Spinach
542	Colcannon Mash
552	Dauphinoise Potatoes
553	Ratatouille
556	Green Vegetables in a Wild Garlic & Herb Butter
557	Cauliflower & Broccoli Cheese
558	Roast Potatoes
559	Mashed Potatoes
560	Baby Carrots
561	Petits Pois
562	Potato & Vegetable Medley

Hot Desserts

603	Spotted Dick & Custard
604	Bread & Butter Pudding
608	Jam Sponge & Custard
613	Apple & Cinnamon Pudding
615	Apple Strudel
619	Pineapple Pancakes
620	Rice Pudding
621	Semolina Pudding
622	Black Cherry Pancakes
623	Apple & Raisin Pancakes
624	Chocolate Pudding

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Code	Product
625	Treacle Pudding
626	Sticky Toffee Pudding
627	Lemon Pudding with Lemon Custard
628	Jam Roly Poly & Custard
629	Summer Berry Crumble
631	Apple & Sultana Crumble
632	Rhubarb Crumble
633	Low Sugar Apple Crumble
634	Low Sugar Blackberry & Apple Crumble
635	Pineapple Upside Down Pudding
637	Stewed Apple & Summer Berries
638	Rhubarb & Custard

Cold Desserts

701	Strawberry Gateau
702	Black Forest Gateau
704	Raspberry Trifle
705	Luxury Fruit Salad
716	Lemon Cake
720	Bananas & Custard
722	Raspberries
723	Lemon Charlotte
724	Chocolate & Hazelnut Truffle
725	Double Cream Crème Caramel
728	Chocolate & Caramel Parfait
733	Raspberry Cheesecake
734	Lemon Cheesecake
735	Blackcurrant Cheesecake
736	Toffee Fudge Cake
737	Victoria Sponge
738	Carrot Cake
740	Ginger & Lime Cheesecake
742	Sherry Trifle
750	Irish Cream & Chocolate Gateau
752	Apricot & Ginger Brulée
753	Bramley Apple Pie
754	Bakewell Tart
755	Pear & Chocolate Tart
756	Profiteroles
757	Chocolate Cake
758	Cherry Cheesecake
759	Eton Mess

Patisserie

712	Mini Chocolate Eclairs
729	Chocolate & Caramel Tarts
730	Banoffee Tarts
731	Treacle Tarts
732	Lemon Meringue Pies
743	Bramley Apple Puff
744	Eccles Cakes
745	Teacakes
746	Fruit Scones

Code	Product
747	Fruit Danish
748	Bramley Apple Danish
749	Jam Doughnuts

Ice Cream

801	Sugar Free Strawberry Yoghurt
810	Sugar Free Strawberry Ice Cream
813	Sugar Free Vanilla Ice Cream
816	Low Calorie Vanilla & Choc Cones
817	Clotted Cream Vanilla Ice Cream
818	Chunky Ginger Ice Cream
819	Clotted Cream & Strawberry Ice Cream
820	Mint Chocolate Crisp Ice Cream
821	Crunchy Toffee Ice Cream
822	Chocolate Fudge Ice Cream
823	Rum & Raisin Ice Cream
824	Honeycomb Ice Cream
825	Lemon Sorbet
826	Raspberry Sorbet